



# Holy Family Old Cathedral

ROMAN CATHOLIC ARCHDIOCESE OF ANCHORAGE-JUNEAU  
The Most Reverend Andrew Bellisario, CM, Archbishop  
Staffed by the Friars of the Dominican Province of the Most Holy Name of Jesus



## *The Solemnity of the most Holy Body and Blood of Christ*

*June 6, 2021*

### *Act of Spiritual Communion*

*St. Alphonsus de Liguori*

*My Jesus, I believe that  
You are present in the  
Most Holy Sacrament. I  
love You above all things,  
and I desire to receive You  
into my soul. Since I  
cannot at this moment  
receive You  
sacramentally, come at  
least spiritually into my  
heart. I embrace You as if  
You were already there  
and unite myself wholly to  
you. Never permit me to  
be separated from You.  
Amen.*



### FROM FATHER STEVE

*"I am the living bread that came down from heaven;  
whoever eats this bread will live forever;" Jn 6:51*

On this Solemnity of the Body and Blood of Christ (Corpus Christi), no clearer words are said about the place, role and efficacy of the Eucharist, than by the Catechism of the Catholic Church:

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### MASS SCHEDULE

\*Livestreamed Masses, and in person

- Sunday:** 730 AM, \*930 AM, 12 PM;  
Spanish, 2 PM\*; Dominican Rite, \*4 PM; 6 PM
- Monday - Friday:** 8 AM, \*12 noon
- Wednesday:** Dominican Rite, \*4 PM
- Saturday:** \*9 AM; Vigil 530 PM

- **CHURCH OPEN HOURS:** The Church is open 30 minutes before Masses except 1 hour before weekday noon Masses.
- **THE CRY ROOM CAN BE RESERVED** at all Masses for especially vulnerable parishioners – family groups or individuals. Call Deacon Dave at 646-3002 at least 48 hours in advance.

**United in Mission:  
God's Work, Our Hands**

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"At the Last Supper, on the night he was betrayed, our Savior instituted the Eucharistic sacrifice of his Body and Blood. This he did in order to perpetuate the sacrifice of the cross throughout the ages until he should come again, and so to entrust to his beloved Spouse, the Church, a memorial of his death and resurrection: **a sacrament of love, a sign of unity, a bond of charity, a Paschal banquet 'in which Christ is consumed, the mind is filled with grace, and a pledge of future glory is given to us.'**" (1322)

The Eucharist is "the source and summit of the Christian life." "The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. **For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch.**" (1323)

At Christmas, we say that heaven and earth are reunited in the person of Jesus. The arrival of Jesus tells of the Father's intention to reunite fallen humanity to himself. This reunion comes to through his Cross and Resurrection. He sustains our communion with him through the sacraments of the Church and most profoundly through his Real Presence in the Eucharist.

How can the mind not be awed? How can the heart not be filled with joy and hope? In light of the Eucharist, how can we not ask the Lord: "what can I do to serve you more faithfully?" If there is an appropriate time in life to "Leap before you Look", it is before the Eucharist. God cannot be outdone in mercy. God cannot be outdone in fidelity. God cannot be outdone in love. There is nothing to lose when we go before the Eucharist and surrender our will and our life to Him. It is through the Eucharist that God will use us according to his truth, for his glory and our fulfillment here on earth and our eternal happiness in heaven.

This Friday, June 11, the Church will celebrate the Solemnity of the Sacred Heart of Jesus. This Solemnity emerged as a devotion in the faithful rooted in the Sacrament of the Eucharist. It focuses on contemplating the profound love of Jesus for humanity and is expressed through his heart that was wounded for our salvation. We will have Adoration and an Hour of Reparation before the Blessed Sacrament from 7-8pm on Friday.

As some home-work, look up Sr. Margaret Mary Alacoque and the 12 promises of Jesus to those who honor his Sacred Heart. The history of his revelation to her and the growth of this devotion is an inspiring example of how much the Lord desires our souls to be united with his.

