

Mary Mother of the Church

Contemplative Prayer Materials Resource List

As of: 3 September 2019

The following listing comprises a wide selection of written, audio and video materials that either directly cover information and teachings on Contemplative Prayer or are related to contemplative prayer in a way that builds a foundation, expands the understanding or deepens the insights for someone who wishes to learn, practice and possibly live a life in which contemplative prayer is an integral part. They are divided into three categories of Introductory, Intermediate and Advance materials to help a disciple in choosing where to begin and how challenging the material may be. Materials marked with an “♦” are highly recommended by members of the Core Team.

Introductory Materials:

Books: (Some books available for purchase, with all available for loan from Contemplative Core Team)

Catechism of the Catholic Church: Part Four - Christian Prayer

1. ♦ *Section One - Prayer in the Christian Life* (CCC # 2558-2565)
2. ♦ *Section One: Chapter Three - The Life of Prayer*, Articles 1 & 2 (CCC# 2697-2745)

Thomas Keating, Abbot, O.C.S.O

3. ♦ *Invitation To Love*, Continuum Pub. Co., (2002)

Thomas Merton, O.C.S.O.

4. ♦ *New Seeds Of Contemplation*, New Directions, (1961)

M. Basil Pennington, O.C.S.O.

5. ♦ *Centered Living*, Liguori Publications (1999)
6. ♦ *True Self False Self - Unmasking the Spirit Within*, Crossroad (2000)

Various:

7. ♦ *Silent Land: A guide to the Practice of Christian Contemplation*, Martin Laird, OSA, Oxford Univ. Press (2006)
8. ♦ *How Big is Your God?*, Paul Coutinho, Loyola Press (2007)
9. ♦ *Psalms For Praying*, Nam C. Merrill, Continuum Press (2008)
10. ♦ *The Holy Longing - The Search for a Christian Spirituality*, Ronald Rolheiser, OMI, Image (2014)

Pamphlets: (Available from Contemplative Core Team)

11. *Prayer - An Overview*, Deacon Bob Smerek (20 Oct 2016)
12. *Contemplative Prayer*, Deacon Bob Smerek (undated)
13. ♦ *The Role of Thoughts in Prayer*, Deacon Bob Smerek (undated)
14. *The Prayer of Consent*, ed. Deacon Bob Smerek (undated)
15. ♦ *The Contemplative Corner - Feb thru Apr 2017*, Deacon Bob Smerek

Audio: (Available for loan from Contemplative Core Team)

16. *Contemplative Prayer- Traditional Christian Meditations for Opening to Divine Union*, Thomas Keating, OSCO, 3 CD set
17. *A Taste of Silence*, Fr. Carl Arico, 3 CD audio set.
18. ♦ *The Divine Dance - Exploring the Mystery of Trinity*, Richard Rohr, OFM, 4 CD set
19. *Adult Christianity- And How to Get There*, Ronald Rolheiser, OMI & Richard Rohr, OFM, 4 CD audio set
20. ♦ *Finding God in the Silence & Becoming Stillness*, Richard Rohr, OFM, 2 CD set

Video: (Available for loan from Contemplative Core Team)

21. *A Taste of Beauty, Truth and Goodness*, Thomas Keating, OSCO & Rich Rohr, OFM, 1 DVD
22. *Transformative Listening - Whose Voice Are We Listening To?*, Abbot Joseph Boyle, OSCO, Thomas Keating, OSCO, & Gail Fitzpatrick-Hopler, 1 CD

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Intermediate Materials:

Books: (Some books available for purchase, with all available for loan from Contemplative Core Team)

Thomas Keating, O.C.S.O.

23. ♦ *Manifesting God*, Lantern Books (2005)
24. ♦ *Open Mind Open Heart* Continuum Publishing Co. (2006)

Thomas Merton, O.C.S.O.

