



Holy Family Old Cathedral

ROMAN CATHOLIC ARCHDIOCESE OF ANCHORAGE-JUNEAU
The Most Reverend Andrew Bellisario, CM, Archbishop
Staffed by the Friars of the Dominican Province of the Most Holy Name of Jesus



PENTECOST

May 23, 2021

Act of Spiritual Communion St. Alphonsus de Liguori

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to you. Never permit me to be separated from You. Amen.



MASS SCHEDULE

*Livestreamed Masses, and in person

Sunday: 730 AM, *930 AM, 12 PM;
Spanish, 2 PM*; Dominican Rite, *4 PM; 6 PM
Monday - Friday: 8 AM, *12 noon
Wednesday: Dominican Rite, *4 PM
Saturday: *9 AM; Vigil 530 PM

- **CHURCH OPEN HOURS:** The Church is open 30 minutes before Masses except 1 hour before weekday noon Masses.
- **THE CRY ROOM CAN BE RESERVED** at all Masses for especially vulnerable parishioners – family groups or individuals. Call Deacon Dave at 646-3002 at least 48 hours in advance.

FROM FATHER STEVE

“Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit...” Acts 2:3

Today we celebrate the birthday of the Church. Happy Birthday! On birthdays it is natural to celebrate life and reflect upon gifts received. That’s why we have cake and give gifts – we value and love life. Often our hearts are filled with gratitude for things that in the moment we didn’t realize were blessings. To honor the Holy Spirit, let us do a birthday review of our good fortune.

- 1) The Holy Spirit is the spirit of the Father and Son. He is the third person of the Holy Trinity. He is God. He dwells in the followers of Jesus Christ. The work of the Spirit was evident in the Old Testament but never explicitly revealed, let alone conferred on one person.

United in Mission:
God’s Work, Our Hands

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CHURCH INFORMATION

- 2) The Holy Spirit is given to us in Baptism and Confirmation. Through the indwelling of the Holy Spirit in us, we are united to the Father and Son. Without the Holy Spirit, there is no Church – body of Christ – here on earth. Without the Holy Spirit there are no Sacraments.
- 3) We acknowledge the Holy Spirit every Sunday when we profess our faith with the Nicene Creed. (est. 325): “I believe in the Holy Spirit, the Lord the giver of life, who proceeds from the Father and the Son, who with the Father and Son is Adored and Glorified, who has spoken through the prophets.” Note how we attribute “life” to the Holy Spirit. The Father creates life. The Son redeems life by his death and resurrection. Their Spirit gives eternal life to those who have welcomed him into their life.
- 4) The Holy Spirit makes himself known in our lives through the gifts he brings: Wisdom, Knowledge, Understanding, Counsel, Fortitude, Piety and Fear of the Lord. These seven gifts are all very distinct from each other. It is very worthwhile to look up and read about these gifts. Together, these gifts of the Spirit do a lot. According to the old Baltimore Catechism: “The gifts of the Holy Spirit help us by making us more alert to discern and more ready to do the will of God.”

Today we have a lot to be thankful for. God has thought of everything when it concerns our redemption and well-being. Despite the challenges and evils in our world, we have, standing head and shoulders above all else, the great love of God who accompanies us every day. Even in the experience of suffering, we are united to Jesus on the Cross. We are united with him in the most intimate moment of his life. All of this is possible because the Holy Spirit is given to us and will be with us forever.

Parish News: This week we move to another phase of mitigation. Parishioners are welcome to wear masks. With regards to social distancing, the 5:30 pm Saturday Vigil Mass has structured social distancing with every other pew designated for seating. For the other Masses, the choir loft is designated for structured social distancing. The cry room can be reserved for all of the Masses. Please call the parish to make a reservation. This week Fr. Gregory is in Talkeetna and Trapper Creek.

Fr. Steve Maekawa, OP - Pastor

CONFESSIONS in the Ministry Center
M - F 1130A – 12P; Saturday 830A – 915A. Also, by appointment. Visit the website to contact individual friars. www.holyfamilycathedral.org or call 276-3455.

MASS INTENTIONS. Contact office at 276-3455 or email frontdesk@holyfamilycathedral.org.

VOTIVE CANDLES will be lit for your private intentions and your intention prayed for. Suggested donation: \$1 each. Email your intention(s) and name to frontdesk@holyfamilycathedral.org. Give your donation designated as “votive candles,” to a priest, mail to the Cathedral, or place in mail slot on 6th Avenue.

