



PARENT DAILY CHECKLIST

Prior to sending your child to school each day, you must complete the following checklist. If you answer YES to any of these statements, please do not send your child to school and contact the school nurse.

Symptoms:

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- Cough (*not due to other known cause, such as chronic cough*)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache *when in combination with other symptoms*
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Fatigue, *when in combination with other symptoms*
- Nasal congestion or runny nose (*not due to other known causes, such as allergies*) *when in combination with other symptoms*

Close Contact

- A household member or close contact (within 6 feet for >10-15 min) to anyone with a known diagnosis of COVID-19 in the past 14 days.

Travel

- Travel outside of the [lower risk states](#) in the past 14 days.

Please do not send your child to school and contact the school nurse if your child is ill, has been exposed to someone who has tested positive for COVID-19 in the past 14 days, you have administered fever reducing medication in the past 12 hours and/or your child recently travelled outside of the [lower risk states](#).

Please contact our school nurse, Mrs. Lisa Powers if you have any questions.
(elizabeth.powers@stmarysparish.org) or by phone at 508-842-1601.