



TEEN SHEET

WHO AM I?

SESSION 1



DISCIPLE®

WHAT I WANT AND HOW I AM MADE



QUOTE FOR THE WEEK



“The desire for God is written in the human heart; because man is created by God and for God; and God never ceases to draw man to himself. Only in God will he find the truth and happiness he never stops searching for.”

—CCC 27



COMMIT

This week your commitment is to increase your daily prayer time to 30 minutes. Setting aside 30 minutes in a quiet place with no distractions is like saying “yes” to Jesus’ invitation to leave all your possessions and follow Him. Even better is to try and visit Jesus in the adoration chapel for 30 minutes of prayer.



TIP FOR THE WEEK

Try planning out your daily prayer time—for every day of the week, physically pencil in your planner or schedule when you are going to set aside your 30 minutes of quiet time. This ensures that you will have the time to do it! The planning ahead will stop you from going throughout the day and forgetting.

Scene 1

The rich young ruler in Luke 18 approaches Jesus, asking what he must do to inherit eternal life. This reveals a deeper longing, one that his riches have not satisfied.

1. According to a University of Texas study, over half of college students surveyed have had suicidal thoughts. This was determined from a survey of 26,000 college students attending 70 different colleges and universities. Why do you think that there is so much hopelessness among young people today?
2. What commandments does Jesus not mention to the young man?
3. What do these missing commandments have in common?

Scene 2

The rich young ruler wants the right thing—eternal life in heaven—but for the wrong reasons. Many people are the same way today. They want to go to heaven because they view heaven like winning the lottery.

1. What does the rich young ruler actually love? And what is wrong with this view?

Let's talk about a couple of hypothetical conversations. Here's one: Sarah is talking to Ethan at lunch. Ethan asks her why she spends so much time at her church. She replies: "My relationship with Jesus is the number one priority of my life." Ethan responds: "I don't believe in all that. I think you just need to be a good person to go to heaven." Sarah then asks: "How do you know when you're good enough?"

2. What is the point Sarah is trying to make?

Here's another conversation: Father Bill tells a group of teens: "If you do not pray and have no desire to pray, then when Jesus invites you to heaven you'll likely tell him 'no thanks!'"

3. What does Father Bill mean by this?

Scene 3

Jesus is showing the rich young ruler that it is not what he possesses that will keep him from eternal life but rather what he doesn't possess: a loving relationship with God. Jesus is constantly inviting us to leave behind the things that prevent us from growing in our knowledge and love of Him.

1. St. Francis of Assisi said: "I have been all things unholy. If God can work through me, He can work through anyone." How does this contrast with the rich young ruler?

Zacchaeus wasn't the most popular person in town. He wasn't just a tax collector; he was a Jewish tax collector, which made him a traitor and a great sinner in the eyes of many Jews. Most tax collectors were well known for collecting much more than the actual tax and pocketing the difference.

2. How does the story of Zacchaeus contrast with the story of the rich young ruler?

Scene 4

1. If Jesus were to ask you today to leave all of your possessions and follow Him, what would be your response?