

COPING WITH COVID VIRTUAL SUPPORT GROUP

COVID-19 HAS CHANGED LIFE AS WE KNOW IT.

*If you are struggling due to the death of a loved one
or the effects of COVID,
Catholic Charities can help.*

*We invite all healthcare workers, frontline essential employees,
and others struggling with the pandemic to join
the Coping with COVID Virtual Support Group.*

**JOIN THE GROUP, SECURELY VIA ZOOM*
THE FOLLOWING THURSDAYS, 4:00 - 5:30 PM**

JANUARY 7 & 21

FEBRUARY 11 & 25

MARCH 4 & 18

APRIL 8 & 22

MAY 6 & 27

JUNE 3 & 17

Facilitated by Gae Savino, LCSW, CT.

For more information and to register,
please contact Gae at: 914.391.5966



TALK. SHARE. SUPPORT.



**CATHOLIC
CHARITIES**

ORANGE • SULLIVAN • ULSTER

Providing Help. Creating Hope.

*HEALTHCARE VERSION FOR ADDED PRIVACY AND SECURITY.