CHURCH OPEN HOURS

Saturday/Sunday: 30 minutes before Mass.
Monday - Friday: 30 min. before 8; 1 hour before noon Mass.

PARISH OFFICE HOURS: Currently closed.

ST. PAULS CORNER BOOKS AND GIFTS

Sundays, 1030A – 230P; Wednesdays, 11A – 2P.

CLERGY

Parish Dominicans

Fr. Steven Maekawa, OP	Pastor
Fr. Dismas Sayre, OP	Parochial Vicar
Fr. Andy Opsahl, OP	Parochial Vicar
Fr. Gregory Tatum, OP	½ time Parochial Vicar
Br. Antony Cherian, OP	Residency Brother

Deacons

Deacon David E. Van Tuyl	Permanent Deacon
Deacon Gustavo Azpilcueta	Permanent Deacon

PAID AND UNPAID STAFF – contact at 907-276-3455

Letha Flint	Administration
Bernardette Frost	Manager, St. Paul’s Corner
Cecilia Anastasia (P)	Bookkeeper
Mary Beth Bragiel (P)	Operations Consultant
Dan Concepcion (P)	Maintenance

STEWARDSHIP OF TIME

Prayer and Study

EUCHARISTIC ADORATION



The Eucharist thus appears as the culmination of all the sacraments in perfecting our communion with God the Father by identification with his only-begotten Son through the working of the Holy Spirit.” *Pope Saint John Paul II, Ecclesia de Eucharistic, 34*

EUCHARISTIC ADORATION
 Wednesdays. 7P – 8P.
 Fridays. 830A – 12P.

LITURGICAL SCHEDULE AND MASS READINGS

May 23 – Pentecost Sunday. Acts 2:1-11; Ps. 104:1, 24, 29-31, 34; 1 Corinthians 12:3b-7, 12-13; John 20:19-23.
May 24 – Memorial of the Blessed Virgin Mary, Mother of the Church. Genesis 3:9-15, 20; Psalm 87:1-3, 5-7; John 19:25-34.
May 25 – Tuesday of the Eighth Week in Ordinary Time. Sirach 35:1-12; Ps. 50:5-8, 14, 23; Mark 10:28-31.
May 26 – Memorial of Saint Philip Neri, Priest. Sirach 36:1-5a, 10-17; Psalm 79:8-9, 11, 13; Mark 10:32-45.
May 27 – Thursday of the Eighth Week in Ordinary Time. Sirach 42:15-25; Psalm 33:2-9; Mark 10:46-52.
May 28 – Friday of the Eighth Week in Ordinary Time. Sirach 44:1, 9-13; Psalm 149:1b-6a, 9b; Mark 11:11-26.
May 29 – Saturday of the Eighth Week in Ordinary Time. Sirach 51:12d-20; Psalm 19:8-11; Mark 11:27-33.
May 30 – Solemnity of the Most Holy Trinity. Deuteronomy. 4:32-34, 39-40; Psalm 33:4-6, 9, 18-20, 22; Romans 8:14-17; Matthew 28:16-20.

STEWARDSHIP OF TREASURE

OFFERTORY

Offertory through May 16: \$ 410,227
 Offertory May 16: \$ 15,259
 Cash and checks: \$ 12,993
 E-giving: \$ 2,266

Is COVID-19 keeping you away from Mass?
Consider becoming an e-giver, available on line. Or, your weekly parish donation may be given to a priest at Mass, mailed to the office, or dropped in the mail slot at the 6th Avenue entrance.



MASS INTENTIONS*

May 22	8A	Cook and Jones Families, L&D
Saturday	530P	+Sandra Lopinsky
May 23	730A	People of Holy Family
Sunday	930A	Rita Wichorek
	12P	Davon and Bryan Byers
	2P	+Ana Jesua Buitrago
	4P	+Rudy Berus
	6P	+Miriam Watanabe
May 24	8A	+Carole Frost
Monday	12P	Margaret Burns
May 25	8A	+Miriam Watanabe
Tuesday	12P	Br. Antony Augustine
May 26	8A	Paula Smith
Wed.	12P	Ginger Holder
	4P	+Sybil Skelton
May 27	8A	Joseph Donald
Thursday	12P	+Miriam Watanabe
May 28	8A	Gregory and Gemma Holder
Friday	12P	+Randall Grant Jones
May 29	9A	+Miriam Watanabe
Saturday	530P	Fr. Andy Opsahl, OP
May 30	730A	John Francis Forbes
Sunday	930A	People of Holy Family
	12P	Fr. Gregory Tatum, OP
	2P	+Joanna Miller
	4P	+Joseph Donald, Sr.
	6P	Fr. Dismas Sayre, OP

*To request a Mass for a specific intention, please contact the office at frontdesk@holyfamilycathedral.org.

