



3PM HOUR OF MERCY PRAYER

with the Sisters of Divine Mercy



V: You expired Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

All: *O Fountain of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.*

V: O Blood and Water which gushed forth from the Heart of Jesus
as a fount of Mercy for us, } (3x)

All: *I trust in You.*

V: Mary, Mother of Mercy and our Mother,

All: *Pray for us.*

V: Saint Faustina and Saint John Paul II

All: *Pray for us.*

— ACT OF ENTRUSTMENT OF THE DESTINY OF THE WORLD —

All:

O God, merciful Father, Who has revealed Your love in Your Son, Jesus Christ, and has poured it out upon us in the Holy Spirit, the Comforter. We entrust to You today the destiny of the world and of every man and woman.

Bend down to us sinners, heal our weaknesses, conquer all evil, and grant that all the inhabitants of the earth may experience Your mercy. May they always find the source of hope in You, the Triune God.

Eternal Father, for the sake of the sorrowful Passion, and the Resurrection of Your Son, have mercy on us and on the whole world. Amen.

(Saint John Paul II entrusted the destiny of the world to the Divine Mercy
on August 17, 2002 in Kraków Łagiewniki)

— PRAYER FOR THE GRACE TO BE MERCIFUL TO OTHERS —

(Diary 163)

V: O Most Holy Trinity! As many times as I breathe, as many times as my heart beats, as many times as my blood pulsates through my body, so many thousand times do I want to glorify Your mercy.

All: I want to be completely transformed into Your mercy and to be Your living reflection, O Lord. May the greatest of all divine attributes, that of Your unfathomable mercy, pass through my heart and soul to my neighbor.

V: Help me, O Lord, that my eyes may be merciful, so that I may never suspect or judge from appearances, but look for what is beautiful in my neighbors' souls and come to their rescue.

All: Help me, that my ears may be merciful, so that I may give heed to my neighbors' needs and not be indifferent to their pains and moanings.

V: Help me, O Lord, that my tongue may be merciful, so that I should never speak negatively of my neighbor, but have a word of comfort and forgiveness for all.

All: Help me, O Lord, that my hands may be merciful and filled with good deeds, so that I may do only good to my neighbors and take upon myself the more difficult and toilsome tasks.

V: Help me, that my feet may be merciful, so that I may hurry to assist my neighbor, overcoming my own fatigue and weariness. My true rest is in the service of my neighbor.

All: Help me, O Lord, that my heart may be merciful so that I myself may feel all the sufferings of my neighbor. I will refuse my heart to no one. I will be sincere even with those who, I know, will abuse my kindness. And I will lock myself up in the most merciful Heart of Jesus. I will bear my own suffering in silence. May Your mercy, O Lord, rest upon me.

V: You Yourself command me to exercise the three degrees of mercy. The first: the act of mercy, of whatever kind. The second: the word of mercy — if I cannot carry out a work of mercy, I will assist by my words. The third: prayer — if I cannot show mercy by deeds or words, I can always do so by prayer. My prayer reaches out even there where I cannot reach out physically.

All: O my Jesus, transform me into Yourself, for You can do all things. Amen.

— PRAYER FOR PRIESTS —

All:

O Jesus, I pray for your faithful and fervent priests; for your unfaithful and tepid priests; for your priests laboring at home or abroad in distant mission fields; for your tempted priests; for your lonely and desolate priests; for your young priests; for your dying priests; for the souls of your priests in Purgatory.

But above all, I recommend to you the priests dearest to me: the priest who baptized me; the priests who've absolved me from my sins; the priests at whose Masses I've assisted and who've given me Your Body and Blood in Holy Communion; the priests who've taught and instructed me; all the priests to whom I am indebted in any other way.

O Jesus, keep them all close to your heart, and bless them abundantly in time and eternity. Amen

— LITANY —

Lord, have mercy on us; *Lord, have mercy on us.*
Christ, have mercy on us; *Christ, have mercy on us.*
Lord, have mercy on us: *Lord, have mercy on us.*
Christ, hear us; *Christ, graciously hear us.*

God, the Father of heaven, *have mercy on us.*
God, the Son, Redeemer of the world, *have mercy on us.*
God, the Holy Spirit, *have mercy on us.*
Holy Trinity, One God, *have mercy on us.*

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Lamb of God, who take away the sins of the world,
Spare us, O Lord,
Lamb of God, who take away the sins of the world,
Graciously hear us, O Lord,
Lamb of God, who take away the sins of the world,
Have mercy on us.

I fly to Your mercy, Compassionate God, Who alone are good. Although my misery is great and my offenses are many, I trust in Your mercy because You are the God of Mercy, and it has never been heard of in all ages, nor do heaven or earth remember, that a soul trusting in Your mercy has been disappointed. (Diary 247)

With complete trust, let us bring our prayers before the Lord.

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Let's take a moment of silence and offer to the Lord in the Most Blessed Sacrament our special intentions ... We pray to the Lord. **Lord, hear our prayer.**

All:

Jesus, Friend of a lonely heart, You are my haven. You are my peace. You are my salvation. You are my serenity in moments of struggle and amidst an ocean of doubts. You are the bright ray that lights up the path of my life. You are everything to a lonely soul. Amen.

— PRAYER FOR DELIVERANCE —

All:

My Lord, You are all powerful, You are God, You are Father. We beg You through the intercession and help of the archangels Michael, Raphael and Gabriel, for the deliverance of our brothers and sisters who are enslaved by the evil one. All saints of Heaven, come to our aid.

V: From anxiety, sadness and obsessions,
All: We beg You. *Free us, O Lord.*

From hatred, fornication, and envy,
From thoughts of jealousy, rage, and death,
From every thought of suicide and abortion,
From every form of sinful sexuality,
From every division in our family, and every harmful friendship,
From every sort of spell, malefic, witchcraft, and every form of the occult,

All:

Lord, You Who said, "I leave you peace, My peace I give you," grant that, through the intercession of the Blessed Virgin Mary, we may be liberated from every evil spell and enjoy your peace always. Through our Lord Jesus Christ, your Son, who lives and reigns with You in the unity of the Holy Spirit, one God, for ever and ever. Amen.

— CHAPLET OF THE DIVINE MERCY —



Our Father, Hail Mary, Apostles Creed

The Apostles Creed:

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead.

► *I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.*

Eternal Father, I offer You the Body and Blood, Soul and Divinity
of Your dearly beloved Son, Our Lord Jesus Christ,

► *in atonement for our sins and those of the whole world.*

For the sake of His sorrowful Passion,

► *have mercy on us and on the whole world. (10x)*

Conclude with (3x):

Holy God, Holy Mighty One, Holy Immortal One,

► *have mercy on us and on the whole world.*