



**Annunciation of the Blessed Virgin Mary
Ukrainian Catholic Church
(St. Mary's)**

**6719 Token Valley Road
Manassas, VA 20112
(703) – 791 – 6635**

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Reverend Alexander Dumenko — Pastor (301) – 421 – 1739

Sunday Divine Liturgies: 8:30 a.m.

Holy Days as scheduled in the Bulletin

DIVINE LITURGY SCHEDULE

September 19, 2021

Sunday, September 19, 2021 Sunday after the Exaltation of the Holy Cross

08:30AM – For God's Blessings on Our Parishioners

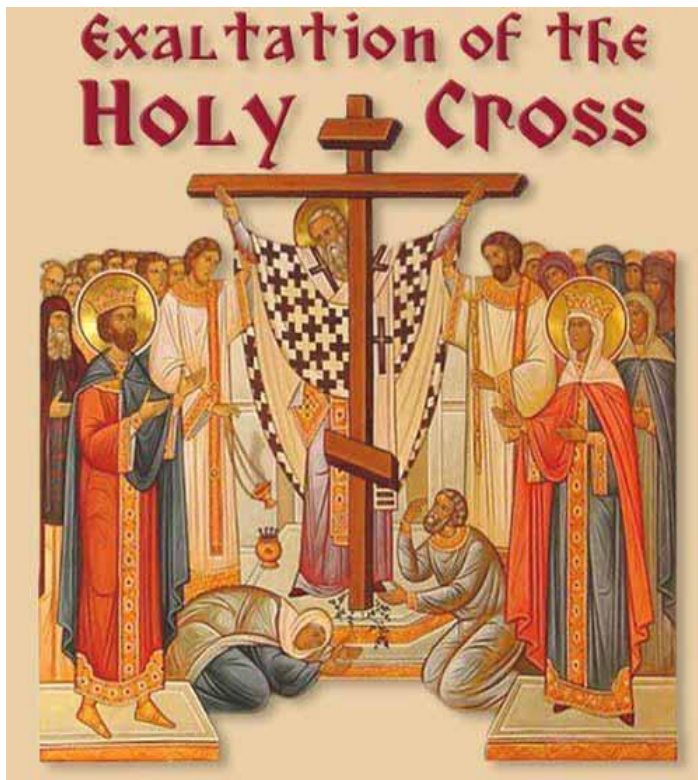
& in particular for Ann Benkoski from Martha Stine

Sunday, September 26, 2021 18th Sunday after Pentecost

08:30AM – For God's Blessings on Our Parishioners

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Sunday after the Exaltation of the Holy Cross



Today we sing: "We worship Thy Cross, o Lord, and glorify Thy Holy Resurrection!" Today we finish celebrating an event that happened in the early 4th century. This event had a profound impact on the life of the early Church and became a great feast in the Christian tradition. This feast relates to the discovery of wooden remains from the Calvary Cross of Jesus. A search for the Holy Cross was organized by Saint Helen,

the mother of Saint Constantine (Emperor of Constantinople). At that time the Byzantine Empress visited many Holy places of Palestine and built numerous churches there.

Today Mount Calvary is adorned by the arches of the magnificent temple, built by the believers in honor of the Resurrection of Christ. Above the place, where the Holy Cross was found, there is an altar table, on which Divine Services are celebrated; above that table there are many hanging lamps that illuminate the Sanctuary. When Saint Helen found the Holy Cross at the Calvary Mountain, her joy knew no boundary. Our Church compares Saint Helen's joy to that, experienced by a couple in love, on the day of their wedding! The second longest prayer, read by the priest during the wedding ceremony, is "Let gladness come upon them, as that, which Saint Helen experienced after finding the precious Cross". One can imagine the joy of the people, whose hearts are filled with love, the smiles and congratulations of their friends, the tears of joy of their parents. Well, the joy of Saint Helen was greater still; there had never been, nor ever will be a greater joy than hers on the Day of Recapturing the Holy Cross! That joy, which she experienced, became a model of pure Christian joy for all people and times. This joy comes from salvation, from the continuation of life, from one's meeting with Our Heavenly Father. This joy is a source of fear, too, because each one of us is redeemed by the precious blood of Our Lord, Jesus Christ. Therefore, people, witnessing the Retrieval of the Cross, rise to the four corners of the earth, exclaiming: "Lord, have mercy upon us!"

Let us remember that on the Feast of the "Exaltation of the Holy Cross", the Cross is brought to the middle of the church for us to worship It and also to feel the joy, which Saint Helen experienced herself after finding It. Repentance does not hinder this joy, but rather strengthens our hope and encourages our souls. Besides, this joy reminds us constantly to thank Christ for our salvation. May God help us find the Cross of Christ amidst the bustle of our earthly affairs, and to erect it in our personal lives; let the Exaltation of the Cross bring a maximum number of people as close as possible to Christ, and worship Him and thank Him, who saved us by His crucifixion. Let spiritual joy always be with us!

Source:orthodox-canada.com

SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS

Troparion (8): You came down from on high, O Merciful One, and accepted three days of burial to free us from our sufferings. O Lord, our life and our resurrection, glory be to You.

Troparion (1): Save Your people, O Lord, and bless Your inheritance; grant victory to Your Church over her enemies and protect Your people by Your cross.

