

STRENGTHENING COMMUNITIES

CYO Steadfast is a collaborative program between CYO and parishes to enrich their parish and community. Our goal is to strengthen bonds between families, parishes and communities while lessening the socio-economic gap between individuals.

CYO Steadfast

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Sites

CYO Steadfast - Freeport
Our Holy Redeemer School

The logo for CYO, featuring the letters 'CYO' in a bold, black, sans-serif font. The letters are underlined with three horizontal lines.The logo for CYO, featuring the letters 'CYO' in a bold, black, sans-serif font. The letters are underlined with three horizontal lines.

Catholic Youth Organization of Long Island

CYO Steadfast



CYO Steadfast

*Strengthening communities
through youth programming.*



CYO Steadfast

CYO Steadfast was established to address the needs of the underserved in our community by providing:

- Educational opportunities to help them excel academically.
- Nutritional meals and access to food pantry to narrow the hunger gap that exists on the weekend.
- Sports & recreation programs to teach teamwork, discipline and resiliency.

Participants will be supervised by accredited staff from the community.

PROVIDING OPPORTUNITIES

CYO has been providing youth programs across Long Island for more than 50 years. Annually, more than 25,000 children participate in a variety of programs including: soccer, basketball, chess, volleyball, track, swimming, cheerleading and others. God gives our children many gifts and we have the programs to help children discern and develop those gifts.

The benefits of an active lifestyle have been well documented-improved mental and physical health; better grades in school; life lessons in teamwork, discipline and hard work through participation in group activities. Families and their children build a deeper sense of community through CYO programs.



CYO provides these programs in an efficient, low-cost manner so that all members of the community, regardless of their economic situation, can participate in these activities without the challenge of costly fees.

CYO OF LONG ISLAND

The Catholic Youth Organization (CYO) of Long Island's mission is to enhance the lives of Long Island's youth and their families by providing affordable, quality educational and recreational services. Rooted in Catholic tradition, CYO provides these services in an inclusive nondiscriminatory manner.

CYO is currently expanding its reach into the community with service based initiatives. They are designed to address the unique attributes and need of specific community, with a local Advisory Board consisting of members of the community and CYO staff. CYO provides the broad administrative oversight and best practices.



Engaging with staff and peers.