

What Is a Visit?

A visit is a way for you to remain connected to our church community.

Being at home with limitations due to illness, injury, or other life events does not have to mean isolation from our church family. The Visitation Ministry consists of volunteers from our church who will meet you where you are. This means a Visiting Friend from the Ministry will visit you at home or a local facility where you may be staying.

A Visiting Friend brings the caring heart of our church family to your home.

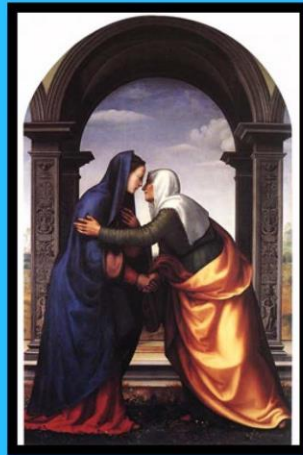
Here are a few things a Visiting Friend might do during your visit:

- ❖ chat about church events
- ❖ read from the Bible
- ❖ pray with you
- ❖ listen to inspiring music with you
- ❖ simply be together in the awareness of God's presence.

Why is It Named Visitation?

The Visitation Ministry is inspired by Mary's visit to her cousin, Elizabeth. At Elizabeth's words, *Blessed are you*, Jesus stirred in his mother's womb. Both women were blessed with the confirmation of God's presence in their lives.

This is just as true for a Visitation Ministry visit as it was for Mary and Elizabeth. When a visit occurs, the love of Jesus will stir in the hearts of both the visiting friend and the one visited.



Would You Like a Visit?

If you are interested in having someone visit you, or you are thinking of someone else who might appreciate a visit, please visit the website:

<https://www.urolm.org/visitation-ministry>

Or call the rectory and mention the Visitation Ministry: 201-391-5315.

*You are like a tree,
planted by a river,
yielding fruit in season,
with leaf that does not wither.*

Psalm 1:3

Become a visitation volunteer

Our ministry is growing, and we are seeking volunteers interested in expressing God's loving kindness by visiting someone at home.

No experience is necessary. We will provide a simple orientation. Visitation is a blessing to those you visit, and an opportunity for deepening your own faith. You decide how much time you wish to share.

To find out more about becoming a Visiting Friend, please visit the website:

<https://www.urolm.org/visitation-ministry>

Or contact the Rectory: 201-391-5315.

Prayer for One Who Is at Home

When the world has folded in
and left you stranded
in your own home,
may you remember that
you are not alone.

While you are not living as freely
as you once did,
may you remember that you are held
in the earnest circles of prayer,
by someone who may not know you,
and yet loves you, dear Child of God.
May you be free of the harsh filter
that would narrow your vision into
pain and criticism
so that you may see in your past
a trail of fruit and wonder,
God's goodness as it has unfolded
throughout your life.
Even now, as you live with loss,
may the angels soften your sitting,
your resting, your dreaming,
and open for you the flowers
of beautiful thought,
reminding you that you have gifts
yet to give: kindness, love,
and the enduring leaning toward God.

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Visitation

A Ministry of
Our Lady of Mercy Church
Park Ridge, New Jersey



**Offering Each Other
Friendship and Connection**