

January 12, 2020

St. Thomas Aquinas Pastorate



The mission of the St. Thomas Aquinas Pastorate is to use our love and faith to inspire and serve God's people by cultivating a welcoming Catholic Community – working as one and living as disciples of Jesus Christ.

Pastoral Directory

Pastor, Rev. Douglas Loecke (563)852-7805
E-mail dbqcm1@dbqarch.org
Deacon Marvin Recker (retired) (563)879-3448
Deacon Steve Strang (563)852-3435
Deacon Ray Noonan (563)852-3181
Deacon Joe Schockemoehl (563)852-3126
Pastoral Associate/Health Ministry
Julie Dunne (563) 852-3524
E-mail dbq023s2@dbqarch.org
Director of Faith Formation -
Nicole Casey (563)852-3331
E-mail dbq023ff@dbqarch.org

Pastorate Office

408 3rd Ave. NW; PO Box 699, Cascade, IA 52033
Phone (563)852-3524
FAX (563)852-3528
E-mail dbq023sec@dbqarch.org
Website www.stapastorate.org
Hours Monday – Thursday: 8:30am-4:30pm
Friday: 8:30am – 1:00pm

Pastorate Support Staff

Business Manager, Kerri Takes
E-mail dbq023bm@dbqarch.org
Administrative Assistant, Shellie Schlemme
E-mail dbq023sec@dbqarch.org
Music Ministry, Becky Williams
E-mail dbq023s@dbqarch.org

Aquin System of Catholic Education

Aquin Catholic Elementary School (563)852-3331
Principal, Vicki Palmer
E-mail vpalmer@aquin.org
Aquin Little Angels Early Childhood Ctr 563-852-7020
Director, Jenny Recker jrecker@aquin.org

New Parishioners

Welcome! Contact the pastorate office 563-852-3524

Baptisms

Baptism class required. Next class–Mar. 9, 2020, 7pm
Contact Ray & Carol Noonan at 852-3181 to register for the class.

Contact the pastorate office to schedule a baptism.

Weddings

Contact Fr. Loecke at least six months prior to the wedding date.

Pastorate Council

Chuck Shanahan - Chair
Bob Green – Vice Chair
Kevin Schockemoehl - Secretary
Karen Knepper, Mike Otting,
Chuck Noonan, Ed Stoll, Eric Vaske

Parish Council Contacts

St. Patrick – Wanda Loewen
Sacred Heart – Chuck Noonan
St. Peter – Kevin Schockemoehl
St. Matthias – Bob Green

Pastorate Committee Opportunities

Call the Pastorate Office for more info
Community Life, Faith Formation, Liturgy, Social Justice

Prayer Requests

Eileen Steffen – 852-7168
Anita Gudenkauf – 852-3043
Shirley Curoe - 563-599-3973
Joyce Gibbs – 879-3271

Liturgy Schedule

(Cascade-C; Fillmore-F; Garryowen-G; Temple Hill-T
W/C-Word & Communion Service)

| | |
|-------------|---|
| Mon Jan. 13 | 7:00am (C) Don Lindauer |
| Tue Jan. 14 | 8:30am (C) W/C |
| Wed Jan. 15 | 7:00am (C) W/C |
| Thu Jan. 16 | 7:00am (C) W/C |
| Fri Jan. 17 | 7:00am (C) W/C |
| Sat Jan. 18 | 4:00pm (T) Gary Kelchen & David Quint 5:30pm(C) Les & Ruth Sellner |
| Sun Jan. 19 | 8:00am(C) Al, Anne & Dave Quint 10:00am(C)St Thomas Aquinas Past. |

Confessions

Confessions are available 20 minutes before the 4:00pm Mass and immediately following the 5:30pm Mass.

Baptism of the Lord, January 12, 2020

Pastorate

The Fall Our Call To Share collection brought in a total of \$2722.00 from our four parishes. These funds will be divided among the following funds according to the donors directive: Campaign for Human Development, Catholic University of America, Black and Indian Missions, Archdiocesan Hispanic Ministry, Catholic Home Missions, and World Missions. Thank you to those donated to this special collection to help those in need through these funds.

Caring for Your Marriage – The voice of God is heard: “This is my beloved Son, with whom I am well pleased” (Matt 3:17). Do you affirm your spouse and your children, letting them know that you are “well pleased” to have them in your life?

Save the date for Upcoming Events:

- February Fun Night, February 15, 2020
- Forty Hours – Feb. 23-25
- Pastorate Fish Fry – Fri. February 28, 2020
- St. Patrick’s Irish Mass & breakfast – Sun. Mar. 15
- Confirmation – Wednesday, March 18, 2020

Sacred Heart, Fillmore

Sacred Heart Generosity: Jan. 4-5, 2020: Budget/Total: \$500.00

Liturgical Participation: (Saturday, Jan. 11, 2020 – 4:00pm)

Lector: Betty Wagner; *Commentator:* Jenny Recker;

Eucharistic Min.: Bridget Rea & Kathy Staner; *Servers:* Nick & Jake Wagner; *Crossbearer:* Brianna Carroll

