

January 19, 2020

St. Thomas Aquinas Pastorate



The mission of the St. Thomas Aquinas Pastorate is to use our love and faith to inspire and serve God's people by cultivating a welcoming Catholic Community – working as one and living as disciples of Jesus Christ.

Pastoral Directory

Pastor, Rev. Douglas Loecke (563)852-7805
E-mail dbqcm1@dbqarch.org
Deacon Marvin Recker (retired) (563)879-3448
Deacon Steve Strang (563)852-3435
Deacon Ray Noonan (563)852-3181
Deacon Joe Schockemoehl (563)852-3126
Pastoral Associate/Health Ministry
Julie Dunne (563) 852-3524
E-mail dbq023s2@dbqarch.org
Director of Faith Formation -
Nicole Casey (563)852-3331
E-mail dbq023ff@dbqarch.org

Pastorate Office

408 3rd Ave. NW; PO Box 699, Cascade, IA 52033
Phone (563)852-3524
FAX (563)852-3528
E-mail dbq023sec@dbqarch.org
Website www.stapastorate.org
Hours Monday – Thursday: 8:30am-4:30pm
Friday: 8:30am – 1:00pm

Pastorate Support Staff

Business Manager, Kerri Takes
E-mail dbq023bm@dbqarch.org
Administrative Assistant, Shellie Schlemme
E-mail dbq023sec@dbqarch.org
Music Ministry, Becky Williams
E-mail dbq023s@dbqarch.org

Aquin System of Catholic Education

Aquin Catholic Elementary School (563)852-3331
Principal, Vicki Palmer
E-mail vpalmer@aquin.org
Aquin Little Angels Early Childhood Ctr 563-852-7020
Director, Jenny Recker jrecker@aquin.org

New Parishioners

Welcome! Contact the pastorate office 563-852-3524

Baptisms

Baptism class required. Next class–Mar. 9, 2020, 7pm
Contact Ray & Carol Noonan at 852-3181 to register for the class.

Contact the pastorate office to schedule a baptism.

Weddings

Contact Fr. Loecke at least six months prior to the wedding date.

Pastorate Council

Chuck Shanahan - Chair
Bob Green – Vice Chair
Kevin Schockemoehl - Secretary
Karen Knepper, Mike Otting,
Chuck Noonan, Ed Stoll, Eric Vaske

Parish Council Contacts

St. Patrick – Wanda Loewen
Sacred Heart – Chuck Noonan
St. Peter – Kevin Schockemoehl
St. Matthias – Bob Green

Pastorate Committee Opportunities

Call the Pastorate Office for more info
Community Life, Faith Formation, Liturgy, Social Justice

Prayer Requests

Eileen Steffen – 852-7168
Anita Gudenkauf – 852-3043
Shirley Curoe - 563-599-3973
Joyce Gibbs – 879-3271

Liturgy Schedule

(Cascade-C; Fillmore-F; Garyowen-G; Temple Hill-T
W/C-Word & Communion Service)

Mon Jan. 20	5:30pm (C) Paul Pfab
Tue Jan. 21	8:30am (C) Julius, Mary & Jim Brokamp
Wed Jan. 22	7:00am (C) For the Legal Protection of unborn babies
Thu Jan. 23	7:00am (C) Joan Pasker
Fri Jan. 24	7:00am (C) Carl & Marian Kremer
Sat Jan. 25	4:00pm (G) Alfred Smith 5:30pm(C) Jean, Cletus & Scruff Donovan
Sun Jan. 26	8:00am(C)St Thomas Aquinas Pastorate 10:00am(C) Pete & Clara Strang Family

Confessions

Confessions are available 20 minutes before the 4:00pm
Mass and immediately following the 5:30pm Mass.

Second Sunday of Ordinary Time, January 19, 2020

Pastorate

Meetings

Befriender Meeting- Saturday, January 25, 2020, 9:00am at Pastorate Office

Faith Formation Meeting - Monday, February 10, 7:00pm Pastorate Office

Pastorate Council Meeting - Tuesday, February 11, 7:00pm, Pastorate Office

St Matthias Finance Council Wednesday, February 12, 7pm Pastorate Office

Right to Life Pilgrimage: This coming Wednesday, January 22nd, 13 Aquin students, 12 parents, and a teacher from our pastorate will be making the pilgrimage to Washington DC for the annual March for Life. Please keep them in your prayers as they travel. The group will attend the Mass for Life at the Basilica of the National Shrine of the Immaculate Conception on Thursday night. The live broadcast will be on EWTN-TV at 4:30 pm. The rally and March will be live Friday beginning at 11:00.

Caring for Your Marriage – In today’s gospel John the Baptist announces the “Lamb of God” on whom the Spirit rests. How does your relationship with the Lamb of God prompt you to recognize Him in your spouse, leading to shared values, convictions and interests?

