



Holy Family Old Cathedral

ROMAN CATHOLIC ARCHDIOCESE OF ANCHORAGE-JUNEAU
The Most Reverend Andrew Bellisario, CM, Archbishop
Staffed by the Friars of the Dominican Province of the Most Holy Name of Jesus



THIRD SUNDAY OF ORDINARY TIME

January 24, 2021



FEAST OF ST. THOMAS AQUINAS

**Low Solemn Vespers and
Aquinas Reflection by
Fr. Dismas Sayre, OP**

**Thursday, January 28, 7P
In Person and livestreamed**

MASS SCHEDULE

*Livestreamed Masses, and in person

Sunday: 7:30 AM, 9:30 AM*, 12 PM;
Spanish, 2 PM*; Dominican Rite, 4 PM*; 6 PM
Monday - Friday: 8 AM, 12 noon*
Wednesday: Dominican Rite, 4 PM*
Saturday: 9 AM*; Vigil 5:30 PM

- **CHURCH OPEN HOURS:** The Church is open 30 minutes before Masses except 1 hour before weekday noon Masses.
- **THE CRY ROOM CAN BE RESERVED** at all Masses for especially vulnerable parishioners – family groups or individuals. Call Deacon Dave at 646-3002 at least 48 hours in advance.

Holy Family Old Cathedral
811 W 6th Avenue, Anchorage, AK 99501
(907) 276-3455
frontdesk@holyfamilycathedral.org;
www.holyfamilycathedral.org

Act of Spiritual Communion

St. Alphonsus de Liguori

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to you. Never permit me to be separated from You. Amen.

FROM FATHER STEVE

“Teach me your ways O Lord.” Ps 25:4

There is an entire genre of books, movies and TV shows based on families with teenage children. Usually depicted are the situational tensions that emerge through ordinary life between parent and teenagers. School, work, relationships,

Continued on page 2

family obligations, and growing pains of all kinds emerge as the teens in the family navigate adolescence. I find it odd that one parent teen scenario that is so little depicted and is so universal is that of a teen being taught by a parent how to drive a car.

Getting a driver's license is a rite of passage. It is a sign and reality of adulthood freedom. It is also something that must be taught and learned. It can only be taught and learned by the getting into a car with the student behind the wheel and driving. It requires trial and error. It requires both teacher and student to be patient, calm and forgiving. The teacher must not only teach the information but coach the execution and use of the information on how to drive a car.

God is like that in our lives. He is both a teacher and a coach. We can't become an adult practicing Catholic unless we are willing to be taught and coached. It is common for mature adults to still behave as teenagers before God. Wanting to express independence and willfulness. Not willing to listen to everything carefully or be corrected, or admit that mistakes have been made, or that we don't know what we are doing. If there is someone in our lives who has the most frequent opportunity to tell us "I told you so" or "You're not listening," it is God.

God is painfully aware that his children can be resistant learners even when he is trying to teach them something they want to understand and have. The virtue a student must always have in order to learn is humility.

Our responsorial psalm for today's Mass, "Teach me your ways O Lord," tells us that only the humble can learn from God. It concludes with the final stanza saying: "He guides the humble to justice and teaches the humble his ways."

This week let us pray for humility so that the fullness of what God wants to teach us this week may come to fruition. We often speak about walking with Jesus on the path to heaven. But perhaps for this week, in 21st century America, we can imagine ourselves being taught and coached by Christ how to drive to the mansion of the Lord. There are no automatic clutches in the spiritual life, they are all "a stick." Thus, in addition to humility, there is one more thing we will need on our drive to heaven with Jesus: a sense of humor.

Fr. Steve Maekawa, OP
Pastor

THIS WEEK
***- In-person and livestreamed**

Thursday, January 28, 7P*, Church
LOW SOLEMN VESPERS; AQUINAS REFLECTION

CHURCH INFORMATION

CONFESSIONS in the Ministry Center
M - F 1130A – 12P; Saturday 830A – 915A. Also, by appointment. Visit the website to contact individual friars. www.holyfamilycathedral.org or call 276-3455.