Church & Hall Cleaning - (by Jan. 11, 2020) David & Carolyn Turnis, Austin & Claire Brown, Ken & Jeanette Mausser, Jon & Jennifer King, Josh & Kayla Klein, Chuck & Patty Delaney, Brian & Linda Recker

St. Patrick, Garryowen

St. Patrick Generosity: Jan. 4-5, 2020 – Budget: \$2,838.00; Offertory: \$311.50; Christmas: \$2,340.00; Holy Days: \$138.00; Initial Offering: \$20.00; Hall Rent: \$100.00; Restoration: \$25.00; Total: \$5,772.50

Liturgical Participation – Saturday, Jan. 25, 2020 – 4:00pm)

Commentator: Denny Brackemyer; *Lector:* Mike Redmond; *Eucharistic Ministers:* Deb Redmond, Judy Coyle, Jean Brackemyer; *Ushers:* Rich Molony & Mark Redmond; *Acolytes:*

Nicole Felton, Laura Rollinger; *Cross:* Brianna Koppes

Weekend Money Counters: Jan. 24, 2020– Cathy Rubel & Adam Rollinger

Rosary before Mass: Jan. 24, 2020 – Carmie Decker

Church & Hall Cleaning (Jan. 2020) Jim & Chris Ruden, Nic & Cody Noonan, Janine Capesius

St. Peter, Temple Hill

St. Peter Generosity: Jan. 4-5, 2020 – Budget: \$247.00; Youth Budget: \$1.00; Christmas: \$100.00; Total: \$348.00

Liturgical Participation: (January 18, 2020 - 4:00 PM)

Lector: Matt Manternach; *Commentator:* Linda Schockemoehl; *Eucharistic Min.:* Rick Turnis, Sue Trumm, Angie Rausch; *Ushers:* Ken Heim, Bob Moriarity;

Servers: Jonah Manternach, Aubry Trumm, Maggie Trumm Schockemoehl; *Gifts:* Jake Takes; *Greeter:* Diane Loes

Church Cleaners (before Jan. 18): Rick & Lucinda Turnis

(leader), Matt & Ashley Kurt, Russel Streeper, Mark & Mary Ann Trumm, Nathan & Kelli Topping, Mike & Sara Bradley, Kim Wolbers

The next Mass at St. Peter's is Saturday, January 18, 2020 at 4:00 PM with a potluck social following Mass.

Eucharistic Adoration & Rosary - Wed., January 15 - 7:00 PM.

Tickets for the Mid-Winter Fling & Dessert Auction may be purchased from parish council members or from Julie.

The Fling is Saturday, January 25th at the Legion Hall in Cascade with social time at 6:30 PM and dinner served at 7:00 PM. Sign-up sheets for desserts and "set up" volunteers are in the back of the church or by emailing Julie.

St. Matthias, Cascade

St. Matthias Generosity: Jan. 4-5, 2020 – Budget: \$7,759.00; Offertory: \$678.66; Children’s Collection: \$36.25; Christmas: \$2,245.00; Holy Days: \$1,035.00; Grain Bank: \$3,406.47; Total: \$15,160.38

Liturgical Participation: (weekdays: Jan. 13-17, 2020) -

Server: Chuck Casey; *Lector:* Carol Noonan; *Euch.*

Ministers: Chuck Casey, Carol Noonan, Blair Gleason

Saturday – Jan. 18, 5:30pm – *Lector* – Pat Noonan;

Commentator: Candy Bradley; *Ushers* – Bill & Kerri Takes;

East Entrance Greeter: Tom & Anita Gleason; *Eucharistic*

Ministers: Dale Manternach, Sharon Manternach, Jacquie

Manternach, Pat Noonan, Kay Takes; *Servers:* Ella & Eva

Madsen, Isaac Williams; *Music:* Children’s Choir

Sunday – Jan. 19, 8:00am – *Lector* – Julie (Ralph) Hosch;

Commentator: Naomi Steffen; *Ushers* – Mike & Monica

McDermott; *East Entrance Greeter:* Dave & Jenice McLees;

Eucharistic Ministers: Jean Mausser, Jerry McAllister, Karen

McAllister, Mike Steffen, Naomi Steffen; *Servers:* Nicolas

Mausser, Addison Frake, Hallie Kelchen; *Music:* Guitar Choir

Sunday – Jan. 19, 10:00am – *Lector* – Jill Gehl;

Commentator: Jason McDermott; *Ushers:* Zach Green, Charlie

Knepper; *East Entrance Greeter:* Nick & Deb Holub;

Eucharistic Ministers: Amy Ludwig, Brad Ludwig, Dan Kurt

Jason McDermott, Shannon Kremer; *Servers:* Miley Trumm,

Gabby & Isabella Turnis, Klaire Bergfeld; *Music:* Teen Choir

Lost and Found at St. Matthias –

We have a black bookbag that has baby supplies in it, we also have many gloves, children’s books, a pair of glasses, hats and caps. Please check out the table at the entrance of the church to see if any of these items are yours.

