



Holy Family Old Cathedral

ROMAN CATHOLIC ARCHDIOCESE OF ANCHORAGE-JUNEAU
The Most Reverend Andrew Bellisario, CM, Archbishop
Staffed by the Friars of the Dominican Province of the Most Holy Name of Jesus



WELCOME TO HOLY FAMILY OLD CATHEDRAL ON THE *26th Sunday in Ordinary Time* September 26, 2021



Feast of Saints Michael, Gabriel and Raphael, Archangels. September 29.

THIS WEEK

- 9/26. Sunday. CCD. Grades 7-10: 845A -920A; Grades 1-6:1045A-1145A.
- 9/27. Monday. **ANGELS IN THE BIBLE.** Zoom Bible study. 7P. Deacon Dave, 885-9992.
- 9/28. Tuesday. **RCIA.** Salvation History. Ministry Center. 7P.
- 9/29. Wednesday. **THE ARCHANGELS DEPICTED IN ART.** Dr. Walters. Ministry Center. 7P.
- 9/30 **ST. PAUL'S INVENTION** of the Holy Spirit. All volunteers welcome. 646-3070. 10A - 11A

CANCELED

MASS SCHEDULE

- *Livestreamed Masses, and in person
- Sunday:** 730 AM, *930 AM, 12 PM; Spanish, *2 PM; Dominican Rite, *4 PM; 6 PM
- Monday - Friday:** 8 AM, 12 noon
- Wednesday:** Dominican Rite, 4 PM
- Saturday:** 9 AM; Vigil 530 PM

PASTOR'S CORNER

"If your hand causes you to sin, cut it off. It is better for you to enter into life maimed than with two hands to go into Gehenna, into the unquenchable fire. And if your foot causes you to sin, cut it off. It is better for you to enter into life crippled than with two feet to be thrown into Gehenna." Mark 9:44

Continued on next page

Stephen Covey's "7 Habits of Highly Effective People" was published over 30 years ago. Since then, over 25 million copies have been sold. Businesses, schools, government institutions have all used the book and his workshops to improve workplace efficiency. Many more individuals have read the book on their own for self-improvement.

Covey's second habit, "Have the end in mind," is what our Gospel is about today. Jesus says the pains caused today by turning away from sin will not be as terrible as tomorrow's loss of heaven. Having the end in mind means one is willing to endure hardship and struggle so that the future good can be attained.

In the Catholic life, this isn't just a delayed gratification. As great and tremendous as Heaven is and will be, the struggle with and the overcoming of sins results in a happiness of the soul now. This happiness, because it is rooted in God, is deep and lasting, even in times of hardship and continuing life difficulties. God doesn't always give us what we ask for but will provide for us what we truly need.

Let's take a closer look at our Gospel today. Jesus uses very violent imagery of self-mutilation, the cutting off hand and foot and the poking out of an eye, to communicate how one must turn away from sin no matter how attached to it they are. A person would not feel themselves complete without it. To break such attachments would feel like the loss of an eye, foot or hand. He says that it is better to feel like one has lost a part of themselves, the sinful part, than to allow that sin to drag them down to hell.

We use the term addiction a lot in our society. In most ways this is good. For it is better for people to realize that drugs, alcohol, sex, gambling, food, and other things can have such a dominating presence in life that they destroy relationships and make life unmanageable. The virtues of faith, hope and love, become obscured and unattainable because of the attachment / addiction.

Those who suffer from addictions and have navigated through recovery often refer to themselves as "in recovery" even years after they last fell to the sin. It is as if to say that the temptation and dire road of their addiction is always a possibility. They must choose to live healthy and strive for virtue. The path of recovery is a difficult one. Those who choose it have a profound understanding of having the end in mind. They also have a profound experience of God's love for them and the blessings one can receive from Jesus today.

This week please pray for those who struggle with addictions, and their families. May they be fortified with the courage, wisdom, humility and love of our Lord Jesus. May they find hope and a guiding light in the promises of Christ.

Fr. Steve Maekawa, OP - Pastor



"The Archangels Depicted in Art"

Dr. Laura Walters
 Wednesday
 September 29, 7P
 Ministry Center

CHURCH INFORMATION

CONFESSIONS

M - F 1130A – 12P; Sat. 830A – 915A. Also, by appointment. Visit the website to contact individual friars. www.holyfamilycathedral.org or call 276-3455.

MASS INTENTIONS

Contact office at 276-3455 or email frontdesk@holyfamilycathedral.org.

PRAYER REQUESTS

Call the office at 276-3455.

OPTIONS FOR VULNERABLE PARISHIONERS

The cry room can be reserved at all Masses for especially vulnerable parishioners – family groups or individuals. Call Deacon Dave at 646-3002 at least 48 hours in advance.

