

# Lake Michigan Catholic High School Football

Provided by LMC Football Coach Toby Riley

Regional Champions

1977

District Champions

2002

Conference Champions

2017, 2016, 2013, 2012, 2011, 2010, 2007, 2005, 2004, 2003, 1986, 1984, 1980, 1977, 1975, 1973, 1970, 1969

Playoff Qualifier

2017, 2016, 2013, 2012, 2011, 2010, 2007, 2005, 2004, 2003, 2002, 2001, 2000, 1998, 1997, 1996, 1977

## Lake Michigan Catholic Graduates Who Played College Football

Joe DeFay	Trine University	2015
DeKurtis Murphy	Davenport College	2015
Joey Frazee	Benedictine University	2011
Michael Cottier	Benedictine University	2009
Ben Wake	Benedictine University	2007
Paul Kaminski	University of Dayton	2006
Sean Heenan	University of Dayton	2005
Garret Ashbrook	St. Joseph College	2005
Evan Brown	Hillsdale College	2005
Marcus Deja	University of Dayton	2004
Mike Miller	Albion College	2004
Will Stockert	University of Chicago	2003
Jack Stockert	University of Chicago	2001
Travontii Montgomery	Hope College	2001
Greg Deja	John Carroll University	2001
Craig Szymczak	Albion College	1997
Brent Zabel	University of Pennsylvania	1997
Brendan O'Leary	Alma College	1996
Donny Wallenfang	Albion College	1996
Eric Clayton	St. Joseph's College	1995
Andy Osborne	Hillsdale College	1995
Andy Nilson	Elmhurst College	1994
Joe Lopresti	St Joseph's College	1988
Vince Broccolo	St Joseph's College	1986
Mike Sessa	University of Michigan	1982

## All-Time Defensive Football Records

### **Tackles in a Season:**

Brent Zabel	180	1996
Pat Story	163	1998
John Luft	156	2002
Sean Heenan	154	2003
Will McCoy	136	2017
Sean Heenan	136	2014
Jimmy Koenig	136	2010
Sean Heenan	132	2002
Dom Domico	126	2017

### **Tackles in a Game:**

Tyler	31	2015
Brent Zabel	31	1996
Sean Heenan	25	2004
John Luft	22	2002
Sean Heenan	21	2003, 2004

### **Interceptions in Career:**

Marcus Deja	21	2000 - 2003
Greg Deja	9	1997 - 2000
Conner Christensen	7	2017
Andy Cottier	5	2002 - 2004

### **Interceptions in Season:**

Marcus Deja	9	2002
Connor Christensen	7	2017
Jack Hardman	3	2010
Kyle Frasier	3	2013

### **QB Sacks in a season: Game:**

John Luft (2002)	22	2002
Zach Rogers	10	2017

## All-Time Offensive Football Records

**Total Yards All Purpose Yards in a Season:**

Joey Frazee	1921 yards	2010
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**Total Yards Rushing in a Season:**

Garret Ashbrook	2,031 yards	2004
John Luft	1,774 yards	2002
Dan Mills	1,465 yards	1995
Gary Bartalone	1,344 yards	1976
Joey Frazee	1,317 yards	2010
Garret Ashbrook	1,303 yards	2003
Mick Ashbrook	1,289 yards	1975
Travis Hedgepeth	1,238 yards	2001
Travontii Montgomery	1,087 yards	1998
Dan Mills	905 yards	1994
Jeremy Kopp	844 yards	1996

**Total Yards Rushing in a Game:**

Garret Ashbrook	350 yards	2004
Gary Bartalone	324 yards	1976
Joey Frazee	302 yards	2010
Garret Ashbrook	297 yards	2004
Travontii Montgomery	279 yards	1998
Dan Mills	259 Yards	1995
John Luft	239 yards	2002
Travis Hedgepeth	219 yards	2001