2021 ANNUAL CATHOLIC APPEAL

United in Mission:
 God's Work, Our Hands

May 15 – June 20

GIVE SECURELY ONLINE
aoaj.org/pledge

Holy Family 2021 Assessment: \$84,500

STEWARDSHIP OF TALENT

LITURGICAL MINISTERS

Extraordinary Ministers

Lectors

May 29 530P	Peter Frost	Bernardette Frost
May 30 730A	Jerry Perkins	Lee Garrett
930A	Deacon Dave Van Tuyl	Helen Craig
Noon	Flor Maymi-Luna	Steve Luna
6P	Rowena Carrillo	Beth Kenney

Our English extraordinary ministers and lector lists are very short. Please contact Marianne Berus at 248-4707 to volunteer or to reactivate your participation. It's a five star volunteer opportunity!

HOMEBOUND COMMUNION

If you are interested in having Communion brought to your home, please email communion@holyfamilycathedral.org or call the parish office. Precautions will be taken due to COVID. If you know anyone who would be interested in this, please pass this information on to them.

CATHOLIC DAUGHTERS OF THE AMERICAS

Annual Raffle, June 5 – 6, Vestibule

All money raised goes directly back into our community for priests, seminarians, sisters, Beans Café, Covenant House, local Catholic schools, Clare House, St. Theresa's Camp, and more.

Tickets: \$5 or 5 for \$20.

Great prizes!

Drawing on June 12.

Please be generous. Thank you.



Holy Family Old Cathedral
811 W 6th Avenue, Anchorage, AK 99501
(907) 276-3455
frontdesk@holyfamilycathedral.org;
www.holyfamilycathedral.org

Parish Ministries and Groups

LITURGICAL MINISTRIES:

Altar Servers English. Deacon Dave, 885-9992
Dominican Rite. Jason Fouch, 903-7965
Spanish. Dulce Martinez, 339-7118

Extraordinary Ministers of Holy Communion / Lectors

English. Marianne Berus, 248-4707
Spanish. Lupe Ortega, 350-2667

Liturgical Art & Environment Florence Ward, 301-4613

Music. Music Coordinator: Letha Flint, 227-3201

2P Spanish. Juan Ortega, 250-2027

4P Schola. Mario Bird, 205-9390

6P Choir. Liz Janezich, 947-8335

Sacristans. Weekdays and Saturday. Position open

Ushers. English Deacon Dave, 885-9992

Spanish Jacobo, Carlos Sanchez

PRAYER:

Adoration. Katie Reed, 348-7300

Centering Prayer. English: Kess Frey, 338-2894

Spanish: Cristina Azpilcueta, 903-6297

El Shaddai. Rowena Carrillo, 250-0823

Llamas del Espiritu. Griselda Martinez, 339-7118

Prayer Line Requests. Use the form on the website

Legion of Mary, Junior. Meyoung Wolfe, 360-0996

Legion of Mary, Senior. Beth Konkol, 608-436-4660

WORKS OF MERCY:

St. Vincent de Paul. Michael El-Khoury, 330-9637

Homebound Ministry. Paul Lariviere, 276-3074

Pioneer Home. Sheila Barrett, 334-9503

Parish Nurses. Office, 276-3455

Prison Ministry. Deacon Dave, 885-9992

SERVICE AND FELLOWSHIP:

Knights of Columbus. Bill Fasser, 907-903-3145

Women of Holy Family. Florence Ward, 301-4613

Earth Angels. Georgiann Young. gyoung3@ix.netcom.com

Coffee & Donuts. Bill Fasser, 907-903-3145

Trail Life. tlusatroop251@gmail.com

Fellowship Dinners fandjwright@gmail.com

Adoration Guardians. Katie Reed, 348-7300

EVANGELIZATION AND EDUCATION:

Religious Education. Toni Berkenbush, 646-3025

St. Paul's Corner. 646-3070

Catholics Read book group. 646-3070

Project Rachel Healing after Abortion. 297-7781

Catholic Men for Life. Dennis Deering, 258-0386

Natural Family Planning www.aknfp.com

Website/Parish App. geolochner@gmail.com

ADMINISTRATION:

Finance Council. Joe Babka, 337-2335

Parish Council. Fr. Steven Maekawa, OP