

ST PERPETUA OUTREACH COMMITTEE MINUTES

October 3, 2017

Members Present: Joan Liston, Marielle Narkiewicz (Secretary), Sandi Gritzer, Virginia LaFaille, Ann Diemer (Chairperson), Kitty Locke, Marj Ho, Karen Kalvass

Welcome and Opening Prayer: Ann welcomed everyone and handed out a prayer for the evening about helping those with mental health issues, which often lead to other issues, such as homelessness.

Speaker: Guest speaker: Child Abuse Prevention Council, Cristina Hickey the Community Education Coordinator

The Child Abuse Prevention Council has a long history of community service and supporting families and other residents of Contra Costa County. It was established as part of an umbrella organization and in 1984 incorporated as an independent, non-profit corporation. Their mission is to prevent child abuse and also help families and work within the community to raise awareness on the topic through influencing public policy, education and legislation. Their annual budget in 2016 was \$1.7 million. Their sources of funding were Government 63.5%, Foundations/Corporations/Grants 11%, Faith Communities/Donations 4%, Special Events 4% and Fee for Services 16.5%. They distributed 77% of their funds and spent 13% on Admin and 10% on Fund Raising. They have a Silver rating on Charity Navigator.

Cristina Hickey does mandated reported trainings, and she averages about 110 trainings per year. During the trainings they educate children to keep themselves safe. They have a new program is called Speak Up and Be Safe for grades 1-6 in districts across the country. This training program helps prevent and interrupt child abuse (including neglect, physical, emotional and sexual abuse) as well as bullying, cyber-bullying and sexual harassment through education and awareness.

They have information sessions for the community and give literature to families on good parenting information. One of the struggles they have is actually reaching people because 'Child Abuse' is a tough topic that many don't want to discuss. In her parent presentations she focuses on what is and what is not child abuse. They also have bi-lingual, countywide Nurturing Parenting Center programs. One of the new presentations is for parents with children who have disabilities. The group-based programs are 6-months long and no money is needed to attend. They come as a family, eat dinner together and then the children have one facilitator and the parents have a separate facilitator to complete the program. The only requirement is that you have custody of your children.

They also distribute diapers that are delivered to the Council. The diapers help with these families especially because they are free to the parents that need them. Cristina handed out the book "Surviving Parenthood" that lists everything available in the east bay related to emergencies, health services, mental health, abuse, etc.

Some Statistics:

- Verbal, Sexual, Physical, Neglect are the four categories of abuse. Of the four the most common is neglect. About 60-70% of all reported cases are neglect.
- The hardest of all abuses to prove is verbal/emotional.
- The top reasons why those kids are neglected is due to drug and alcohol abuse of the parents. Marijuana can lead to neglect, unlike alcohol and other drugs, which can lead to physical abuse. The second reason is domestic violence, which is reportable as child abuse. 1. Psychological toll on the child, 2. A child can be physically harmed during the abuse of the parent 3. Those that abuse their partners are likely to abuse their children too. The third reason is mental illness on the part of the child or the adult.
- Social services received about 25K calls per year, and about 10K reports per year of child abuse and of that 1340 cases were substantiated, which means 4 cases of abuse in Contra Costa county each day per year. And only about 1/3 of abuse cases are actually reported so this number is much higher in reality.

Future Speakers:

November: LaRue Williams from Friendly Manor

Correspondence and Agency Updates: Ann / All

1. Putnam Clubhouse – Marielle is going to visit on October 20th and will report back at the next meeting
2. Watch –
 - a. STAND – Sandi met with Rhonda James who is the new CEO; they've moved three programs out of the agency that were not mission driven and have consolidated
3. Liaison Opportunities: Options for Women – Karan Kalvass to assume liaison duties

Financial Report & Fund Distribution: Ann / All

Fifth Sundays: 10/29 and 12/31

October funds to allocate: No money available to allocate for this month. One follow up, in the report it shows that we also sent \$500 to CCIC, when this was not on the plan last month- is this accurate? The funds will be updated at the next meeting in November and it will follow a fifth Sunday in October so there should be funds to allocate. Postpone the New Treasurer until we have developed a more standard routine with the parish office and possibly recruit from the parish. We will look back to this in early 2018.

Warm Coat Drive: Karen

Approved Dates: October 14th and 15th. We have the sign up sheet for help on Sunday! The pickup will be down at the school on Friday and be brought up to the church by Saturday and they need help on Sunday sorting donations. We can use the hall for this collection since this is before the construction. **Karen is asking for help after 930am on Sunday continuing until 3pm. If you can help, no need to sign up- you can also just show up!**

Food Basket: Virginia / Kitty

- September – St Vincent De Paul – 42 bags were delivered canned meals, pasta, chili, stew.
- October – Goes to Monument 14th and 15th with canned and dried beans, Virginia and Al LaFaille have volunteers ready:

Blue Barrel: Ann / Joan

Suitcases for Trinity Center – do for November collections?

They can take only about 3-5 a week because they don't have any storage areas for them; however, they would like backpacks that are new or slightly-used donated, at any size because they can be transported easily. Karen can make the announcement about backpacks when she makes the announcement for the Warm Coat Drive and we will not collect suitcases.

Shoes that Fit: Marj

The list was from the new school, Willow Cove, Pittsburg, Ken Winkler Principal. All of the cards were taken (36 total)! We should get the shoes back within 2 weeks.

We should be getting the list from Los Medanos soon, hopefully this week, so that everything can be posted by October 8th.

Construction: Ann / All

Best option is to have the Parish Office be our collection spot, rather than having multiple spots for multiple agency donations. We can have someone from the Outreach Committee to police the office during donation times if needed, although when Christoph is there he will be policing as well. They are hoping to relocate the refrigerator

and freezer to a location where Shelter Dinner can use them during the construction (likely in the garage).

Shelter Dinners: Ann

- Maureen Vierengel will cook and Janet and Rick Salliard and Dick Jacobberger will transport and serve the food.

Publicity: Sandi

Sandi has everything she needs.

Closing Prayer: The meeting was ended with group prayer of the Hail Mary.

Next Meeting: November 7, 2017, Chairperson will be Pat Snyder