MISSION STATEMENT

Responding to the call of the Gospel, Christopher Homes, Inc. strives to provide decent, affordable housing to vulnerable members of our community. All who are associated with Christopher Homes, Inc. have the right to respect, dignity and a sense of well being. Therefore, through the service and commitment of our staff and volunteers, we will enable our residents to grow spiritually, socially, and intellectually, empowering them to develop their optimal potential.

Christopher Homes is a senior living ministry of the Archdiocese of New Orleans.
As the holidays approach, it’s important to keep your health in mind. The better you feel, the more you can enjoy festivities with family and friends. Try these tips for a happy, healthy holiday season:

• Get a flu shot. The flu spreads when infected people around you talk, sneeze or cough. The best way to protect yourself is to get a flu shot. If you haven’t already, talk to your doctor about getting the shot, or visit your neighborhood pharmacy.

• Wash your hands often. This is one of the best ways to keep from getting sick. Hand-washing gets rid of germs that collect on your hands when you touch people, objects or surfaces before the germs can affect you or spread to others.

• Eat healthy. It can be tough to find healthy options at holiday meals, but you can eat smart by:
  o Choosing lean proteins and lots of vegetables and fruits
  o Bringing your own healthy dish to potlucks
  o Eating your favorite foods, but trying smaller portions

• Make time to relax. This season is a joyful time, but busy holiday schedules can sometimes leave you feeling tired or anxious. Take a break when you need to, and set aside time to do things that help you feel calm, like exercising or reading. And if you have these feelings for a long period of time or feel you have signs of depression, be sure to talk to your doctor.

Healthy Holidays!

To follow the Health Habits blog online head to www.christopherhomes.org. You’ll find this article as well as previous health-related articles.

Also, follow Christopher Homes on:

Facebook: @christopherhomesano
Twitter: @chi_archno
Instagram: @christopherhomesinc
This dynamic duo shows much care and attention to the residents and property at St. Martin's Manor. Charles is always looking for ways to make the residents happy and lend a helping hand when needed. Huu takes pride in his work and does what he can to make our residents’ days worry free. St. Martin Manor is honored to have two outstanding employees who always put our residents first!

Congratulations Guys!

Ice Cream Flavors

Y M T R L C H O C O L A T E
A S K C A R T E S S O O M E T
P Y V A N I L L A S N O T E
M K D E T D E A C F A N A A
C A T N L I N N A O C O O E
O K P O A A G O D K E A E T
E C U L N C A E F O P L R N
D O T A E E N O R Y W E E E
O C B O A W Y O T T E O I E
C O I E A A A R T S A O A R
R N T T C R A L E T N I A G
E E G D U F O S N I O V L T
D A O R Y K C O R U A C G T
A E E T U N O C O C T P E S

COTTON CANDY
MAPLE WALNUT
PECAN
BANANA
TIGER TAIL

MOOSE TRACKS
COCONUT
ROCKY ROAD
GREEN TEA

FUDGE
REESES
CHOCOLATE
VANILLA

SAVE THE DATE FOR IGIVECATHOLIC 2019

December 3, 2019.

For more information, visit
www.christopherhomes.org/igivecatholic

WE’RE HIRING!

Please head over to our Careers link on
www.christopherhomes.org
There’s where you’ll find all of our available job listings.
The rosary is a powerful prayer, said to be one that can change your life, strengthen the family, bring peace to the world, convert entire nations, and win the salvation of souls. When we pray the rosary, the prayer can slow us down, calm us down and enable us to rest in God’s presence.

Christopher Homes was proud to sponsor the Jazz & Jam Chef’s Brunch, benefiting the mission of Catholic Community Radio. Attendees enjoyed a meal prepared by Chef John Folse!

Director of Pastoral Care, Vincent Scozzari, represented Christopher Homes at the Archdiocese of New Orleans Respect Life Office’s Jazzed for Life event held on September 14. Attendees spent the morning networking, discussing life issues and praying together.

Go to www.christopherhomes.com for information on how to register.
Some of the ladies of Rouquette Lodge geared up for the changing seasons by making fall wreaths.

