



OUTREACH COMMITTEE VOLUNTEER OPPORTUNITIES

ARE YOU INTERESTED in HELPING?

- ❖ **Monthly Shelter Meals** are prepared the third Monday of each month, feeding 70+ homeless women and men at the shelter in Concord. **YOU CAN HELP:**
 - Be head cook, help with food prep, or transport food & serve, 1- 2 times/year or as needed.
 - **CONTACTS:**
 - *Head cook/food preparer:* Monica Chappell monicachappell12@gmail.com
 - *Driver/Server:* Ann Diemer diemer5@comcast.net
- ❖ **Monthly Food Basket Collections**, held 2nd full weekend of each month, are delivered in Concord to Monument Crisis Center and the Food Pantry by St. Vincent de Paul at St. Francis of Assisi. **YOU CAN HELP:**
 - After mass move items from food basket (cart) to hall.
 - Deliver food items to agency on Monday following collection.
 - **CONTACT:** Sandi Gritzer gritzpad@comcast.net
- ❖ **Monthly Friendly Manor lunch** the 4th Friday of each month provides a hot meal for 30 – 35 women at this walk-in day shelter in Oakland. **YOU CAN HELP:**
 - Help cook and/or serve lunch.
 - Coordinate a monthly lunch.
 - **CONTACT:** Karen Kalvass krkvolunteer@gmail.com
- ❖ **Shoes That Fit program**, 3 – 5 times per year, collects new shoes for low-income children in two Pittsburg schools, Willow Cove and Los Medanos Elementary. **YOU CAN HELP:**
 - Deliver shoes to schools.
 - **CONTACT:** Marj Ho marjih@comcast.net
- ❖ **Cleaning kits for low income families moving into new housing**, 8-9 times/year for 1½ hours. **YOU CAN HELP:**
 - Shop for items to put in kits.
 - Help assemble and deliver completed kits.
 - **CONTACT:** Mary Terjeson mterjeson@astound.net
- ❖ **Blue Barrel Collections** are done 2 – 3 times per year. Each event collects specific goods needed by our agencies, such as linens, warm coats, backpacks, diapers and other items. **YOU CAN HELP:**
 - Help at mass on weekends of the collection by putting out barrels and bringing items to hall.
 - Help sort and/or distribute items Monday morning following the collection.
 - **CONTACT:** Marielle Narkiewicz marielle.narkiewicz@me.com
- ❖ **Agency Liaison**, if you would like to get involved with one of our supported agencies, you can become a liaison or co-liaison to one that touches your heart. **YOU CAN HELP:**
 - Liaisons act as the parish contact to a supported agency, developing a working relationship and conducting due diligence to confirm ongoing Outreach support.
 - Obtain information including financials, changes, opportunities, etc. every two years.
 - Identify issues or requests for finance, goods, or volunteers.
 - Identify or coordinate blue barrel collections for agency's specific needs.
 - **CONTACT:** Mary Terjeson mterjeson@astound.net