Fr. Steve Maekawa, OP - Pastor

## !!! EVENTS !!!

6/6. Sunday. **CORPUS CHRISTI PROCESSION.** Courtyard. After 930A Mass.

6/8 Tuesday. **THE INCARNATION. SUMMER ADULT CATECHESIS.** Ministry Center. 7P.

6/11. Friday. **HOLY HOUR OF REPARATION.** 7P.

**YOUNG ADULT BARBECUE.** Contact Fr. Andy.

6/12. Saturday. **RALLY FOR THE IMMACULATE HEART OF MARY.** Courtyard. After 9A Mass.

6/13. Sunday. **COFFEE AND DONUTS.** Courtyard. After 930A and Noon Masses.

## CHURCH INFORMATION

**CONFESSIONS.** M - F 1130A – 12P; Sat. 830A – 915A.

Also, by appointment. Visit the website to contact individual friars. [www.holyfamilycathedral.org](http://www.holyfamilycathedral.org) or call 276-3455.

**MASS INTENTIONS.** Contact office at 276-3455 or email [frontdesk@holyfamilycathedral.org](mailto:frontdesk@holyfamilycathedral.org).

**VOTIVE CANDLES** may now be lit by parishioners.

### CHURCH OPEN HOURS

Saturday/Sunday: 30 minutes before Mass.

Monday – Friday: 730A – 830A and 11A – 1245P.

### PARISH OFFICE HOURS

Closed Mondays. Tuesday – Thursday, 9A – 4P.

And by appointment. Call 276-3455.

### ST. PAULS CORNER BOOKS AND GIFTS

Sundays, 1030A – 230P; Wednesdays, 11A – 2P.

### CLERGY

#### Parish Dominicans

Fr. Steven Maekawa, OP	Pastor
Fr. Dismas Sayre, OP	Parochial Vicar
Fr. Andy Opsahl, OP	Parochial Vicar
Fr. Gregory Tatum, OP	½ time Parochial Vicar
Br. Antony Cherian, OP	Residency Brother

#### Deacons

Deacon David E. Van Tuyl	Permanent Deacon
Deacon Gustavo Azpilcueta	Permanent Deacon
<b>PAID AND UNPAID STAFF</b>	Contact at 907-276-3455
Letha Flint	Administration/Music
Bernardette Frost	Manager, St. Paul's Corner
Cecilia Anastasia (P)	Bookkeeper
Mary Beth Bragiel (P)	Operations Consultant
Dan Concepcion (P)	Maintenance

## STEWARDSHIP OF TIME

### Prayer and Study

### EUCCHARISTIC ADORATION



“O Sacrament Most Holy,  
O Sacrament Divine!  
All praise and all  
thanksgiving  
be every moment Thine!”

**EUCCHARISTIC ADORATION**  
Wednesdays. 7P – 8P.  
Fridays. 830A – 12P.

### LITURGICAL SCHEDULE AND MASS READINGS

**June 6 – The Solemnity of the Most Holy Body and Blood of Christ.** Exodus 24:3-8; Psalm 116:12-13, 15-18; Hebrews 9:11-15; Mark 14:12-16, 22-26.

**June 7 – Monday of the Tenth Week in Ordinary Time.** 2 Corinthians 1:1-7; Ps. 34:2-9; Matthew 5:1-12.

**June 8 – Tuesday of the Tenth Week in Ordinary Time.** 2 Corinthians 1:18-22; Psalm 119:129-133, 135; Matthew 5:13-16.

**June 9 – Wednesday of the Tenth Week in Ordinary Time.** 2 Corinthians 3:4-11; Ps. 99:5-9; Matthew 5:17-19.

**June 10 – Thursday of the Tenth Week in Ordinary Time.** 2 Corinthians 3:14 – 4:1, 3-6; Psalm 85:9ab, 10-14; Matthew 5:20-26.

**June 11 – Solemnity of the Most Sacred Heart of Jesus.** Hosea 11:1, 3-4; 8c-9; “Psalm” Isaiah 12:2-6; Ephesians 3:8-12, 14-19; John 19:31-37.