World Marriage Day

Come celebrate love, faith and the commitment to the sacrament to holy matrimony. World marriage day honors husband and wife as the foundation of the family and salutes the beauty of their faithfulness, sacrifice and joy in daily married life. This special Mass will be held at 2:00pm February 9th at the Basilica of St. Francis Xavier in Dyersville. Reception with refreshments provided by Worldwide Marriage Encounter will follow in the church hall.

Save the date for Upcoming Events:

- St. Peter Mid-Winter Fling & Dessert Auct. – Jan. 25
- February Fun Night, February 15, 2020
- Forty Hours – Feb. 23-25
- Pastorate Fish Fry – Fri. February 28, 2020
- St. Patrick’s Irish Mass & breakfast – Sun. Mar. 15
- Confirmation – Wednesday, March 18, 2020

Sacred Heart, Fillmore

Sacred Heart Generosity: Jan. 4-5, 2020: Budget/Total: \$125

Liturgical Participation: To Be Announced

Church & Hall Cleaning - (by Jan. 11, 2020) David & Carolyn Turnis, Austin & Claire Brown, Ken & Jeanette Mausser, Jon & Jennifer King, Josh & Kayla Klein, Chuck & Patty Delaney, Brian & Linda Recker

St. Patrick, Garryowen

St. Patrick Generosity: Jan. 11-12, 2020 – Budget: \$1,940.00; Holy Days: \$20.00; Total: \$1,960.00

Liturgical Participation – Saturday, Jan. 25, 2020 – 4:00pm)

Commentator: Denny Brackemyer; *Lector:* Mike Redmond; *Eucharistic Ministers:* Deb Redmond, Judy Coyle, Jean Brackemyer; *Ushers:* Rich Molony & Mark Redmond; *Acolytes:* Nicole Felton, Laura Rollinger; *Cross:* Brianna Koppes
Weekend Money Counters: Jan. 24, 2020– Cathy Rubel & Adam

Rollinger

Rosary before Mass: Jan. 24, 2020 – Carmie Decker

Church & Hall Cleaning (Jan. 2020) Jim & Chris Ruden, Janine Capesius

St. Peter, Temple Hill

St. Peter Generosity: Jan. 11-12, 2020 – Budget/Total: \$116.

Liturgical Participation: (February 15, 2020 - 4:00 PM)

Lector: Joe Strang; *Commentator:* Chris Krapfl

Eucharistic Min.: LuAnn Manternach, Matt Manternach,

Janice Trumm; *Ushers:* Ron Fagan, Jason Kurt

Servers: Nathaniel Manternach, Ty & Hallie Kelchen

Gifts: Scot Knepper *Greeter:* Jen Manternach

Church Cleaners (before Jan. 18): Brian & LuAnn

Manternach (leader), Jay & Maddi Manternach, Craig &

Danielle Manternach, Ben & Todd Manternach, Paul, Barb,

& Mary Kay Peiffer, Jennifer Peiffer, Jamie & Lisa

Manternach

The next Mass at St. Peter's is Saturday, February 15, 2020

at 4:00 PM with a potluck social following Mass.

Eucharistic Adoration & Rosary - Wed., January 22 - 7:00 PM.

Tickets for the Mid-Winter Fling & Dessert Auction may be

purchased at the table in the entry of the church, from parish

council members or from Julie. The Fling is this Saturday,

January 25th at the Legion Hall in Cascade with social time

at 6:30 PM and dinner served at 7:00 PM. Desserts & set up

volunteers are still needed so sign up in the entry of the church or email Julie.

St. Matthias, Cascade

St. Matthias Generosity: Jan. 11-12, 2020 – Budget:

\$3,400.00; Offertory: \$386.23; Children’s Collection: \$30.65;

Christmas: \$100.00; Holy Days: \$20.00; Total: \$3,936.88

Liturgical Participation: (weekdays: Jan. 20-24, 2020) -

Server: Bill Gehl; *Lector:* Dianne Koppes; *Euch.*

Ministers: Paul Peiffer, Dianne Koppes, Elona McLees

Saturday – Jan. 25, 5:30pm – *Lector* – Barb Otting;

Commentator: Mark Otting; *Ushers* – Mike & Jan Donovan;

East Entrance Greeter: Jan & Mike Donovan; *Eucharistic*

Ministers: Barb Otting, Mark Otting, Linda Recker, Susie

Steffen; *Servers:* Jonah, Madeline & Nate Manternach; *Music:*

O’Briens

Sunday – Jan. 26, 8:00am – *Lector* – Claire Brown;

Commentator: Megan Smith; *Ushers* – Jake & Tara Noonan;

East Entrance Greeter: Tim & Jane Donovan; *Eucharistic*

Ministers: Bridget Rea, Cindy Trumm, Jean Conrad, Casey

Conrad, Tom Fah; *Servers:* Brianna & Bryce Carroll, Levi

Lynch; *Music:* Angie’s

Sunday – Jan. 26, 10:00am – *Lector* – Catholic Schools

Mass; *Commentator:* Shannon Kremer; *Ushers:* Ken & Karen

McDermott; *East Entrance Greeter:* Shellie Schlemme;

