The Catechesis of the Good Shepherd: What is it and What is it about?

The Catechesis of the Good Shepherd is a Montessori-based Catholic religious education program where children can grow in their relationship with God through a deep engagement in Scripture and liturgy.

Examples of materials include figures of Jesus and the apostles used to meditate on the Last Supper, detailed interactive maps of the Land of Israel to help situate Jesus as a real person in time, and the Mustard Seed and the Pearl of Great Value to ponder the mystery and beauty of God’s Kingdom.

The atrium enables the child to enter more deeply into the mystery of the Holy Eucharist by working with the Model Altar and the gestures of the Mass such as the preparation of the chalice and the invocation of the Holy Spirit. We have many more materials. Please come and see!

The Atrium and Materials

The atrium is a specially prepared room where children can come to know Jesus, the Good Shepherd. The atrium contains beautifully prepared materials that children work with as a way of meditating upon the historical events of our faith and reflecting upon significant aspects of our worship.

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Catechesis of the Good Shepherd and You

There are many benefits to participation in the Catechesis of the Good Shepherd program.

- An opportunity to fall in love with Jesus, the Good Shepherd, and lay a foundation for a deep and meaningful relationship with God that will last a lifetime.
- A solid grounding in the theology and liturgy of the church, not “watered down” for children, but distilled to its essential elements, so that it meets the spiritual and developmental needs of the child.
- An opportunity to foster the child’s natural spirit of wonder and thankfulness toward God.
- An approach to moral formation, growing out of the child’s relationship with God.
- Two hours each week for quiet and spiritual reflection, and a respite from the business of daily life.
- Membership in a community of children and adults seeking to know God together through reflection, prayer and worship.

Generally a day in the atrium includes:

- A presentation of a part of the Bible or Liturgy given to the children by the Catechist.
- A significant period of time for children to work with materials of their choice on their own, as an aid to meditation and prayer.
- A gathering time of worship at the prayer table.

Land of Israel, with the three most essential cities in the Life of Jesus:

- Nazareth, where Mary became the Mother of Jesus by the Holy Spirit
- Jerusalem, where Jesus rose from the dead
- Bethlehem, where Jesus was born

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Level I: 3 to 6 year olds
Level II: 6 to 9 year olds
Level III: 9 to 12+ year olds

What is the Catechesis of the Good Shepherd?

The Catechesis is a Montessori-based Catholic religious education program where children can grow in their relationship with God through a deep engagement in Scripture and liturgy.
The Catechesis is based on the belief that God and the child are already in relationship. Our work as adults is to provide an environment which nurtures this relationship and prepares the child for fuller participation in the liturgy, especially the Holy Mass.

Saint Louis Catholic Church offers the Catechesis to 3 age groups: Level I is for three to six year olds, Level II is for six to nine year olds and Level III is for nine to twelve+ year olds. Children generally attend one atrium session per week. The Level I session is 1 ½ hours long. The Level II and Level III sessions are two hours.

The atrium is adjacent to the adoration chapel, which allows parents and guardians an opportunity to worship our Lord in the Blessed Sacrament during the atrium session.

Please contact us for a current schedule and availability.

**Saint Louis Atrium Sessions**

**Level I Atrium:**

The Level I Atrium nurtures the 3-6 year old child in his or her relationship with Jesus, the Good Shepherd.

The child hears that the Good Shepherd knows his sheep, calls them by name, searches for the lost and celebrates the found. The reality of Jesus in this image meets a deep need in the child for relationship. Presentations about the life of Jesus and his teachings help make the mystery of God concrete for the child.

**Level II and III Atrium:**

The Level II and III Atrium introduce the image of Jesus as the True Vine to children from first through seventh grades.

“I am the vine, you are the branches. Those who abide in me and I in them bear much fruit.”

~ John 15:5

This proclamation responds to the need of the older child to deepen his or her relationships with God, family, friends, and the larger community. To respond to the child’s need for guidance, the moral parables and parables of mercy offer models for comparing his or her own behavior with Jesus’ examples. In levels II and III, the children plan and lead their own prayer services.

**GOD AND THE CHILD**

The Catechesis is based on the belief that God and the child are already in relationship. Our work as adults is to provide an environment which nurtures this relationship and prepares the child for fuller participation in the liturgy, especially the Holy Mass.

“I am the Good Shepherd. The Good Shepherd lays down his life for the sheep.”

John 10:11

**Saint Louis Catholic Church**

**Catechesis of the Good Shepherd Montessori Atrium**

In nurturing the child’s religious life, far from imposing something that is foreign to him, we are responding to the child’s silent request: ‘Help me to come closer to God by myself.’

~ Sophia Cavalletti, *The Religious Potential of the Child*

“Let the little children come to me and do not hinder them for the kingdom of God belongs to such as these.”

Matthew 19:14