

## St. Catherine of Siena

### First Communion protocol 2020-2021

- Dress code is white dress or pant suits for girls. Veil, bows or flowers in the hair is optional
  - Dress code for boy is dark dress pants with a white or pastel dress shirt. Ties and jackets are optional
  - NO blue jeans or t shirts please
  - MASKS are Mandatory for all family members age 3 and up.
  - Your child is welcome to carry a special bible or rosary with them to Mass
  - First Communion certificates will be placed in your pew on the day of your child's First Communion
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- Please be in your assigned pew by 3:50. Mass begins at 4:00
  - Pews will be randomly assigned, and your child's name will be on the pew that is yours to help guide you. I will be there as well
  - Hand sanitizer is available, and you are encouraged to use it before entering the main church
  - There is no Holy water and there will be no sacred wine will be offered
  - There is no Handshake of Peace, but you are encouraged to wave, nod, or otherwise greet those around you when invited to do so. Hugs and handshakes between family members in your pew is allowed 😊
  - The ushers will release you to go up to receive the Eucharist using social distancing. I suggest that one or both parents go first so that your child can see what to do

- You will approach the priest with your mask on. Please practice bowing before you hold out your hands to receive the Lord.
- Pull your mask down or to the side
- **Hold out your hands to receive the host. The hands should be palms up with the left hand on top of the right hand, making a cradle for baby Jesus to rest in.**
- **Place the host in your mouth, pull your mask into place and return to your pew**
- Please practice bowing, pulling the mask up and down, holding out your hands, to build confidence in your child. We do not want any hosts dropped on the floor.
- The ushers will release the congregation from the rear of the church first and move forward. Please stay in your pew until released to social distance