Prayer to Saint Rita of Cascia

O HOLY PATRONESS of those in need, St. Rita, whose pleadings before thy Divine Lord are almost irresistible, who for they lavishness in granting favors hast been called the Advocate of the Hopeless and even of the Impossible; St. Rita, so humble, so pure, so mortified, so patient and of such compassionate love for thy Crucified Jesus that thou couldst obtain from Him whatsoever thou askest, on account of which all confidently have recourse to thee, expecting, if not always relief, at least comfort; be propitious to our petition, showing thy power with God on behalf of thy suppliant; be lavish to us, as thou hast been in so many wonderful cases, for the greater glory of God, for the spreading of thine own devotion, and for the consolation of those who trust in thee. We promise, if our petition is granted, to glorify thee by making known thy favor, to bless and sing thy praises forever. Relying then upon thy merits and power before the Sacred Heart of Jesus, we pray thee grant that (here mention your request).

Obtain for us our request
by the singular merits of thy childhood,
by thy perfect union with the Divine Will,
by thy heroic sufferings during thy married life,
by the consolation thou didst experience at the conversion of thy husband,
by the sacrifice of thy children rather than see them grievously offend God,
by thy miraculous entrance into the convent,
by thy severe penances and thrice daily bloody scourgings,
by the suffering caused by the wound thou didst receive from the thorn of thy Crucified Saviour,
by the divine love which consumed thy heart,
by that remarkable devotion to the Blessed Sacrament, on which alone thou didst exist for four years,
by the happiness with which thou didst part from thy trials to join thy Divine Spouse,
by the perfect example thou gavest to people of every state of life,
Pray for us, O holy St. Rita, that we may be made worthy of the promises of Christ.

Let us Pray
O God, Who in Thine infinite tenderness hast vouchsafed to regard the prayer of Thy servant, Blessed Rita, and dost grant to her supplication that which is impossible to human foresight, skill and efforts, in reward of her compassionate love and firm reliance on Thy promise, have pity on our adversity and succor us in our calamities, that the unbeliever may know Thou art the recompense of the humble, the defense of the helpless, and the strength of those who trust in Thee, through Jesus Christ Our Lord. Amen.

Pray for us, Saint Rita, and assist us in our need, that we may face all seemingly impossible tasks with patience and courage.
Daughter of Antonio and Amata Lotti; known as Peacemakers of Jesus, they had Rita late in life. From her early youth, Rita visited the Augustinian nuns at Cascia, and showed interest in a religious life. However, when she was twelve, her parents betrothed her to Paolo Mancini, an ill-tempered, abusive individual who worked as town watchman, and was dragged into the political disputes of the Guelphs and Ghibellines. Disappointed but obedient, Rita married him when she was 18, and was the mother of twin sons.

She put up with Paolo’s abuses for eighteen years before he was ambushed and stabbed to death. Her sons swore vengeance on their father’s killers, but through Rita’s prayers and interventions, they forgave the offenders.

Upon the deaths of her sons, Rita again felt the call to religious life. However, some of the sisters at the Augustinian monastery were relatives of her husband’s assassins, and she was denied entry for fear of causing dissension. Asking for the intervention of Saint John the Baptist, Saint Augustine of Hippo, and Saint Nicholas of Tolentino, she managed to bring the warring factions together, not completely, but sufficiently that there was peace, and she was admitted to the monastery of Saint Mary Magdalen at age 36.

Rita lived 40 years in the convent, spending her time in prayer and charity, and working for peace in the region. She was devoted to the Passion, and in response to a prayer to suffer as Christ, she received a chronic head wound that appeared to have been caused by a crown of thorns, and which bled for 15 years.

Confined to her bed the last four years of her life, eating little more than the Eucharist, teaching and directing the younger sisters. Near the end she had a visitor from her home town who asked if she’d like anything; Rita’s only request was a rose from her family’s estate. The visitor went to the home, but it being January, knew there was no hope of finding a flower; there, sprouted on an otherwise bare bush, was a single rose blossom.

Among the other areas, Rita is well-known as a patron of desperate, seemingly impossible causes and situations. This is because she has been involved in so many stages of life - wife, mother, widow, and nun, she buried her family, helped bring peace to her city, saw her dreams denied and fulfilled - and never lost her faith in God, or her desire to be with Him. St. Rita’s body remains as it was when she died, it has not become corrupted – she appears as in a sound sleep. The virtues that made St. Rita particularly pleasing to God were love of neighbor and devotion to Jesus Christ Crucified. These two virtues contain all the wisdom of Christianity which God asks of us all.

Born: 1386 at Roccaparena, Umbria, Italy
Died: 22 May 1457 at the Augustinian convent at Cascia.