

CYO Volleyball

Rules and Modifications

(updated 02/2020)

LEAGUE PLAY:

NCAA Women's Volleyball rules will govern League Play. Rosters may have 15 players. Eighteen (18) substitutions may be used in each set/game.

SCORING: League play is the best of 2 out of 3 sets/games. All three sets/games must be played to constitute a complete match (3rd game is mandatory). The win/loss record determines standings. Scores are to be reported as 1-0, 0-1; points are not awarded for individual games/sets, rather the complete match.

LINE-UP SHEET: A Line-up Sheet is required for all CYO Volleyball Matches. It is to be kept with the score-sheets and becomes part of the scoring documentation. The Line-Up Sheet can be found on the CYO Website.

DIVISIONS:

- 5th Grade ... One Division – no level of play
- 6th – 12th grade ... "A" Division & "B" Division

TEAM PLACEMENT/LEVEL OF PLAY:

6TH – 8TH GRADES:

- Any team have attained a record of 8 or more wins during the regular season in the "B" Division will be automatically moved up to "A" for the following Season

HIGH SCHOOL:

- Teams with 5 or more High School Scholastic Players (Varsity or JV) on its roster must compete in the "A" division.
- A Varsity player is defined as an individual who has, in the previous 15 months, participated in the same sport on a High School Varsity or JV team.

You may appeal your Level of play. The **COMPETITION COMMITTEE**, using the will hear any appeal submitted by Coordinators regarding these placements. Please provide the information provided below. Appeals must be submitted prior to the submission of the Team Registration:

- Win/Loss record from the previous season
- Roster from the previous year and the current year.
- Playoff record from previous season
- Points for-points against the teams from previous season.
- Appeals must be received before team registrations are due in the CYO office. The decision of the Competition Committee is final.

ROSTERS: Rosters are required in the CYO office with registration material

Each coach must have a copy of their current season CYO approved roster in their game book for all games. The opposing coach and the game officials have the right to ask to see this approved roster. Any failure to comply must be reported to the office. If there is no approved roster on file in the CYO office, or if the players in the game in question do not match the approved roster, the game will be forfeited by the offending team.

- **INELIGIBLE PLAYERS:** All games in which an ineligible player participated in will be forfeited.
 - Team will be eliminated from playoffs.
 - The coach will be subject to the discipline actions determined by the Discipline Committee and defined in CYO Policy & Procedures.

- **PLAYERS:**
 - No player may participate in both Tyro/Senior and the 4th through 8th grade program in the same program year.
 - A player can only play on 1 parish team and be on 1 roster in any one Volleyball Program year.

RALLY SCORING – League Play:

Three games of 25 points with 30-point cap (ALL GRADES)

THE GAME

Coin toss at beginning of first game gives winner choice to serve or receive. The visitors get first 4 minute warm up. The home team, prior to the match picks the side. Change sides of court after each game. Serving team for games 1 and 3 will be the same.

GAME TIME/FORFEIT TIME:

If a team does not have 6 players to start a set/game, a forfeit shall be declared on all 3 sets/games. A team must have 6 players on the court for all 3 games at all times. Anything less will constitute a forfeit loss of the match.

Scheduled game time does not include 8 minutes (4 each) full court warm up time. Arrive a “minimum” of 20 minutes prior to your scheduled game time.

FORFEIT TIME: 15 minutes after scheduled start time.

OFFICIALS:

- **REGULAR SEASON:** 1 official assigned each game
- **PLAYOFFS:**
 - 5th, 6th grade - 1 official
 - 7th, 8th, Tyro and Senior - 2 officials
 - Championship: - 2 officials all grades

HOME TEAM RESPONSIBILITIES:

Scorebook, OFFICIAL game ball (“...spherical with lace less leather or leather-like cover of 12 or more pieces of uniform light color, with or without a separate bladder...weight 9-10 oz.”) and visible scoreboard. Ground Rules for facility MUST be at scorers’ table before the first game.

LINE JUDGES:

Each team provides one line judge (mature person.) **If no adult linesperson is available, on the Tyro or Senior Levels only, a team player may be used. If necessary, this linesperson may be replaced and then used as a legal substitute for her team. (This should be done infrequently.)**

LINEUPS:

Each team must submit a lineup sheet, signed by the coach, to the scorers’ table 3 minutes prior to the start of the game. Corrections are allowed, up to 1 minute prior to match time without penalty. Both teams must provide scorekeepers.

- Each team must submit a line-up card (which is available on the website), signed by the coach to the scorers’ table 3 minutes prior to the start of the game. Line-up Cards must include each player’s name (first and last) and number. Line-up Cards become part of the match’s documentation and must be kept with the score sheets for each match.

UNIFORMS:

All uniforms should be in keeping with standards of the sport. NO JEWELRY or wrist (sweat) bands are to be worn. Religious/medical medallions must be removed from chain and taped to the body. **Numbers must be on front and back of the uniform shirt.** Parish name must be on uniform.