Glory be to the Father, and to the Son, and to the Holy Spirit. Kontakion (8): When You rose from the tomb, You also raised the dead and resurrected Adam. Eve exults in Your resurrection, and the ends of the world celebrate Your rising from the dead, O Most Merciful One.

Now and for ever and ever: Amen. Kontakion (4): Willingly raised upon the cross, O Christ our God, You bestowed Your mercies upon a new people bearing Your name. With Your power grant joy to Your church giving her victory over her enemies, with the invincible standard, Your weapon of peace, as an ally. **Prokimenon (7):** Extol the Lord, our God, and worship at His footstool; holy is He! **Verse:** The Lord is King; the peoples tremble. **Prokimenon (7):** Extol the Lord, our God, and worship at His footstool; holy is He!

Epistle: Reading of the Epistle of St. Paul to the Galatians. (Gal 2,16-20) Brethren: We know that a person is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus that we may be justified by faith in Christ and not by works of the law, because by works of the law, no one will be justified. But if, in seeking to be justified in Christ, we ourselves are found to be sinners, is Christ then a minister of sin? Of course not! But if I am building up again those things that I tore down, then I show myself to be a transgressor. For through the law I died

to the law, that I might live for God. I have been crucified with Christ; yet I live, no longer I, but Christ lives in me; insofar as I now live in the flesh, I live by faith in the Son of God who has loved me and given himself up for me.

Alleluia Verses: Verse: Remember Your flock whom You have built long ago. Alleluia, Alleluia, Alleluia. Verse: God is our King from time past, the giver of help through all the land. Alleluia, Alleluia, Alleluia.

Gospel: (Mk 8,34-38;9,1) At that time, Jesus summoned the crowd with his disciples and said to them, "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it. What profit is there for one to gain the whole world and forfeit his life? What could one give in exchange for his life? Whoever is ashamed of me and of my words in this faithless and sinful generation, the Son of Man will be ashamed of when he comes in his Father's glory with the holy angels." He also said to them, "Amen, I say to you, there are some standing here who will not taste death until they see that the kingdom of God has come in power."

It is truly right... (Or the Hirmos of the Feast): O my soul, extol the most precious Cross of the Lord. Hirmos: You are a mystical garden, O Mother of God: without tilling you have brought forth Christ by Whom the lifegiving tree of the cross was planted on earth. Therefore, when we now adore Him raised upon the cross, we extol you.

Communion Verse: O Lord, let the light of Your countenance shine upon us. Alleluia, Alleluia, Alleluia.

ANNOUNCEMENTS

Welcome! Our warmest greetings are extended once again to all visitors and guests who are participating in Divine Liturgy. It is always a joy to have you praying with us. After the service please do not hesitate to introduce yourself to Fr. Alexander and our parishioners and find out more about our faith and our parish.

2021-2022 Religious classes Please register your children for the 2021-2022 First Confession and Solemn Holy Communion classes using the following form and email to alexanderd715@aol.com no later than by October 3, 2021. The Catechetical classes will be starting SUNDAY, October 10, 2021 for our parish children (8-9 years old).

Marriage Banns – Oleg Grynyk and Olga Grynyk (Pasichnyk) plan to be united in the bond of Holy Marriage Saturday, October 16, 2021. If anyone knows of any reason this marriage should not take place, please contact the parish office.

2022 Donation Envelopes It is that time of year when we prepare a list for next year's church donation envelopes. If there are any changes or corrections to your name or address, or if you do not have envelopes and wish to be considered an active registered parishioner please contact Fr. Alexander or Helen Troy.

Sunday Coffee Hour! We invite everyone to come to the church hall for refreshment after the service, and we encourage you to participate by bringing pastries/sandwiches for coffee hour on Sunday. May God bless us all!

Support your Church You may send your donations to PO Box 2735, Manassas VA 20108

YOUR OFFERINGS Collection: September 9, 2021 

Sincere thanks to all for your kindness and generosity to our Holy Church!

RELIGIOUS EDUCATION REGISTRATION FORM

2021-2022

STUDENT NAME _____
(last) (first) (middle)

DATE OF BIRTH _____ AGE (in September 2021) _____

HOME ADDRESS _____
(city) (zip)

HOME TELEPHONE NUMBER _____

EMERGENCY CONTACT & NUMBER _____

SCHOOL ATTENDING _____ GRADE _____

YEARS OF RELIGIOUS INSTRUCTION _____

FATHER'S NAME _____ RELIGION _____

MOTHER'S MAIDEN NAME _____ RELIGION _____

Sacraments Received	Date	Church	Address
HOLY MYSTERY OF BAPTISM (Month, Day, Year)			
HOLY MYSTERY OF CHRISMATION (Confirmation) (M, D, Y)			
HOLY MYSTERY OF THE HOLY EUCHARIST (M, D, Y)			

The policy at our church regarding First Penance is **two** years of instruction at this church and the student must be in at least second grade in school.

If there is special information you would like us to know concerning a family situation, learning difficulties, or physical problems effecting learning, please comment on the reverse side. **ALL INFORMATION WILL BE KEPT CONFIDENTIAL.**

In signing this form as a parent or guardian, I sincerely will cooperate in bringing this child to Divine Liturgy weekly, religious education weekly, and other services at this parish. I will also encourage his/her full participation in the Religious Education Program.

(Parent / Guardian Signature)

Thank you for joining our program!