**June 12 – Memorial of the Immaculate Heart of Mary.** 2 Corinthians 5:14-21; Psalm 103:1-4, 9-12; Luke 2:41-51.

**June 13 – Eleventh Sunday in Ordinary Time.** Ezekiel 17:22-24; Psalm 92:2-3, 13-16; Mark 4:26-34.



### MASS INTENTIONS\*

June 5	9A	Marian Jones
<b>Saturday</b>	<b>530P</b>	<b>+Margaret Nixon</b>
June 6	730A	+Miriam Watanabe
<b>Sunday</b>	<b>930A</b>	<b>+Rudy Berus</b>
	12P	People of Holy Family
	2P	+Andrelito Concepcion
	4P	Barbara Johnson
	6P	+Gregory Rendon
June 7	8A	+Sarah Ann Donald
<b>Monday</b>	<b>12P</b>	<b>+Mexican clergy who have died from Covid</b>
June 8	8A	+Miriam Watanabe
<b>Tuesday</b>	<b>12P</b>	<b>Healing of all addictions</b>
June 9	8A	Devotees of St. Jude
<b>Wed.</b>	<b>12P</b>	<b>+Helen Thompson</b>
	4P	+Antonio Villamides
June 10	8A	Grace Perez-Benzo
<b>Thursday</b>	<b>12P</b>	<b>+Miriam Watanabe</b>
June 11	8A	+Yvonne Williams
<b>Friday</b>	<b>12P</b>	<b>Rita Wichorek</b>
June 12	9A	Legion of Mary, Living and Deceased
<b>Saturday</b>	<b>530P</b>	<b>Volunteers at St. Paul's Corner</b>
June 13	730A	John Francis Forbes
<b>Sunday</b>	<b>930A</b>	<b>Rita Wichorek</b>
	12P	+Miriam Watanabe
	2P	People of Holy Family
	4P	Boelter, Tett, and Crowley Families, L&D
	6P	Kathy Arndt

\*To request a Mass for a specific intention, please contact the office at [frontdesk@holyfamilycathedral.org](mailto:frontdesk@holyfamilycathedral.org).

## STEWARDSHIP OF TREASURE

### OFFERTORY

Offertory through May 30: \$ 429,095

Offertory May30: \$ 11,734

Cash and checks: \$ 6,188

E-giving: \$ 5,546

**Is COVID-19 keeping you away from Mass?**  
**Consider becoming an e-giver, available on line.** Or, your weekly parish donation may be given to a priest at Mass, mailed to the office, or dropped in the mail slot at the 6<sup>th</sup> Avenue entrance.

2021 ANNUAL CATHOLIC APPEAL

United in Mission:  
God's Work, Our Hands

May 15 – June 20

GIVE SECURELY ONLINE

[aoaj.org/pledge](http://aoaj.org/pledge)

Holy Family 2021 Assessment: \$84,500

## STEWARDSHIP OF TALENT

### LITURGICAL MINISTERS

#### Extraordinary Ministers

#### Lectors

June 12		
530P	Peter Frost	Sr. Josephine Aloralrea
June 13		
730A	Jerry Perkins	Gena Columbus
930A	Deacon Dave Van Tuyl	Jean Bennett
Noon	Steve Luna	Flor Maymi-Luna
6P	Peter Lang	Rowena Carrillo

Our English extraordinary ministers and lector lists are very short. Please contact Marianne Berus at 248-4707 to volunteer or to reactivate your participation. It's a five star volunteer opportunity!



### FRIARS' FEST

After COVID and construction.  
July 31 in the Courtyard.  
Join us for a group photo at 1P.  
Full day of food, entertainment, games.  
To help, call Kerry: 230-4726.

### HOMEBOUND COMMUNION

If you or someone you know is interested in having Communion brought to a home, please email [communion@holycathedral.org](mailto:communion@holycathedral.org) or call the parish office. Precautions will be taken due to COVID.

