Summer Volleyball

For incoming 9th - 12th Grade Girls

Everything in June and July is considered to be an open gym. These workouts are optional, but highly recommended if you are able to attend.

Open gyms will be at LMC High School.
Scrимmages will be at St. Joseph High School.
Everything in August will be mandatory if you are planning to be on the fall team.

June:

- Monday 7th - 7:15-8:30pm open gym
- Monday 14th - 7:15-8:30pm open gym
- Monday 21st - No open gym
- Wednesday 23rd - 6-8pm, Scrimmage at SJHS
- Monday 28th - 7:15-8:30pm open gym
- Wednesday 30th - 6-8pm Scrimmage at SJHS

July:

- July 4-10 is dead week, there will be no open gyms
- Monday evenings (12, 19, 26) will be open gyms. We will reevaluate time after the June open gyms. We will be able to go a little earlier if we want because basketball will not be in the gym.
- Wednesday the 14th and 28th will be scrimmages at SJHS 6-8pm.

August:

- 1-7 is dead week, there will be no open gyms
- Monday 9th is the first day of the season! We will set up tryouts and begin practicing every day. Everything starting Monday the 9th is Mandatory!

Questions, please contact:
LMC Head Volleyball Coach Ashley Pagel at 269-470-2813 or apagel@lmclakers.org.