

## *A Prayer for Spiritual Communion*

Dear Jesus, I believe that you are truly present in the Most Holy Sacrament of the Eucharist. I love you above all things, and I desire to receive your Body and Blood. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. Stay close to me, Jesus, so that I may be close to all our sisters and brothers, especially those who are most in need of your loving care. Amen.