### CATHOLIC DAUGHTERS OF THE AMERICAS ANNUAL RAFFLE

**Tickets: After Masses, June 5 – 6, Vestibule**

All money raised goes directly back into our community for priests, seminarians, sisters, Beans Café, Covenant House, local Catholic schools, Clare House, St. Theresa's Camp, and more. Tickets: \$5 or 5 for \$20.

Drawing on June 12. Great prizes!  
Please be generous. Thank you.



Holy Family Old Cathedral  
811 W 6th Avenue, Anchorage, AK 99501  
(907) 276-3455

[frontdesk@holycathedral.org](mailto:frontdesk@holycathedral.org)  
[www.holycathedral.org](http://www.holycathedral.org)

## Parish Ministries and Groups

### LITURGICAL MINISTRIES:

**Altar Servers** English. . . . . Deacon Dave, 885-9992  
Dominican Rite. . . . . Jason Fouch, 903-7965  
Spanish. . . . . Dulce Martinez, 339-7118  
**Extraordinary Ministers of Holy Communion / Lectors**  
English. . . . . Marianne Berus, 248-4707  
Spanish. . . . . Lupe Ortega, 350-2667  
**Liturgical Art & Environment** Florence Ward, 301-4613  
**Music.** Music Coordinator: . . . . . Letha Flint, 227-3201  
2P Spanish. . . . . Juan Ortega, 250-2027  
4P Schola. . . . . Mario Bird, 205-9390  
6P Choir. . . . . Liz Janezich, 947-8335  
**Sacristans.** Weekdays and Saturday. . . . . Position open  
**Ushers.** English . . . . . Deacon Dave, 885-9992  
Spanish . . . . . Jacobo, Carlos Sanchez

### PRAYER:

**Adoration.** . . . . . Katie Reed, 348-7300  
**Centering Prayer.** . . . . . English: Kess Frey, 338-2894  
Spanish: Cristina Azpilcueta, 903-6297  
**El Shaddai.** . . . . . Rowena Carrillo, 250-0823  
**Llamas del Espiritu.** . . . . . Griselda Martinez, 339-7118  
**Prayer Line Requests.** . . . . . Use the form on the website  
**Legion of Mary, Junior.** . . . . . Meyoung Wolfe, 360-0996  
**Legion of Mary, Senior.** . . . . . Beth Konkol, 608-436-4660

### WORKS OF MERCY:

**St. Vincent de Paul.** . . . . . Michael El-Khoury, 330-9637  
**Homebound Ministry.** . . . . . Paul Lariviere, 276-3074  
**Pioneer Home.** . . . . . Sheila Barrett, 334-9503  
**Parish Nurses.** . . . . . Office, 276-3455  
**Prison Ministry.** . . . . . Deacon Dave, 885-9992

### SERVICE AND FELLOWSHIP:

**Knights of Columbus.** . . . . . Bill Fasser, 907-903-3145  
**Women of Holy Family.** . . . . . Florence Ward, 301-4613  
**Earth Angels.** . . . . . Office, 276-3455  
**Coffee & Donuts.** . . . . . Bill Fasser, 907-903-3145  
**Trail Life.** . . . . . [tlusatroop251@gmail.com](mailto:tlusatroop251@gmail.com)  
**Fellowship Dinners** . . . . . [fandjwright@gmail.com](mailto:fandjwright@gmail.com)  
**Adoration Guardians.** . . . . . Katie Reed, 348-7300

### EVANGELIZATION AND EDUCATION:

**Religious Education.** . . . . . Office, 276-3455  
**St. Paul's Corner.** . . . . . 646-3070  
**Catholics Read book group.** . . . . . 646-3070  
**Project Rachel Healing after Abortion.** . . . . . 297-7781  
**Catholic Men for Life.** . . . . . Dennis Deering, 258-0386  
**Natural Family Planning.** . . . . . [www.aknfp.com](http://www.aknfp.com)  
**Website/Parish App.** . . . . . [geolochner@gmail.com](mailto:geolochner@gmail.com)

### ADMINISTRATION:

**Finance Council.** . . . . . Joe Babka, 337-2335  
**Parish Council.** . . . . . Fr. Steven Maekawa, OP, 276-3455