MASS INTENTIONS. Contact office at 276-3455 or email frontdesk@holyfamilycathedral.org.



VOTIVE CANDLES will be lit for your private intentions and your intention prayed for. Suggested donation: \$1 each. Email your intention(s) and name to frontdesk@holyfamilycathedral.org. Give your donation designated as "votive candles," to a priest, mail to the Cathedral, or place in mail slot on 6th Avenue.

CHURCH OPEN HOURS

Saturday/Sunday: 30 minutes before Mass.
Monday - Friday: 30 min. before 8; 1 hour before noon Mass.

PARISH OFFICE HOURS: Currently closed.

CLERGY

Parish Dominicans

Fr. Steven Maekawa, OP	Pastor
Fr. Dismas Sayre, OP	Parochial Vicar
Fr. Andy Opsahl, OP	Parochial Vicar
Fr. Gregory Tatum, OP	½ time Parochial Vicar
Br. Antony Cherian, OP	Residency Brother

Deacons

Deacon David E. Van Tuyl	Permanent Deacon
Deacon Gustavo Azpilcueta	Permanent Deacon

PAID AND UNPAID STAFF – contact at 907-276-3455

Toni Berkenbush	Director of Religious Education
Letha Flint	Administration
Bernardette Frost	Manager, St. Paul's Corner
Mary Beth Bragiel (P)	Operations Consultant
Darlene Perkins (P)	Bookkeeper
2 Dan Concepcion (P)	Maintenance

STEWARDSHIP OF TIME
Prayer and Study



EUCCHARISTIC ADORATION



“I adore Thee, Jesus, in the Blessed Sacrament, and with all my heart I wish to make myself a fitting temple for Thee. Come to me, O loving Jesus.”

- Saint Thomas Aquinas

Catechetics Corner

CCD classes are held at 830AM and 1045AM.

RCIA continues on Tuesday evenings at 7PM.

EUCCHARISTIC ADORATION

Friday, January 22, All Day Adoration. 830A – 8P.
Wednesdays and Fridays, from 7P to 8P.
It is also livestreamed on Holy Family’s facebook

**LITURGICAL SCHEDULE
AND MASS READINGS**

Jan 24 – Third Sunday in Ordinary Time. Jonah 3:1-5, 10; Psalm 25:4-9; 1 Corinthians 7:29-31; Mark 1:14-20.

Jan 25 – Feast of the Conversion of St. Paul, Apostle. Acts 22:3-16; Psalm 117:1bc, 2; Mark 16:15-18.

Jan 26 – Memorial of Saints Timothy and Titus, Bishops. 2 Timothy 1:1-8; Psalm 96:1-3, 7-8a, 10; Mark 3:31-35.

Jan 27 – Wednesday of the 3rd Week in Ordinary Time. Hebrews 10:11-18; Psalm 110:1-4; Mark 4:1-20.

Jan 28 – Memorial of Saint Thomas Aquinas, Priest and Doctor of the Church. Hebrews 10:19-25; Psalm 24:1-6; Mark 4:21-25.

Jan 29 – Friday of the 3rd Week in Ordinary Time. Hebrews 10:32-39; Psalm 37:3-6, 23-24, 39-40; Mark 4:26-34.

Jan 30 – Saturday of the 3rd Week in Ordinary Time. Hebrews 11:1-2, 8-19; “Psalm” Luke 1:69-75; Mark 4:35-41.

Jan 31 – Fourth Sunday in Ordinary Time. Deuteronomy 18:15-20; Psalm 95:1-2, 6-9; 1 Corinthians 7:32-35; Mark 1:21-28.