**Total Yards Rushing in a Career:**

Garrett Ashbrook (2000-2004)	4,098 yards	2000 - 2004
Dan Mills (1993-1996)	2,770 yards	1993 - 1996
Joey Frazee (2008-2010)	2,517 yards	2008 - 2010
Travontii Montgomery (1997-2000)	2,108 yards	1997 - 2000
John Luft (1999-2002)	1,988 yards	1999 - 2002
Travis Hedgepeth (1998-2001)	1,782 yards	1998 - 2001
Jeremy Kopp (1992-1995)	1,503 yards	1992 - 1995
Gary Bartalone (1976)	1,344 yards	1976
Mick Ashbrook (1976-77)	1,289 yards	1976 - 1977

## All-Time Offensive Football Records (Con't)

### **Average Yards per Carry Rushing in a Season(+50 carries):**

	<b>Attempts / Yards</b>	<b>Yards / Carry</b>
John Luft (2002)	181/1,774 yards	9.8 yards per try
Garrett Ashbrook (2003)	141/1,303 yards	9.24 yards per try
Travontii Montgomery (1998)	86/723 yards	8.4 yards per try
Travis Hedgepeth (2001)	152/1,238 yards	8.14 yards per try
Joey Frazee (2010)	181/1,17 yards	7.3 yards per try
Dan Mills (1995)	208/1,465 yards	7.01 yards per try
Garret Ashbrook (2004)	291/2,031 yards	6.98 yards per try
Gary Bartalone (1976)	196/1,344 yards	6.81 yards per try

### **Touchdowns scored in a Season: Career**

	<b>Career</b>	<b>Career</b>
Joey Frazee (2010)	26	
John Luft (2002)	26	26
Garret Ashbrook (2004)	22	47*-record
Garret Ashbrook (2003)	19	
Dan Mills (1994)	17	32
Will McCoy (2017)	15	23
Travontii Montgomery(1998)	15	
Dan Mills (1995)	15	

### **Total Yards Passing in a Career:**

Will Stockert (1999-2002)	3,110 yards
Kyle Juza (2014-2017)	2,440 yards
Donny Wallenfang (1993-1995)	1,639 yards

### **Total Yards Passing in a Season:**

Will Stockert (2002)	1,521 yards
Kyle Juza (2016)	1,066 yards

Kyle Juza (2015) 1,059 yards

**Total Yards Passing in a Game:**

Zach Rogers (2017) 300 yards VS. Colon  
Will Stockert (2002) 226 yards

**Touchdowns passing in a Game:**

Will Stockert (2002) Bangor \*\* 7 TD's  
Zach Rogers (2017) 6 TD's Vs Colon

**Touchdowns passing in a Season:**

Will Stockert (2002) 21  
Zach Rogers (2017) 15  
Austin Juza (2010) 15

**Touchdowns passing in a Career:**

Will Stockert (2000-2002) 37  
Kyle Juza (2014-2017) 27  
Zach Rogers (2014-2017) 17  
Donny Wallenfang (1993-1995) 16

**Passes Completed in a Game:**

Will Stockert (2001) 20 vs. New Buffalo  
Will Stockert (2002) 18 vs. Hartford  
Will Stockert (2002) 17 vs. Waterford Our Lady

**Passes Completed in a Season:**

Will Stockert (2002) 112  
Will Stockert (2001) 82  
Kyle Juza (2015) 68  
Kyle Juza (2016) 56  
Donny Wallenfang (1995) 54  
Justin Ingram (1998) 52

**Passes Completed in a Career:**

Will Stockert (2000-2002) 235  
Kyle Juza (2014-2017) 143  
Donny Wallenfang (1993-95) 121

**Yards Receiving in a Game:**

Ian Cartwright (2016) 145 Ian Cartwright 2016 vs. Bronson

### **Yards Receiving in a Season:**

Sean Heenan (2002)	27 for 395 yards
Marcus Deja (2001)	32 for 373 yards
Brent Zabel (1996)	19 for 345 yards
Chris Blough (2002)	27 for 334 yards
Marcus Deja (2002)	24 for 322 yards
Joey Frazee (2010)	11 for 299 yards
Christian Monconduit (2017)	14 for 296 yards
John Luft (2002)	20 for 291 yards
Marcus Deja (2003)	13 for 290 yards
Connor Christensen (2017)	19 for 260 yards
Sean Heenan (2003)	13 for 238 yards