Eucharistic Ministers: TBA; *Servers:* Anna Conlin, Samantha

Coyle, Gillian Dowe; *Music:* Dolphins

***St. Matthias Funeral Ushers Needed. Please call the Pastorate office to sign up. 852-3524.

Dubuque Birthright is in need of new or gently used clothing for preemies to one year: pajamas, onesies, small outfits, socks, crib sheets, baby towels, baby swaddle blankets, diapers (size 1-5), baby wipes, powder, baby lotion, soap and diaper creams, etc. St. Thomas Aquinas Pastorate will have

collection boxes in back of each of the churches in our Pastorate for you to donate through the month of January.

The spring semester of **That Man is You (TMIY)** will be kicking off on Saturday, January 25th! This is the second half of the 3rd year of the men's program from Paradisus Dei that has become very popular across the country and has had a steady following over the past few years in our Pastorate. We will continue with the format of a hot breakfast served from 6:30 to 7 am with video presentation and short group discussion to follow. Participants are usually out by 8 am to continue with their weekend plans and events. New men are always encouraged to join in, whether you have participated in the past or not! You can contact Chris Casey for further details or questions at 563-542-0590! Plan to join us this year!

Super Bowl Breakfast – The St. Thomas Aquinas Knights of Columbus Council # 930 is having the annual Super Bowl Breakfast on Sunday, February 2, at the Columbus Hall in Cascade. Serving scrambled eggs, hash browns, sausage (rope and patties), ham, cinnamon rolls, fruit cups, orange juice, coffee and milk. Cost is \$8.00 for adults, \$4.00 for children 6-12, age 6 and under are free. Serving from 8:00 a.m. – 11:30 a.m. Proceeds go to sponsor Cascade Area Right to Life, educational scholarships, and other local organizations. All are welcome!

Just a reminder, if you are experiencing any of these symptoms, please do not shake hands with anyone during the sign of peace. A big smile or simple head nod to acknowledge the person or persons sitting by you will be just fine. Also, I would ask that you not receive the cup during communion time. These two gestures will help a great deal to keep from spreading infections.

Remember to cover your mouth when you cough or sneeze. Use good handwashing & carry anti-bacterial gel with you. Also, we do provide anti-bacterial gel in the back of the church. Let's all work together to keep our Pastorate Healthy. Thank you, Julie

Take my hand oh blessed Mother,
hold me firmly lest I fall.



I grow nervous while walking
And humbly on thee call.
Guide me over every crossing,
Watch me when I'm on the stairs
Let me know that you're
beside me,
Listen to my fervent prayers.
Bring me to my destination
safely along the way.

Bless my every undertaking
And my duties for the day.
And when evening creeps upon us
I'll never fear to be alone.
Once again, oh blessed Mother,
Take my hand and lead me home.

(It is said that if you pray this everyday, you won't fall.)

2020 Archdiocesan Women's Conference: Jan. 25
Beauty in Christ: Fearless. Faithful. On Fire! Featuring speakers Hallie Lord and Kate Prejean! Invite friends and family! REGISTER NOW: For more information and to register: www.archwomensconference.org

2020 Archdiocesan Men's Conference: March 14

The 2020 Men's Conference will take place on Saturday, March 14, 2020 at Xavier Catholic High School, Cedar Rapids. The keynote speaker will be Patrick Madrid, with Archbishop Jackels presiding at Mass. More details may be found at www.CatholicMenOnline.com. Registration is open.



Evening for the Divorced and Separated and Those Who Love Them

Whether you're divorced or separated, want to help someone you love, or are interested in working to help divorced families, join Catholic author and evangelist, Rose Sweet, for "An Evening for the Divorced and Separated and Those who Love Them" on Friday, March 27th from 6:30-8:30 PM at St. Pius X Church in Cedar Rapids. Learn more and RSVP for this FREE event at www.DBQArch.org/Divorce.



We are all familiar with the term, "Blood Pressure." But, we aren't all knowledgeable about Blood Pressure. Let's take a few minutes to learn. High Blood Pressure is also referred to as "Hypertension." Low Blood

Pressure is referred to as "Hypotension." The term "Systolic" refers to the first number or top number of the blood pressure while "Diastolic" refers to the 2nd number or bottom number of the blood pressure.

Norm. Low Blood Press.	90-120 Systolic/Below 80 Diastolic
Pre-Hypertension	120-139 Systolic/80-89 Diastolic
Stage One Hypertension	140-159 Systolic/90-99 Diastolic
Stage Two Hypertension	160+ Systolic/100+ Diastolic

Systolic: the force of the blood on the heart as it pumps.

Diastolic: the force of the blood on the heart as it relaxes

**Check your blood pressure often and ALWAYS take your blood pressure medication as ordered.

Any questions about blood pressure please feel free to stop into the Pastorate office or call Julie at the office at 852-3524.