**JANUARY 22: DAY OF PRAYER FOR THE
LEGAL PROTECTION OF UNBORN CHILDREN**

Watch: The Value of Life
Listen: There is Life in the Womb
Read: The Walls are Talking

MASS INTENTIONS*

Jan 23	9A	+Ricardo Basila, Sr.
Saturday	530P	+Sandy Lopinsky
Jan 24	730A	+Betty Jerge
Sunday	930A	+Carole Frost
	12P	Geri Forbes
	2P	Nancy Doman
	4P	People of HF
	6P	+Jim Van Tuyl
Jan 25	8A	Ana and Krzysztof Szymanski
Monday	12P	+Fr. Tom Brundage
Jan 26	8A	
Tuesday	12P	+Dr. Robert Brodie
Jan 27	8A	
Wed.	12P	
	4P	
Jan 28	8A	
Thursday	12P	
Jan 29	8A	
Friday	12P	+Gale McCafferty
Jan 30	9A	Martha Biederbeck
Saturday	530P	
Jan 31	730A	Geri Forbes
Sunday	930A	
	12P	Luke Schnellbaecher
	2P	
	4P	
	6P	People of HF

*To request a Mass for a specific intention, please contact the office at frontdesk@holyfamilycathedral.org.

STEWARDSHIP OF TALENT

LITURGICAL MINISTERS – Jan 30-31

	Extraordinary Ministers	Lectors
January 30 530P	Priest or Brother	Toni Berkenbush
January 31 730A	Priest or Brother	Lee Garrett
930A	Jean Bennett	Glen Biegel
Noon	Marianne Berus	Steve Luna
6P	Peter Lang	Beth Kenney

Our English extraordinary minister and lector lists are very short. Please contact Marianne Berus at 248-4707 to volunteer or to reactivate your participation. It's a five star volunteer opportunity!



ST. PAUL'S CORNER
by the renewing of your mind...

WATCH THE WEBSITE FOR RESUMPTION OF REGULAR ACTIVITIES.

Call the store at 646-3070 to obtain current store information or to request items be held for you.



FROM A HEART OF GRATITUDE WE GIVE OUR
TALENT

Since we have gifts that differ according to the grace given to us, let us exercise them.

Parish Ministries and Groups

LITURGICAL MINISTRIES:

- Altar Servers** English. Deacon Dave, 885-9992
 Dominican Rite. Jason Fouch, 903-7965
 Spanish. Dulce Martinez, 339-7118
- Extraordinary Ministers of Holy Communion / Lectors**
 English. Marianne Berus, 248-4707
 Spanish. Lupe Ortega, 250-2027
- Liturgical Art & Environment** Florence Ward, 301-4613
- Music.** Music Coordinator: Letha Flint, 227-3201
 2P Spanish. Juan Ortega, 250-2027
 4P Schola. Mario Bird, 205-9390
 6P Choir. Liz Janezich, 947-8335
- Sacristans.** Weekdays and Saturday. Position open
- Ushers.** English Deacon Dave, 885-9992
 Spanish Jacobo, Carlos Sanchez

PRAYER:

- Adoration.** Katie Reed, 348-7300
- Centering Prayer.** English: Kess Frey, 338-2894
 Spanish: Cristina Azpilcueta, 903-6297
- El Shaddai.** Rowena Carrillo, 250-0823
- Llamas del Espiritu.** Griselda Martinez, 339-7118
- Prayer Line Requests.** Use the form on the website
- Legion of Mary, Junior.** Meyoung Wolfe, 360-0996
- Legion of Mary, Senior.** Liz Janezich, 947-8335

WORKS OF MERCY:

- St. Vincent de Paul.** Michael El-Khoury, 330-9637
- Homebound Ministry.** Paul Lariviere, 276-3074
- Pioneer Home.** Sheila Barrett, 334-9503
- Parish Nurses.** Office, 276-3455
- Prison Ministry.** Deacon Dave, 885-9992

SERVICE AND FELLOWSHIP:

- Knights of Columbus.** Bill Fasser, 907-903-3145
- Women of Holy Family.** Florence Ward, 301-4613
- Earth Angels.** Georgiann Young. gyoung3@ix.netcom.com
- Coffee & Donuts.** Bill Fasser, 907-903-3145
- Trail Life.** tlusatroop251@gmail.com
- Fellowship Dinners** fandjwright@gmail.com
- Adoration Guardians.** Katie Reed, 348-7300

EVANGELIZATION AND EDUCATION:

