

March 23, 2020

Parents/ Guardians,

Enclosed you will find work for this week. Please return your Activity sheet to school the following Monday. If you have any questions you may email me at mmaurin@stpeterreserve.org from 9 am to 11am & 1pm to 3pm Mondays -Fridays.

I would appreciate it if you let your child do the sheet by him/herself. Please ask them to write/print legibly. All sheets will be graded.

Please have them continue to work on the SPS Fitness Challenge items. These items will be tested when they return to school.

Thank you for your help during this time.


Romans 8:31 *"What then shall we say to these things? If God is for us, who can be against us?"*

Ms. Beazie



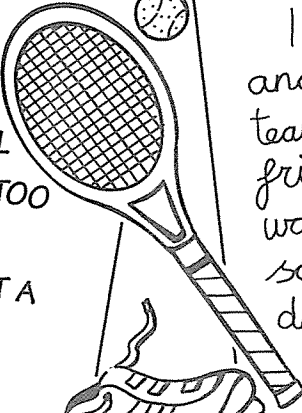
Ask the Exercise Kid!

Read these letters from kids who are making choices about physical activity. Pretend you are the Exercise Kid. What advice would you give to each person? Write your answers on a separate sheet of paper.




DEAR EXERCISE KID,
MY MOM WANTS ME
TO PLAY ON A BASKETBALL
TEAM. SHE SAYS I SPEND TOO
MUCH TIME WATCHING TV
AFTER SCHOOL. BUT I'M NOT A
VERY GOOD BASKETBALL
PLAYER. WHAT SHOULD I DO?

LEON



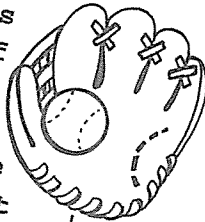
Dear Exercise Kid,
I love playing hockey
and I want to play on a
team. But none of my
friends play hockey. They
want me to play on their
soccer team instead. What
do you think I should do?

Julio



Dear Exercise Kid,
My dad asked me to
suggest a fun physical
activity that my whole
family can do together.
My little sister is 7. I'm
10. My big brother is 15.
Do you have any
suggestions?

Mai



Dear Exercise Kid,
I'm 10 and my sister is
14. We used to do a lot of
things together, like
running, biking, and
playing soccer. But now she
doesn't want to. She says it
makes her sweaty and messes
up her hair.

I think she worries that
boys might not like her if
she's good in sports. What
can I say to her?

Sharice

Activity Sheet
3

NAME _____

Physical Activity Fun

Use the pictures to help you complete the poem. Unscramble the letters in circles to complete the last line of the poem.

Chasing, _____,

Hiking, _____

Mowing, _____ _____,

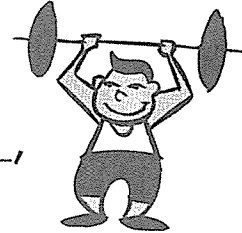
Jumping, _____ _____,

Whether you _____ _____,

or skip,

or ride,

or _____ _____,



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