### **Yards Receiving in a Career:**

Marcus Deja (2000-2003)	69 for 985 yards
Sean Heenan (2001-2004)	55 for 809 yards
Brent Zabel (1995-96)	19 for 345 yards

### **Passes Caught in a Game**

Marcus Deja (2001)	9 vs. New Buffalo
Connor Christensen (2017)	8 vs. MCC
John Luft (2002)	7 vs. Hartford

### **Passes Caught in a Season**

Marcus Deja (2001)	32 receptions
Zach Rogers (2015)	31 receptions
Sean Heenan (2002)	27 receptions
Chris Blough (2002)	27 receptions

### **Passes Caught in a Career:**

Marcus Deja (2000-2003)	69 receptions
Sean Heenan (2001-2004)	55 receptions
Zach Rogers (2014-2017)	53 receptions
Chris Blough (2002)	27 receptions

### **Touchdowns scored by receiving in a Game:**

Sean Heenan (2002)	3 vs. Bangor
Ian Cartwright (2016)	3 vs. Bronson

### **Touchdowns scored by receiving in a Season:**

John Luft (2002)	7
Christian Monconduit (2017)	6
Marcus Deja (2002)	6
Marcus Deja (2001)	6
Connor Christensen (2017)	6
Ian Cartwright (2016)	5
Joey Frazee (2010)	5

### **Touchdowns scored by receiving in a Career**

Marcus Deja (2000-2002)	17 touchdowns
Zach Rogers (2014-2017)	11 touchdowns
Sean Heenan (2001-2004)	10 touchdowns

### **Kicking Records**

#### **Kick Offs Return:**

Joey Frazee (2010)	99 yards (Ties Michigan All-Time HS Football Record)
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#### **PAT's Records and Field Goals:**

	<b>PAT</b>	<b>Career FG</b>
Pete Strzyzkowski (1998) 32/33	32/33 .9696%	4/4 1.000
Todd Ptacek (2002)	42/44 .955%	1/2 .500%
Shane Bowser (2003)	38/45 .844 %	
Shane Bowser (2004)	25/31 .806%	

#### **Punting:**

Pete Strzyzkowski (1998)	37	38.92 yards av. 72 long
Sean Heenan (2004)	27	32.8 yards av. 51 long
Chris Dascola (2003)	15	31.9 yards av. 55 long

#### **Kick Offs:**

Todd Patcek (2002)	36	53.1 yards average
Scott Kuhnlein (2004)	42	50.7 yards average
Scott Kuhnlein (2003)	58	43.74 yards average

### **Additional Awards**

### **Hall of Fame Coaches:**

Phil Brooks	2005
Jack Ward	1993
Terry Rose	1984

WSJM Berrien County Coach of The Year Award

Toby Riley	2016
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**All State Selections:**

Shane Gallagher	2011 Defensive Line	1st Team Detroit News
Elliott Fish	2007 Defensive Line	1st Team Detroit Free Press

**Academic All State Selections:**

Nick Barden	2010 Honorable Mention
Elliot Fish	2007 Honorable Mention

**Team All State Academic Ranking:**

1st Division 8	2010
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**Captains by Season:**

2017	Kyle Juza, Will McCoy, Zach Rogers, Dom Domico
2016	Will McCoy, Kyle Juza, Fabrisio Osler
2015	Tyler Preciado, Ben Agay, Cam Robinson
2014	Joe DeFay, Joe Juza, DeKurtis Murphy, Ben Agay
2013	
2012	Jack Hardman, Devin Gallagher Tyler Shultz
2011	Shane Gallagher, Jack Hardman
2010	Jimmy Koenig, Austin Juza
2009	Jake Lancaster, Nick Siedenstrang, Eric Hermann, and Joey Frazee
2008	Michael Cottier, Michael Bartels, Jake Lancaster



2007	Anthony Phillips, Elliot Fish, Michael Cottier
2006	Ben Wake, Anthony Phillips
2005	Paul Kaminski, Elliot Berlin