

# CONFIRMATION

## SESSION 3

### MOVED TO MISSION



## SCRIPTURE QUOTE FOR THE WEEK



*"And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance."*  
—Acts 2:3-4



## OPENING PRAYER

Heavenly Father, we thank You for all the many blessings in our lives, especially the people who help us draw closer to You. Jesus, You promised the Holy Spirit to Your disciples and that they would receive power from on high. We ask for that promise to be fulfilled in our lives as well. Holy Spirit, help us to know You and fill us with Your love. Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.



## COMMIT

This week's commitment is to recommit to the H.A.B.I.T.S. that we have talked about in previous sessions. As a reminder, H.A.B.I.T.S. stands for:

- H**oly Hour
- A**ccountability
- B**ible Study
- I**nvest in your parish
- T**ell others about the Faith
- S**acraments

When you invest in these H.A.B.I.T.S. in your life, you create the capacity within your soul to become receptive to the movements of the Holy Spirit. These H.A.B.I.T.S. will change your life because the Holy Spirit will be free to transform you.



## PRAY

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Come, Holy Spirit, fill the hearts of Your faithful. And kindle in them the fire of Your love. Send forth Your Spirit, Lord, and they shall be created. And You shall renew the face of the earth.

Let us pray, O God, who by the light of the Holy Spirit did instruct the hearts of Your faithful; grant that in the same Spirit we may be truly wise and ever rejoice in His consolation. Through the same Christ our Lord. Amen.



## TIP FOR THE WEEK

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This session discusses the purpose of the Sacrament of Confirmation. We recommend learning more about this Sacrament from the Lighthouse Catholic Media talk “We Must Go Out: The Sacrament of Confirmation” by Fr. Mike Schmitz.

[lighthousecatholicmedia.org/store/title/we-must-go-out-the-sacrament-of-confirmation#](https://lighthousecatholicmedia.org/store/title/we-must-go-out-the-sacrament-of-confirmation#)

### **Scene 1: What does it mean to be initiated?**

Paul said that the Sacrament of Confirmation is not a graduation but an initiation. Initiation has two meanings: to admit someone into a group and to begin something. We see this act of admitting and beginning in the sacraments of initiation: Baptism, Eucharist, and Confirmation.

1. How are Baptism, First Eucharist, and Confirmation each a new beginning, and what do they admit us into?
2. On the beatification of Joan of Arc a century ago, it is reported that Pope St. Pius X said: “All the vigor of Satan’s reign is due to the easy-going weakness of Catholics.” What do you think this pope may have meant by that strong statement?
3. What are some reasons you think confirmed Catholics become lukewarm or even leave the Church?

### **Scene 2: The battle in the desert**

When the Holy Spirit descends upon someone in the Scriptures, He prepares them for a mission.

1. After Jesus was baptized, He was led into the desert by the Spirit to be tested. In the desert, Jesus overcame the temptations of the devil. How is this a foreshadowing of His mission from the Father?
2. What is the mission of confirmed Catholics?

Archbishop John Hughes was the first archbishop of New York (1850–1864). He wrote: “Everyone should know that we have for our mission to convert the world, including the inhabitants of the United States: the people of the cities, the people of the country, the officers of the Navy and the Marines, the commanders of the Army, the Legislature, the Senate, the Cabinet, the President and all!”

1. What is your honest reaction to this quote?

### **Scene 3: The Holy Spirit moves us to mission**

Paul explains how the Holy Spirit descended on the disciples at Pentecost and how they were empowered to start the Church. Peter, who out of fear denied Christ and was in hiding, was transformed by the power of the Holy Spirit. As a result, Peter spoke courageously to the crowd and 3,000 converted and were baptized (Acts 2:41); Peter healed a man who was crippled from birth (Acts 3:1-10); Peter and John spoke boldly about Christ to the leaders, elders, and high priests, and they healed people and cast out demons (Acts 5:16); and Peter raised a girl named Tabitha from the dead (Acts 9:36-43).

1. St. John Bosco worked tirelessly to bring tough, delinquent youth off the streets of Turin, Italy, and provide them spiritual formation, education, and even apprenticeships for particular trades. He wrote: “When one is convinced that his cause is just, he will fear nothing.” Why is a just cause and courage necessary to make an impact in the world?
2. Pope Francis reminds us that by virtue of our baptism, all of us—priests, religious, and lay people—are called to be missionary disciples. If you were to create a job description for a missionary disciple, what would be the expectations of the job?

#### **Scene 4: The battle in your own heart**

Paul shares with us many stories of teens who were missionary disciples. Two students decided to pray five minutes before school and invite others to join them. It grew to 200 students. One girl started making modest clothes in order to grow a movement of modesty in her school. A guy led a Bible study for his football teammates on the bus that grew to every team in the school having a Bible study on the bus. Another student, whose family was broken through divorce, prayed daily for her family to be healed, and they all ended up coming into the Catholic Church.

Paul said that if you want to change lives, you need to commit to two things: Prayer and Share. Pray for people every day who are in need, and look for the opportunity to share with them the Gospel.

1. Who is someone you know who does not know the love that God has for them? Are you willing to start praying for that person every day? Are you willing to make an effort to share the Gospel message with that person?