CHURCH OPEN HOURS

30 minutes before Masses; one hour before weekday noon Mass.

PARISH OFFICE HOURS

Tuesday – Thursday, 10A - 4P. Closed Mondays and Fridays. And by appointment. Call 276-3455.

ST. PAULS CORNER BOOKS AND GIFTS

Sundays, 1030A – 230P; Wednesdays, 11A – 2P.

CLERGY

Parish Dominicans

Fr. Steven Maekawa, OP	Pastor
Fr. Dismas Sayre, OP	Parochial Vicar
Fr. Andrew Opsahl, OP	Parochial Vicar
Br. Benedict Mary Bartsch, OP	Residency Brother

Deacons

Deacon David E. Van Tuyl	Permanent Deacon
Deacon Gustavo Azpilcueta	Permanent Deacon

Paid and Unpaid Staff

Peter Alvarez (P)	Rel. Education Coordinator	Contact at 276-3455
Mary Beth Bragiel (P)	Operations Consultant	
Dan Concepcion (P)	Maintenance	
Letha Flint	Administration/Music	
Bernardette Frost	Manager, St. Paul's Corner	
Darlene Perkins (P)	Bookkeeper	

Holy Family Old Cathedral
 811 W 6th Avenue, Anchorage, AK 99501
 (907) 276-3455
frontdesk@holyfamilycathedral.org;
www.holyfamilycathedral.org

STEWARDSHIP OF TIME
Prayer and Study



EUCCHARISTIC ADORATION



“Friends, do not be afraid of silence or stillness, listen to God, adore him in the Eucharist.”

Pope Benedict XVI

EUCCHARISTIC ADORATION
Wednesdays. 7P – 8P.
Fridays. 830A – 12P.
First Fridays. 830A – 8P.

ADORERS NEEDED. Contact Katie Reed at 348-7300.

LITURGICAL SCHEDULE AND MASS READINGS

Sept. 26 – Twenty-Sixth Sunday in Ordinary Time. Numbers 11:25-29; Psalm 19:8, 10,12-14; James 5:1-6.
Sept. 27 – Memorial of Saint Vincent de Paul, Priest. Zechariah 8:1-8; Ps. 102:16-21, 29, 22-23; Luke 9:46-50.
Sept. 28 – Tuesday of the 26th Week in Ordinary Time. Zechariah 8:20-23; Psalm 87:1b-7; Luke 9:51-56.
Sept. 29 – Feast of Saints Michael, Gabriel and Raphael, Archangels. Daniel 7:9-10, 13-14; Psalm 138:1-5; John 1:47-51.
Sept. 30 – Memorial of Saint Jerome, Priest and Doctor of the Church. Nehemiah 8:1-12; Psalm 19:8-11; Luke 10:1-12.
Oct. 1 – Friday of the 26th Week in Ordinary Time. Baruch 1:15-22; Psalm 79:1b-5, 8-9; Luke 10:13-16.
Oct. 2 – Memorial of the Holy Guardian Angels. Baruch 4:5-12, 27-29; Ps. 69:33-37; Matthew 18:1-5, 10
Oct. 3 – Memorial of Saint Theres of the Child Jesus, Virgin and Doctor of the Church. Baruch 1:15-22; Psalm 79:1b-5, 8-9; Luke 10:13-16.

STEWARDSHIP OF TREASURE;

OFFERTORY

FY22 Offertory through September 19:	\$154,891
Offertory September 19:	\$10,317
Cash and checks:	\$7,643
E-giving:	\$2,674
Central and Eastern Europe:	\$ 1,181
Haiti Disaster Relief:	\$ 1,156

MASS INTENTIONS*

Sept. 25	9A	Cook and Jones Families, L&D
Saturday	530P	+Walter Lopinsky
Sept. 26	730A	John and Mary Hallinan
Sunday	930A	+Jim Van Tuyl
	12P	+Arthur Striebich
	2P	Fr. Gregory Tatum, OP
	4P	People of Holy Family
	6P	Dorothy Janezich
Sept. 27	8A	Healing of all divisions
Monday	12P	Greg Bragiel
Sept. 28	8A	+Veronica Angui Tangwon
Tuesday	12P	Faustina Syzdek
Sept. 29	8A	+Prescott Tevgii Ayangwo
Wed.	12P	
	4P	+Nicole Kintz
Sept. 30	8A	Priest intention
Thursday	12P	Priest intention
Oct. 1	8A	Michael and Chris Tett
Friday	12P	Dr. Herman Ellenberg
Oct. 2	9A	Marian Jones
Saturday	530P	
Oct. 3	730A	
Sunday	930A	
	12P	Fr. Gregory Tatum. OP
	2P	
	4P	
	6P	People of Holy Family

*To request a Mass for a specific intention, please contact the office at frontdesk@holyfamilycathedral.org.

