

## LENTEN VOLUNTEER COMMITMENT

While Lent is certainly a time of preparation, it is also the season to benefit another, help the weak, and promote goodness in ourselves. Each year we are asked to commit to the parish financially and share our treasure. This Lent we have the chance to share our time and talent. This commitment is easy and does not need to be a burden on our busy lives. In essence, it is fulfilling our parish mission: *In the spirit of St. Francis, to know Jesus and make Him known.* Below are suggestions for volunteer activities:

### Pray for the Living and the Dead – focus on the Mass and Liturgical Ministries

- ❖ Assist in liturgical ministries – this would include being a Reader, Extraordinary Minister, Usher or Greeter at Mass
- ❖ Help decorate the church for Lent and/or Easter
- ❖ Drive a neighbor to Mass
- ❖ Present the gifts at Mass
- ❖ Count offertory after Mass

### Feed the Hungry/Give Drink to the Thirsty – focus on Outreach Ministries

- ❖ Help at the Norwalk soup kitchen
- ❖ Visit a homebound parishioner
- ❖ Host the Sunday coffee social
- ❖ Prepare food for the Sunday evening Senior Youth Group

### Instruct the Ignorant/Counsel the Doubtful – focus on Religious Education and RCIA

- ❖ Be a “loving presence” at a religious education class
- ❖ Be a catechist (training offered)
- ❖ Assist at sr. youth group activities
- ❖ Simple crafts projects for our atria (can be done at home)
- ❖ Assist catechists with Sacrament celebrations (upcoming First Eucharist and Confirmation)

### Visit the sick – focus on helping those homebound

- ❖ Bring Viaticum to an ill parishioner
- ❖ Write articles regarding parish activities and events for parish website and local news media.
- ❖ Photograph parish events to accompany articles for parish website and local news media.
- ❖ Create and maintain an archive of photos and historical files.
- ❖ Act as a New Member Representative to provide information about the parish and assist in introducing new members to the St. Francis community.

### Care for our Neighbors – focus on Social Ministries

- ❖ Participate in the Women’s Guild
- ❖ Participate in the Knights of Columbus

Your commitment can be once, every week, even every day; it can be an afternoon or only an hour. Whatever time you can spare, whatever talent you can share...

*In every way I have shown you that by hard work of that sort must help the weak, and keep in mind the words of the Lord Jesus who himself said, “It is more blessed to give than to receive.” Acts 20:35*



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I will share \_\_\_\_\_ hours of my time this Lent by sharing my talent of:

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I do this in the spirit of St. Francis, to know Jesus and make Him known.

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Name

e-mail (if applicable)