

## **9 habits for greatness**

1. Pray daily
  - a. Not spontaneous prayers, but carve out time daily for him...30 mins.
2. Stay really close to the sacraments
  - a. Mass and confession
  - b. You cannot be great in life on your own, you need help
3. Read the Scriptures
  - a. The bible is the instruction manual for life
  - b. All you need is a heart that is open
4. Serve
  - a. Serve with your time and with your money
  - b. Happiness doesn't come from getting it comes from giving
  - c. You were created in the image and likeness of God, and God gives...it is what he does, so it must also be what we do
5. Stay in shape
  - a. Exercise and sleep are key
  - b. Your body is a temple, treat it as such
6. Run as fast you can away from the near occasion of sin
7. Pray and work like crazy for great friendships
  - a. God made us for himself but also for one another
  - b. Friends...good friends are meant to call you greatness and support you
  - c. Who your friends are is who you will be
8. Keep your mind sharp
  - a. Never stop studying and learning about our faith
  - b. Develop and strengthen your mind
  - c. I have also placed a handout at the back of the church for some books I think would be very helpful for you!
9. Forgive...always....everyone....all the time
  - a. There are few easier ways to live a life of misery than to be bitter and resentful and hold grudges
  - b. Decide today to never do that? Why should you forgive? We forgive because God Forgave us!

## **Books to Read:**

1. *The Holy Bible*, NRSV (New Revised Standard Version) or NAB (New American Bible)
2. *The Catechism of the Catholic Church*
3. *Mere Christianity*, C.S. Lewis
4. *The Lamb's Supper*, Scott Hahn
5. *Imitation of Christ*, Thomas A' Kempis
6. *The Child in the Church*, Maria Montessori
7. *The Great Divorce*, C.S. Lewis
8. *Man's Search for Meaning*, Viktor Frankl
9. *Interior Freedom*, Jacque Philippe
10. *Wild at Heart*, John Eldridge
11. *Introduction to the Devote Life*, St. Francis DeSales
12. *The World's First Love*, Archbishop Fulton Sheen
13. *Screwtape Letters*, C.S. Lewis
14. *The Confessions*, St. Augustine
15. *Fulfillment of All Desire*, Ralph Martin
16. *Story of a Soul*, St. Therese of Lisieux (John Clark Edition)
17. *Life of Christ*, Fulton Sheen
18. *Trust and Surrender*, Jacque Philippe
19. *Motherless*, Brian Gail
20. *Fatherless*, Brian Gail
21. *Childless*, Brian Gail
22. *Three Ages of the Interior Life*, Garrigou LaGrange O.P.
23. *I Believe in Love*, Jean Elbee
24. *Back to Virtue*, Peter Kreeft
25. *Come Creator Spirit*, Raniero Cantalamessa
26. *Jesus of Nazareth*, Pope Benedict XVI (Triology)
27. *The Soul of a Lion*, Alice Von Hildebrand
28. *Discernment of Spirits*, Fr. Timothy Gallagher
29. *Lord have Mercy*, Scott Hahn
30. *A Father Who Keeps His Promises*, Scott Hahn
31. *Hail Holy Queen*, Scott Hahn
32. *Five Loaves and Two Fish*, Cardinal Van Thuan
33. *Preistblock 25487 (A Memoir of Dachau)*, Jean Bernard
34. *Answer Me This!* Patrick Madrid
35. *Yes or No? Straight Answers to Tough Questions about Christianity*, Peter Kreeft