

Our Lady of Mercy Parish Ministry of Eldercare

A ministry to provide support and education to individuals, families and caregivers who are dealing with illness, aging issues and concerns.

“ZOOM Caregiver Support Group”

Wednesday, September 8, 2021

(Ongoing Every First Wednesday of the Month Through June)

7:30pm to 8:30pm

Facilitated by

Bonnie Costabel, Care Manager

John Rokoszak, OLM Pastoral Associate

DISCUSSION TOPIC: “CAREGIVING DURING COVID”

The caregiver support group is designed to provide both emotional and educational support to families that are caring for one or more individuals affected by various illnesses. These **online sessions** are available once a month where caregivers, families and friends will be able to share feelings and information as well as learn of options and resources available in the healthcare system. The group is open to individuals willing to share their concerns and to act as a support system to others that are in the same challenging situation. Navigating the healthcare system while caring for a loved one at the same time can be difficult and confusing. This is especially true during this time of COVID-19.

**To register for the ZOOM meeting, email OLM parishioner
Ron von Autenried (r.vonautenried@gmail.com) cell: 201-919-8748
Or call John Rokoszak at 201-264-6376.**