- Religious Education.** Toni Berkenbush, 646-3025
- St. Paul's Corner.** 646-3070
- Catholics Read book group.** 646-3070
- Project Rachel Healing after Abortion.** 297-7781
- Catholic Men for Life.** Dennis Deering, 258-0386
- Natural Family Planning.** www.aknfp.com
- Website/Parish App.** geolochner@gmail.com

ADMINISTRATION:

- Finance Council.** Joe Babka, 337-2335
- Parish Council.** Fr. Steven Maekawa, OP

STEWARDSHIP OF TREASURE

OFFERTORY

Offertory through January 17:	\$ 258,122
Offertory, January 17:	\$ 8,244
Cash and checks:	\$ 6,591
E-giving (29 households):	\$ 1,653
2 nd quarter report adjustment:	\$ 8,256

Is COVID-19 keeping you away from Mass? Consider becoming an e-giver. Your weekly parish donation may be made through the e-giving section of the church website, given to a priest at Mass, mailed to the office, or dropped in the mail slot at the 6th Avenue entrance.

**HOLY FAMILY FOOD DRIVE
DECEMBER: 1556 pounds of food; \$200
CAMPAIGN TO DATE:**

**4779 pounds (OVER 2 TONS!) of food and \$ 925!
K of C donation at 10 cents/pound: \$ 428.**

THANK YOU!

Email the Knights to help: olots4859@gmail.com

St. Francis House Food Pantry Wish List



St. Francis House Food Pantry is the largest client choice food pantry in the state of Alaska, providing about 100 families with an emergency supply of food daily, and at no cost to the client. Below you will find items the program is currently in need of.

Food Items

- | | |
|---|--|
| <input type="checkbox"/> Non-perishable food items | <input type="checkbox"/> Canned fruit |
| <input type="checkbox"/> Small boxes or new reusable bags | <input type="checkbox"/> Pasta and rice |
| <input type="checkbox"/> Breakfast foods | <input type="checkbox"/> Dry & canned proteins |
| | <input type="checkbox"/> Canned vegetables |

No opened food items or at home processed fish/game, please.

DROP OFF INFORMATION:

1. In the church vestibule when you come to Mass, or
2. At the back door of the Church Office from 10A – 2P Wednesday and Saturday.

**THANK YOU FOR SUPPORTING
ST. FRANCIS FOOD PANTRY.**



Rosary Sunday

DOMINICAN STUDENT APPEAL

To Date (1/11): \$ 104,165
126 Gifts; Average gift: \$ 827

Please give online at www.holyfamilycathedral.org or at www.opwest.org/rs or mail a gift to: Western Dominican Province 5877 Birch Court, Oakland, CA 94618.

THANK YOU!

One Bread, One Body
2020 Annual Catholic Appeal

OBOB. OVER THE TOP!

HOLY FAMILY ASSESSMENT: \$81,314
Week 34 paid and/or pledged: \$ 100,069; 123%
Participation: 123 households of 636; 19%
Average gift: \$ 813. Pledge balance: \$ 2,063

ALL donations over goal through March 31, 2021, are returned to Holy Family tax free for church projects and needs. Donations may be made by mail, given to a priest, or dropped in the office mail slot on 6th Avenue.



ARCHDIOCESE OF ANCHORAGE-JUNEAU

“We are brothers and sisters. Some might say: “But he is Protestant, he is Orthodox ...”. Yes, but we are all brothers and sisters in Christ.”

—Pope Francis, January 22, 2020



➔ A Prayer for Christian Unity

Holy Spirit, vivifying fire and gentle breath, come and abide in us.

Renew in us the passion for unity so that we may live in awareness of the bond that unites us in you.

