

A Week of Directed Prayer

What is it?

A one week retreat made during the course of your everyday life.

Where is it?

It will be conducted at St. James Parish.

When is it?

It will begin on Saturday, August 3, 10:00-12:30 and conclude on Saturday, August 10, 2019, 10:00-12:30.

Who can make this retreat?

The week is open to all adults who are interested in exploring their personal relationship with God. Since participants are able to continue their daily routine during this retreat, it is especially appealing to those who find it difficult to go away for a retreat.

What will happen?

An introductory meeting will be held on Saturday morning in the Parish Center where a team of prayer guides, who are experienced spiritual directors, will meet with the retreatants. **A daily half-hour meeting will then be arranged with your own personal guide, to be held Monday through Friday, in the mornings, afternoons or evenings, depending upon your schedule.** You will also be asked to commit to one half-hour of private prayer each day, choosing for yourself the best time and place. The week will conclude on Saturday morning when we will come together to share, celebrate and plan any follow-up that is desired.

Why would I want to make this retreat?

Many people express a need for guidance in prayer. Often the need is described in terms of a search for deeper meaning in their lives or a deeper personal relationship with God. Exploring your faith journey in a one-to-one situation where the focus is entirely on you and your relationship with God provides an opportunity to satisfy these needs, to be affirmed in your natural way of prayer and to explore new and different ways of praying. Those who have attended this retreat have testified that life and relationships have become more authentic and integrated. They have also been blessed with a deeper peace and awareness of the movement of God within their daily lives. For more information or if you are interested in participating in this retreat, please contact:

St. James Community of Faith
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