The spring semester of **That Man is You (TMIY)** will be kicking off on Saturday, January 25th! This is the second half of the 3rd year of the men’s program from Paradisus Dei that has become very popular across the country and has had a steady following over the past few years in our Pastorate. We will continue with the format of a hot breakfast served from 6:30 to 7 am with video presentation and short group discussion to follow. Participants are usually out by 8 am to continue with their weekend plans and events. New men are always encouraged to join in, whether you have participated in the past or not! You can contact Chris Casey for further details or questions at 563-542-0590! Plan to join us this year!

CEW - Christian Experience Weekend. The Men's is January 17-19. Applications are available in the church entrances and parish office. If you have questions please contact Andy Stelken 563-590-7706 or visit website farleyepworthcew.org



Stay in the Christmas Spirit by donating to Dubuque Birthright.

Dubuque Birthright is in need of new or gently used clothing for preemies to one year: pajamas, onesies, small outfits, socks, crib sheets, baby towels, baby swaddle blankets, diapers (size 1-5), baby wipes, powder, baby lotion, soap and diaper creams, etc.

St. Thomas Aquinas Pastorate will have collection boxes in back of each of the churches in our Pastorate for you to donate through the month of January.

2020 Archdiocesan Women's Conference: January 25

Beauty in Christ: Fearless. Faithful. On Fire! Featuring speakers Hallie Lord and Kate Prejean! Invite friends and family! REGISTER NOW: January 6th deadline for a \$10.00 discount! For more information and to register: www.archwomensconference.org

*fearless!
faithful!
On fire!*

2020 Archdiocesan Men's Conference: March 14

The 2020 Men's Conference will take place on Saturday, March 14, 2020 at Xavier Catholic High School, Cedar Rapids. The keynote speaker will be Patrick Madrid, with Archbishop Jackels presiding at Mass. More details may be found at www.CatholicMenOnline.com. Registration is open.



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Franciscan Common Venture – a volunteer program sponsored by the Sisters of St. Francis of Dubuque, Iowa, provides the opportunity for persons age 20+ to contribute their time, commitment and talent in service among people who are poor. There are multiple service opportunities from a Native American Retreat Center in MT to a food bank's community garden. Long-term service is also available. If interested, contact **Sr. Michelle Balek, OSF**; 3390 Windsor Ave; Dubuque IA 52001; Phone: 563-583-9786; e-mail: balekm@osfdbq.org; OR visit our website for a listing of the 2020 opportunities and a downloadable brochure and application materials: www.osfdbq.org/commonventure



January 1, 2020 brought us a new year and new decade. It also seems to have brought us, "coughing, sneezing, runny noses, and sore throats" also known as "Upper Respiratory Infections."

Keeping this in mind, I would ask that if you are experiencing any of these symptoms, please do not shake hands with anyone during the sign of peace. A big smile or simple head nod to acknowledge the person or persons sitting by you will be just fine. Also, I would ask that you not receive the cup during communion time. These two gestures will help a great deal to keep from spreading infections.

Remember to cover your mouth when you cough or sneeze. Use good handwashing & carry anti-bacterial gel with you. Also, we do provide anti-bacterial gel in the back of the church. Let's all work together to keep our Pastorate Healthy. Thank you, Julie

47 years ago the Supreme Court decided two cases that would ultimately end the lives of tens of millions of unborn babies: Roe v. Wade and Doe v. Bolton. These two decisions have allowed the death of every 1 in 3 children born since then and made abortion legal up to the day of birth. Nearly 61,000,000 babies have lost their lives, causing untold pain and guilt to millions of women and men. Please pray for the sanctity of all human life from conception to natural death and for an end to the culture of death in our country.

January 22-26 Dubuque County Right to Life, Inc. will be traveling with over 200 students, parents, and members from the Dubuque and surrounding areas, to march with over 500,000 other fellow pro-lifers in Washington D.C. for the national March for Life. We kindly ask that you | keep their group in your prayers – for their safety in traveling, as well as a greater pro-life commitment in their hearts. Please say a special prayer for the students that they will continue to be involved in the pro-life movement after they return home. **Thank you and God bless!**

Please pray for St. Thomas Aquinas students and parents that are going on the trip!!!



We are all familiar with the term, "Blood Pressure." But, we aren't all knowledgeable about Blood Pressure. Let's take a few minutes to learn. High Blood Pressure is also referred to as "Hypertension." Low Blood

Pressure is referred to as "Hypotension." The term "Systolic" refers to the first number or top number of the blood pressure while "Diastolic" refers to the 2nd number or bottom number of the blood pressure.

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|------------------------|------------------------------------|
| Norm. Low Blood Press. | 90-120 Systolic/Below 80 Diastolic |
| Pre-Hypertension | 120-139 Systolic/80-89 Diastolic |
| Stage One Hypertension | 140-159 Systolic/90-99 Diastolic |
| Stage Two Hypertension | 160+ Systolic/100+ Diastolic |

Systolic: the force of the blood on the heart as it pumps.

Diastolic: the force of the blood on the heart as it relaxes

**Check your blood pressure often and ALWAYS take your blood pressure medication as ordered.

Any questions about blood pressure please feel free to stop into the Pastorate office or call Julie at the office at 852-3524.