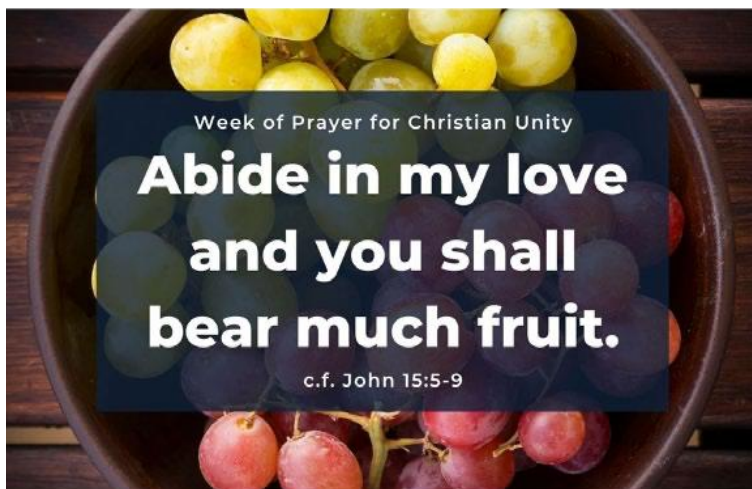
May all who have put on Christ in Baptism unite and bear witness together to the hope that sustains them.

Amen.



➔ Watch your mailbox!

This week, all registered households in the Archdiocese of Anchorage-Juneau will receive a letter from the Archbishop about the upcoming Catholic Schools Special Collection. We invite you to prayerfully consider how you can support this important ministry of our Archdiocese.



➔ Christian Unity: A Call to Hospitality

This excerpt is from Saturday's reflection during the Week of Prayer for Christian Unity (Jan. 18-25). The full text is on the Vatican website: christianunity.va

Scripture readings: Genesis 18:1-5 and Mark 6:30-44

“When we let ourselves be transformed by Christ, his love in us grows and bears fruit. Welcoming the other is a concrete way of sharing the love that is within us.

Throughout his life, Jesus welcomed those he met. He listened to them and let himself be touched by them without being afraid of their suffering.

In the gospel account of the multiplication of the loaves, Jesus is moved with compassion after seeing the hungry crowd. He knows that the entire human person must be nourished, and that he alone can truly satisfy the hunger for bread and the thirst for life. But he does not wish to do this without his disciples, without that little something they can give him: five loaves and two fish.

Even today he draws us to be co-workers in his unconditional care. Sometimes something as small as a kind look, an open ear, or our presence is enough to make a person feel welcome. When we offer our poor abilities to Jesus, he uses them in a surprising way.

We then experience what Abraham did, for it is by giving that we receive, and when we welcome others, we are blessed in abundance.”

LEARN MORE ONLINE:
aoaj.org

AROUND THE ARCHDIOCESE



In Kind Room: We need volunteers who can come in Monday mornings to help organize our in kind space and sort through new donations and create kits for people moving into housing. Contact Katie if you are interested at kgordon@cssalaska.org

Bundle of Joy: Every Friday from 10 - 2 families can come to CSS to pick up diapers, wipes, formula and other new donated baby items . We are in need of Similac formula, large size diapers, and unopened teething toys/pacifiers If you are interested in helping out, contact David at dtrenor@cssalaska.org

PROGRAM NEEDS

CLARE HOUSE needs: (Donations can be dropped off at 4110 Spenard Road, 7 days a week, 10a-6p)
Liquid detergent Shower curtains
White trash bags Bath soap
Toiletries: shampoo, conditioner, body wash,
Twin sheets Towels

HOMELESS FAMILY SERVICES needs:
(Donations can be dropped off at 3710 East 20th, Fridays, 9am – 4pm)
Bedding (new or gently used) Toilet paper
Twin Sheets (new or gently used) Cleaning supplies
Laundry detergent

MEDICAL RESPITE AT BROTHER FRANCIS SHELTER needs:
Herb seeds Pots Gardening tools

BROTHER FRANCIS SHELTER needs:
New hoodies New socks
Hand warmers Beanies (knit hats)
Blankets Coats
Reflective tape

SUPPORTIVE FAMILY SERVICES needs:
(Donations can be dropped off at 3710 East 20th on Fridays from 9a-4p)
Diapers sizes 4 5 & 6 Baby wipes

SAINT FRANCIS HOUSE FOOD PANTRY needs: (Donations can be dropped off at Holy Family before Mass or at the alley office entrance Mondays and Saturdays, 10A – 2P)
Canned fruits and veggies Canned protein
Salt, black pepper, garlic powder
Ketchup, mustard, sriracha sauce, Tabasco sauce
Vegetable oil, soy sauce
Medium plastic disposable gloves