25. ♦ *Thomas Merton's Paradise Journey - Writings on Contemplation*, St. Anthony Messenger Press (2000)
26. ♦ *The Inner Experience*, Notes on Contemplation, Harper San Francisco, (2003)

M. Basil Pennington, O.C.S.O.

27. *Lectio Divina*, Crossroads Publishing, (1998)

Richard Rohr, OFM

28. ♦ *Things Hidden: Scripture as Spirituality*, St. Anthony Messenger Press (2008)
29. ♦ *Daily Meditations*: <https://cac.org/category/daily-meditations>

Various:

30. *Christian Meditation - Experiencing the Presence of God - a guide to contemplation*, James Finley, Harper (2004)
31. ♦ *A Sunlit Absence: Silence, Awareness, and Contemplation*, Martin Laird, OSA, Oxford University Press (2011)
32. *The Restless Heart - Finding Our Spiritual Home in Times of Loneliness*, Ronald Rolheiser, OMI, Image Books (2004)

Pamphlets: (Available from Contemplative Core Team)

33. ♦ *Partaking in the Divine Nature & Dancing with God*, Deacon Bob Smerek (undated)
34. ♦ *Praying As Mary Our Mother Prayer*, Deacon Bob Smerek, 21 Nov 2016
35. ♦ *The Holy Trinity*, Deacon Bob Smerek, 1 Jun 2017 Rev E
36. ♦ *The Human Condition*, Deacon Bob Smerek, 15 Nov 2017 Rev B.2
37. ♦ *The Real You*, Deacon Bob Smerek, 22 Nov 2017 Rev C.2
38. ♦ *Reflections on the Centering Prayer Practice and its Part in the Spiritual Growth of a Christian Disciple*, Deacon Bob Smerek, 3 Oct 2018

Audio: (Available for loan from Contemplative Core Team)

39. ♦ *Finding God in the Silence & Becoming Stillness*, Fr. Richard Rohr OFM, 2CD audio set
40. ♦ *...a Lever and a Place to Stand - John Main Seminar 2005*, Richard Rohr, OFM, 6 CD audio set

Video: (Available for loan from Contemplative Core Team)

41. *The Spiritual Journey - Prologue: The Method of Centering Prayer and The Psychological Experience of Centering Prayer*, Thomas Keating, 2 DVD set
42. *Mindfulness - Transformation in Christ*, Thomas Keating, OSCO, 3 DVD set w/study guide
43. *Falling Into the Hands of God & a Fireside Chat*, Thomas Keating, OSCO, & Carl Arico, 1 DVD w/three presentations

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Advanced Materials:

Books: (Some books available for purchase, with all available for loan from Contemplative Core Team)

Thomas Merton, O.C.S.O.

44. ♦ *Thoughts in Solitude*, Farrar, Straus and Giroux (1958)

Richard Rohr, OFM

45. *Jesus' Plan for a New World - The Sermon on the Mount*, Richard Rohr, OFM, St. Anthony Messenger Press (1996)

Various

46. *Bonaventure - The Souls Journey Into God; The Tree of Life; The Life of St. Francis*, trans. Ewert Cousins, Paulist Press (1978)
47. *The Collected Works of St. Teresa of Avila*, Vol. II, K. Kavanaugh, OCD & O. Rodriguez, OCD, ICS Publications (1980)
48. *The Collected Works of St. John Of The Cross*, K. Kavanaugh, OCD & O. Rodriguez, OCD, ICS Publications (1991)

Pamphlets: (Available from Contemplative Core Team)

49. ♦ *Reflections on the Divine Nature and the Behavioral Characteristics of Trinitarian Love*, Deacon Bob Smerek, 20 Oct 2018

Audio: (Available for loan from Contemplative Core Team)

50. *Buddha at the Gas Pump - an Interview with Thomas Keating*, Thomas Keating, OSCO, 1 CD

Video: (Available for loan from Contemplative Core Team)

51. *Evolution and Christogenesis*, Ilia Delio, OFM, 6 DVD set