**ROUQUETTE LODGE’S FALL ACTIVITIES**

Rouquette Lodge residents weren’t just crafting this past month! They also took a trip to The Dinner Bell in McComb, MS!

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**SPECIAL VOLUNTEERS!**

iHeartRadio’s “Uptown Angela” and her co-workers visited Annunciation Inn last month to serve lunch to the residents. We are extremely grateful for community volunteers!

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**BLACK & GOLD IN ST. BERNARD!**

Check out some of our festive residents from St. Bernard Manor! They love showing off their Saints spirit!
SAINTS WATCH PARTY AT ST. MARTIN’S MANOR

Check out the game day “boil” planned by the residents at St. Martin’s Manor to cheer on the Saints! Residents planned a fun day of food, friends and music while watching the game on TVs set up in the Courtyard. St. Martin's Manor employees chipped in to help cook and serve the residents, and surprised the group with Saints giveaways and prizes!
FAITHFUL LIVING

Residents at all of our properties have the opportunity to find or strengthen their faith through various activities offered by our Pastoral Care Team. We encourage you to join your fellow residents at our prayer circles, Mass, bible studies or spiritual group discussions. Our pastoral care team is available to all of our residents for spiritual guidance and support and will arrange individual appointments if desired.

GROOVY 60'S PARTY AT METAIRIE MANOR

It was peace, love and dancing at Metairie Manor’s Groovy 60’s party! Residents and staff showed up in their colorful 60's attire and enjoyed dance contests, costume contests and lunch.
Dear Residents and Staff,

Life can be a challenge and yet within the challenges presented to us we can find joy and purpose.

My 4-year-old grandson, Noah, has a way of distilling the events that swirl around him into concise thoughts; I like to call these Noahisms. This school year Noah entered into a new class, Pre-school 4. Like many students having a similar experience, he was a bit apprehensive. Yet, within the first few days, he came home and told his mom, “Sometimes you have to try new things and it makes your heart beat and that means you’re doing good!”

Our ministry of Christopher Homes is focused upon helping others deal with the challenges of life. Many of our residents come to us with life challenges. It is our goal to help them resolve those challenges in such a way help them find joy and purpose in their new home.

Christopher Homes is the housing agency of the Archdiocese of New Orleans. While operating over 2,400 apartments in the Metro New Orleans area, our primary focus is not on buildings but on people. This is what defines us, service to others and especially those most in need in our communities, our low-income seniors.

While our rental office staffs focus on locating, qualifying, and moving in residents and our maintenance and housekeeping staffs focus upon maintaining our buildings in top condition; we have other staffs who focus on quality lifestyle and services for our residents.

The Christopher Homes service coordinator, activity coordinator, transportation, and pastoral care staffs spend hours daily focused upon the person, the needs and daily challenges of our residents from both temporal and spiritual aspects.

Service coordinators assist our managers in helping our residents find affordable and needed services from physical and mental health services to furnishing of their apartments, many times our residents arrive without basic furnishings. Activity coordinators help keep our residents active with functions, activities, and exercise programs that stimulate the mind and body. Our bus drivers augment regional transportation systems to help our residents get to doctor appointments, shopping, and activities. And our pastoral care team build up our residents from a spiritual aspect. They arrange for weekday and/or Sunday Masses, opportunities for the sacraments of confession and anointing, prayer services, bible studies, and personal visits with priests, ministers, or seminarians.

Our residents also participate in assistance and service to their neighbors. They help each other and reach out when they find their neighbor in need. Our Christopher Homes community is one of caring service to others.

I am reminded of a quote from Blessed John Henry Cardinal Newman, who will be canonized this month as St. John Henry Newman. “God has created me to do Him some definite service. He has committed some work to me, which He has not committed to another. I have my mission. I may never know it in this life, but I shall be told it in the next. I am a link in a chain, a bond of connection between persons.”

We are each unique and have been created to do good for others, doing so makes our heart beat and that means we are doing good.

May God bless you and keep you.

Deacon Dennis F. Adams  
Executive Director, Christopher Homes