

Keeping Safe and Healthy as We Worship during the Pandemic

With the rise in Covid 19 cases, here's a brief review of the regulations we have in place at SSPP for the health of us all. At Mass:

1. **Our ushers help us** observe our precautions so we can remain safe and stay open. Please allow them to guide you, especially when entering the church, receiving Communion, and exiting.
2. Everyone (over the age of two) who wishes to celebrate Mass in person must **wear a mask** at all times. Please be sure your mask covers both your nose and mouth.
3. **Social distancing is essential.** Keep six feet between yourself and the person in front of you while in line for Communion. Maintain six feet of distance in the pews unless you are seated with members of your own household. When exiting the church, keep social distance.
4. **When receiving Communion,** approach and receive Our Lord only in the hand with your mask in place. Then, step to the side, remove your mask, and consume Our Lord. Finally, replace your mask and proceed to your pew by the side aisle while keeping proper social distance.
5. **For those in the small side pews,** please proceed through the center pew and up main aisle of the church to receive Communion. Return to your pew via the side aisle. This will ensure a one-way flow of traffic.
6. After the celebrant has left the sanctuary at the end of Mass, **exit row by row starting from the back** to avoid congestion in the vestibules. Again, maintain social distance.

After all these long, stressful months and with a vaccine in sight, it can be tough to remain vigilant, but let's be especially respectful of everyone's health, including our own.