

CYO Boys' Volleyball

Rules and Modifications

(02/2020)

LEAGUE PLAY:

- NCAA Men's Volleyball rules will govern League Play. Rosters may have 15 players. Eighteen (18) substitutions may be used in each set/game.

SCORING:

- League play is the best of 2 out of 3 sets/games. All three sets must be played to constitute a complete match (3rd set is mandatory). Scores are to be reported as 1-0, 0-1; points are not awarded for individual games/sets, rather the complete match.

DIVISIONS:

- Grade designation is based the players grade as of the upcoming September.
 - Middle School:
 - 5th thru 8th Grade - no level of play
 - High School:
 - 9th thru 12th Grade – no level of play

ROSTERS:

- Rosters are required in the CYO office by the start of the season

RALLY SCORING – League Play:

- Three sets of 25 points with 30-point cap (ALL GRADES)

THE MATCH

- Coin toss at beginning of first game gives winner choice to serve or receive. The visitors get first 4 minute warm up. The home team, prior to the match picks the side. Change sides of court after each game. Serving team for games 1 and 3 will be the same.

GAME TIME:

- Scheduled match time does not include 8 minutes (4 each) full court warm up time. Warm up time can be adjusted as required, but should not be cancelled unless both teams are in agreement. Arrive a “minimum” of 20 minutes prior to your scheduled game time.

OFFICIALS:

- 1 official assigned each game

SCORING:

- Only one Scorebook and scorekeeper is required. Each team may provide a Scorebook and Scorekeeper, BUT only one of each is required for league play.

GAME BALL:

- OFFICIAL game ball (“...spherical with lace less leather or leather-like cover of 12 or more pieces of uniform light color, with or without a separate bladder...weight 9-10 oz.”)

LINE JUDGES:

- Each team should provide one line judge (mature person). If no adult linesperson is available, a team player may be used. If necessary, this linesperson may be replaced and then used as a legal substitute for his team. Two Line Judges from one team may be used if one team cannot provide one.

UNIFORMS:

- All uniforms should be in keeping with standards of the sport. NO JEWELRY or wrist (sweat) bands are to be worn. Religious/medical medallions must be removed from chain and taped to the body. Numbers should be on front and back of the uniform shirt. Parish name or CYO must be on uniform.

NET HEIGHT:

- Middle School: 7' 4-1/8"
- High School – 7' 11- 5/8"

THE BALL:

- Official size and weight of Volleyball are to be used for all levels of play. Official ball may be all white or multi colored as long as 1/3 is white or very light color. No 12-under ultra-lite balls are permitted.

SERVING (Line Distances):

- Middle School Division – 27'
- High School Division – 30'

OUT OF BOUNDS SPACE:

- If there is a limited out of bounds space, serving area shall be at least 6'6" from end line. (Equal on both sides.)

“LET SERVE” RULE:

- Will be in effect for all grades.

QUIET ON THE SERVE

- **CYO practices the “quiet on the serve” policy. Officials are instructed to issue a “play over” if in their judgment chanting/taunting is used to disrupt the server.**

LIBERO:

- **The option to use Libero is allowed in High School Division. Libero player needs a special uniform top. Major color of their shirt should be distinctively different from all other players with number on front and back. Each team is allowed only one Libero per match.**
- **Any High School team planning to use a libero player should supply a trained "Libero-Tracker", with an official libero tracking sheet, to be seated at the score-table during play. If no Libero-Tracker is available, game may be played without one.**

REPORTING SCORES/GAME RESULTS:

- **League play is the best of 2 out of 3 sets. All three sets must be played to constitute a complete match (3rd game is mandatory). Scores are to be reported as 1-0, 0-1; points are not awarded for individual sets, rather the complete match.**
- **UNPLAYED GAMES MUST BE REPORTED DIRECTLY TO THE CYO OFFICE BY PHONE OR EMAIL WITHIN 24 HOURS OF SCHEDULED MATCH.**

RESCHEDULES/TBA (TO-BE-ARRANGED) GAMES:

- **The CYO Office must be notified of all cancellations. It will be the responsibility of both coaches to reschedule all cancelled matches..**
- **For an APPROVED reschedule or a TBA game, COORDINATORS or COACH MUST contact the CYO office to verify the new date/time/site for the assignment of officials.**

MIDDLE SCHOOL DIVISION MODIFICATIONS:

- **Players can serve off their hands.**
- **Two tosses are permitted per turn of service as long as the first attempt is considered a bad toss. No server is allowed to use two tosses as their own particular style of serving.**
- **The first attempt must drop directly to the floor.**
- **The server must contact the ball for service within five seconds after the referee authorizes service.**

HIGH SCHOOL DIVISION MODIFICATIONS:

- **CYO leagues do not play the “pursuit rule”.**