

# Alpha in the Catholic Context

## at St. Catherine of Siena Parish



### What is Alpha?

Alpha is a series of sessions exploring the Christian faith. It will run weekly from September 18th through December 4th. Each session looks at a different question around faith and is designed to create conversation.

Alpha is a tool to introduce people to the primary proclamation of the good news of Jesus Christ. As Pope Francis says, "Jesus Christ loves you; he gave his life to save you; and now he is living at your side every day to enlighten, strengthen and free you."

Alpha takes people on a journey often leading to a personal encounter with Jesus Christ. It enables people to ask their questions, share ideas, build friendships, and experience the love of God through the power of the Holy Spirit.

Alpha has run in thousands of Catholic parishes around the globe. We would love to have you join us!

"Alpha is one of the best things happening in the Church today. For so many parishes, there is no event or program that we can be free to invite people to. But Alpha for Catholics gives us the chance to be the kind of missionary disciples that God has called us all to be. If any parish is looking for a place to be welcoming and engaging, they must offer Alpha for Catholics."

**--Fr. Mike Schmitz, UMD Newman Center, Diocese of Duluth, MN**

<b>1</b>	<b>2</b>	<b>3</b>
<b>FOOD</b>	<b>TALK</b>	<b>DISCUSSION</b>
Connect, Relax & Build Friendships	Explore the Big Issues Around Faith	Share Thoughts & Ideas in an Honest, Friendly, & Open Environment

### Alpha Topics

Who is Jesus?

Why Did Jesus Die?

How Can I Have Faith?

Why and How do I Pray?

Why and How Should I Read the Bible?

How Does God Guide Us?

Who is the Holy Spirit?

What Does The Holy Spirit Do?

How Can I Be Filled with the Holy Spirit?

How Can I Make the Most of the Rest of My Life?

How Can I Resist Evil?

Why and How Should I Tell Others?

Does God Heal Today?

What About the Church?