2021 ANNUAL CATHOLIC APPEAL – WEEK 12

United in Mission:
God's Word in Our Hands

NO RECENT UPDATES

GIVE SECURELY ONLINE: aoaj.org

Holy Family 2021 Assessment: \$ 84,500
 Received to date: \$28,069
 Pledge balance: \$6,846. Balance: \$49,585
 Gifts: 45 households of 637; \$776 average

STEWARDSHIP OF TALENT

LITURGICAL MINISTERS

Extraordinary Ministers Lectors

October 2 530P	Bernardette Frost	Nancy Wingate
October 3 730A	Jerry Perkins	Marissa Hanson
930A	Jean Bennett	Ted Gianoutsos
Noon	Deacon Dave Van Tuyl	Arlene Chico
6P	Letha Flint	Bob Flint

Our English extraordinary ministers and lector lists are very short. Please contact Marianne Berus at 248-4707 to volunteer or to reactivate your participation.



ST. PAUL'S CORNER

..be transformed by the renewing of your mind...

FRIENDS OF ST. PAUL'S CORNER. A volunteer group to help out when scheduled volunteers are not available. Call the store if you can help. 646-3070.

FOOD DRIVE REBOOT

Please bring non-perishable food items to the bin at the back of the church, St Therese at the front, or to the office.

AFGHAN REFUGEES

The Refugee Assistance and Immigration Services (RAIS) program will be welcoming 50-100 Afghan evacuees to Alaska. These evacuees will be arriving in Alaska from September to March.

How You Can Help:

Visit www.cssalaska.org/afghanrelief for details:

Encouragement: send card and messages of hope to Afghan Evacuees c/o CSS 3710 East 20th Ave. Anchorage, AK 99508

Donate: donate funds to RAIS at cssalaska.org/donate. Select "Afghan Relief" from the drop down menu. You can also donate gift cards and select household goods. Mail to RAIS c/o CSS 3710 E 20th Ave. Contact Celeste Earley at cearley@cssalaska.org to learn more.

Fill Homes: Shop the RAIS Amazon Wishlist to get needed household items to Afghan Evacuees.

Contact Nick Leone at nleone@cssalaska.org for information on in-kind donations.

https://smile.amazon.com/hz/charitylist/ls/31UWW3ISOWOC/ref=smi_cl_lol_lis1_ls1

Parish Ministries and Groups

LITURGICAL MINISTRIES:

Altar Servers English. Deacon Dave, 885-9992
Dominican Rite. Jason Fouch, 903-7965
Spanish. Dulce Martinez, 339-7118

Extraordinary Ministers of Holy Communion / Lectors
English. Marianne Berus, 248-4707
Spanish. Lupe Ortega, 350-2667

Liturgical Art & Environment Florence Ward, 301-4613
Music. Music Coordinator: Letha Flint, 227-3201
2P Spanish. Juan Ortega, 250-2027
4P Schola. Mario Bird, 205-9390
6P Choir. Liz Janezich, 947-8335

Ushers. English Deacon Dave, 885-9992
Spanish Jacobo, Carlos Sanchez

PRAYER:

Adoration. Katie Reed, 348-7300
Centering Prayer. English: Kess Frey, 338-2894
Spanish: Cristina Azpilcueta, 903-6297

El Shaddai. Rowena Carrillo, 250-0823
Llamas del Espiritu. Griselda Martinez, 339-7118
Prayer Line Requests. Use the form on the website
Legion of Mary, Junior. Meyoung Wolfe, 360-0996
Legion of Mary, Senior. Office, 276-3455

WORKS OF MERCY:

St. Vincent de Paul. Richard Whitney, 330-9637
Homebound Ministry. Paul Lariviere, 276-3074
Pioneer Home. Sheila Barrett, 334-9503
Parish Nurses. Office, 276-3455
Prison Ministry. Deacon Dave, 885-9992

SERVICE AND FELLOWSHIP:

Knights of Columbus. Bill Fasser, 907-903-3145
Women of Holy Family. Florence Ward, 301-4613
Earth Angels. Office, 276-3455
Coffee & Donuts. Bill Fasser, 907-903-3145
Trail Life. tlusatroop251@gmail.com
Adoration Guardians. Katie Reed, 348-7300

EVANGELIZATION AND EDUCATION:

Religious Education. Peter Alvarez, 276-3455
St. Paul's Corner. 646-3070
Catholics Read book group. 646-3070
Project Rachel Healing after Abortion. 297-7781
Catholic Men for Life. Dennis Deering, 258-0386
Natural Family Planning. www.aknfp.com
Website/Parish App. geolochner@gmail.com

ADMINISTRATION:

Finance Council. Joe Babka, 337-2335
Parish Council. Fr. Steven Mackawa, OP, 276-3455