

## March 30 2020; Monday of the Fifth Week of Lent

<http://usccb.org/bible/readings/033020.cfm> "In the Dark Valley, Follow Light"

"In the Dark Valley, Seek the Light"

In our first reading today, Susanna faced a harrowing situation in which she was extorted by two elders: she could sacrifice her chastity or face false charges that would almost certainly lead to her execution. In



the midst of darkness, she made the proper choice in turning to the Light: *"It is better for me to fall into your power without guilt than to sin before the Lord."*

Susanna's decision echoed the words of the Psalmist: *"Even though I walk in the dark valley I fear no evil; for you are at my side."* For as the adulterous woman learned in the Gospel, Christ is the just Judge who seeks not condemnation, but healing. He is the Good Shepherd who leads His flock through the brightness of day and darkness of night.

As we in this time walk through a dark valley of uncertainty and turmoil, may we seek the Light of Christ in our hearts, in our prayers, in His Word. For when we turn to Him, we find a Guiding Light that removes our anxieties and replaces them with Peace.

Peace,

Dcn Ron