

St. Michael the Archangel Catholic Church
100 Oak Dr, South
Lake Jackson, Texas 77566
979-297-3041
www.smlj.org

March 28, 2020

Dear Parish Family,

I wanted to remind you all that I will be live-streaming Mass for now on Sundays at 10 am on YouTube. I also wanted to share with you an Act for Spiritual Communion that you may pray during the part of Mass where you would normally be able to receive the Eucharist. You may also go to YouTube to view the daily Rosary and Benediction. You may also go there at any time to view the former posts. Please stay updated by going to www.smlj.org.

ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Peace,

Fr. Dwight

DC/ds