



NOVEMBER 2021

Elementary

Nutritional Development Services
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
323 Apple Cinnamon Muffin 1 752 Fruit Punch Juice 608 Dole Tropical Fruit Cup Alternative: 384 Cinnamon Toast Crunch Breakfast Kit Pre-K: 349 Corn Chex Cereal	369 Pillsbury Berry Blast 2 Mini French Toast 753 Orange Juice 658 Cherry Craisins Pre-K: 339 Orange Cranberry Muffin	334 Cinnamon Toast 3 Crunch Cereal 749 Apple Cherry Juice 690 Apple Crisps Pre-K: 331 Corn Muffin	321 Banana Muffin 4 750 Apple Juice 691 Strawberry Apple Crisps Pre-K: 346 Cinnamon Toast Crunch Cereal	329 Trix Cereal Bar 5 748 Grape Juice 697 Bagged Apple Slices Pre-K: 332 Apple Cinnamon Muffin
325 Cinnamon Chex Cup 8 753 Orange Juice 658 Cherry Craisins Pre-K: 345 Honey Scooters Cereal	328 Chocolate Chip Muffin 9 749 Apple Cherry Juice 684 Mixed Berry Applesauce Pre-K: 335 Banana Muffin	366 Blueberry Bagel 10 752 Fruit Punch Juice 659 Watermelon Craisins Pre-K: 343 Rice Chex Cereal	333 Blueberry Chex Cup 11 748 Grape Juice 645 Dole Pineapple Cup Pre-K: 366 Blueberry Bagel	319 Orange Cranberry Muffin 12 750 Apple Juice 690 Apple Crisps Pre-K: 331 Corn Muffin
323 Apple Cinnamon Muffin 15 752 Fruit Punch Juice 608 Dole Tropical Fruit Cup Alternative: 384 Cinnamon Toast Crunch Breakfast Kit Pre-K: 342 Cheerios	369 Pillsbury Berry Blast 16 Mini French Toast 753 Orange Juice 697 Bagged Apple Slices Pre-K: 330 Blueberry Muffin	334 Cinnamon Toast 17 Crunch Cereal 749 Apple Cherry Juice 645 Dole Pineapple Cup Pre-K: 367 Cinnamon Raisin Bagel	313 Rebel Apple Delight 18 Crumble 750 Apple Juice 691 Strawberry Apple Crisps Pre-K: 339 Orange Cranberry Muffin	329 Trix Cereal Bar 19 748 Grape Juice 684 Mixed Berry Applesauce Pre-K: 347 Cinnamon Chex Cereal
325 Cinnamon Chex Cup 22 753 Orange Juice 608 Dole Tropical Fruit Cup Pre-K: 336 Strawberry Pancakes	328 Chocolate Chip Muffin 23 749 Apple Cherry Juice 684 Mixed Berry Applesauce Pre-K: 346 Cinnamon Toast Crunch Cereal	366 Blueberry Bagel 24 752 Fruit Punch Juice 659 Watermelon Craisins Pre-K: 335 Banana Muffin	25 Happy Thanksgiving!	26 Happy Thanksgiving!
359 Honey Scooters 29 752 Fruit Punch Juice 609 Dole Mixed Fruit Cup Pre-K: 330 Blueberry Muffin	322 Blueberry Muffin 30 753 Orange Juice 697 Bagged Sliced Apples Pre-K: 349 Corn Chex Cereal	369 Pillsbury Berry Blast 1 Mini French Toast 750 Apple Juice 659 Watermelon Craisins Pre-K: 803 Cheese Omelet	323 Apple Cinnamon Muffin 2 749 Apple Cherry Juice 645 Dole Pineapple Cup Pre-K: 331 Corn Muffin	334 Cinnamon Toast Crunch Cereal 3 748 Grape Juice 684 Mixed Berry Applesauce Pre-K: 345 Honey Scooters

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