NET HEIGHT:

- 5th - 8th grade – 7’
- Tyro/Senior – 7’4 1/8”

THE BALL:

5th grade only will use the “Volley-Lite” or similar, with a weight of 7 to 8 oz., serving lines will remain the same as listed in these modifications.

6th, 7th, 8th, Tyro and Senior levels of play: Official size and weight of Volleyball is to be used. Official ball may be all white or multi colored as long as 1/3 is white or very light color. No 12-under ultra-lite balls are permitted.

SERVING (Line Distances):

- 5th 23 Feet
- 6th 25 Feet
- 7th 27 Feet
- 8th, Tyro/Senior 30 Feet

OUT OF BOUNDS SPACE:

If there is a limited out of bounds space, serving area shall be at least 6'6" from end line. (Equal on both sides.)

"LET SERVE" RULE:

Will be in effect for all grades.

QUIET ON THE SERVE

- 1) CYO practices the "quiet on the serve" policy. Officials are instructed to issue a "play over" if in their judgment chanting/taunting is used to disrupt the server.

LIBERO:

The option to use Libero is allowed in Tyro and Senior. Libero player needs a special uniform top. Major color of their shirt should be distinctively different from all other players with number on front and back.

- **Any Tyro or Senior team planning to use a libero player MUST supply a trained "Libero-Tracker", with an official libero tracking sheet, to be seated at the score-table during play. No scorekeeper may be allowed to keep the official scorebook and at the same time act as a libero-tracker.**

REPORTING SCORES/GAME RESULTS:

- **League play is the best of 2 out of 3 sets/games. All three sets/games must be played to constitute a complete match (3rd game is mandatory). The win/loss record determines standings. Scores are to be reported as 1-0, 0-1; points are not awarded for individual games/sets, rather the complete match.**
- **Both Coaches MUST report scores to the CYO office within 72 hours of the contest. Scores not reported within 72 hours will result in a double loss (0- 0) for both teams. CYO scores are reported on the CYO website; www.cyoli.org "Coaches Corner" or emailed to the office.**
- **FORFEITS MUST BE REPORTED DIRECTLY TO THE CYO OFFICE BY PHONE OR EMAIL WITHIN 24 HOURS OF SCHEDULED MATCH.**

RESCHEDULES/TBA (TO-BE-ARRANGED) GAMES:

There are only three reasons for a game cancellation: inclement weather, a parish religious event or loss of facility.

If a scheduled game date is moved without CYO approval, both teams will receive a forfeit. Officially postponed games or TBAs should be rescheduled by the coaches within 2 weeks.

If it becomes clear that an opposing coach is NOT cooperating in rescheduling a game, Coach/Coordinator MUST contact the CYO Office to advise us ASAP.

For an APPROVED reschedule or a TBA game, COORDINATORS MUST contact the CYO office to verify the new date/time/site for the assignment of officials.

Unscheduled/TBA games must be scheduled by the required date as listed on the CYO Program Schedule. Unscheduled Game Codes: Games Dated 1/1 or 1/2 on your CYO schedule are TBAs

PLAYOFFS:

- **ALL Coaches MUST have attended the CYO Coaches Sanctioning Workshop, and have submitted their CYO Sportsmanship Ballot to qualify for CYO playoffs.**
- **90% (9 matches) of a team's schedule must be completed to participate in playoffs.**
- **Two forfeit losses will eliminate a team from playoff contention.**

QUALIFICATIONS:

- **B League: Top 3 teams in each league will advance to playoffs.**
- **A League: Teams with record of 5 Match wins or better advance to playoffs.**

DETERMINATIONS: Playoff Rankings are determined by:

- 1) Wins
- 2) Completed schedule
- 3) Head to Head
- 4) If all 3 criteria above are equal, seeding will be determined by a coin toss.

Exception – In the event of a tie for the final playoff position, where head to head does not produce a clear determination, an out-of- bracket playoff game(s) will be played to determine who will enter the playoffs in the final position.

In the event of a tie involving 3 or more teams, CYO Office Policy will determine proper procedure.

PLAYOFF PLAY:

Each match shall be best 2 out of 3 game. If a 3rd (deciding) game becomes necessary, there will be a coin toss to determine side, serve or receive. Teams are required to change sides at 13 points for all levels. No choice is given. Special deciding game score sheets must be used.

No cap on playoff games.

5th & 6th GRADE MODIFICATIONS:

Only serving team rotates, not opponent. If server is not rotated after 5 points, any additional point(s) will be deducted and the next legal server on the same team will rotate to begin her term of service. This situation is considered a scorer's error and can be easily corrected (DO OVER)

If the server has served several points (less than 5) and she is substituted for, the sub (s) can finish the 5 maximum serves allowed in that rotation and then the serving team must rotate.

5th – 8th GRADE MODIFICATIONS:

1. Players can serve off their hands.

2. Two tosses are permitted per turn of service as long as the first attempt is considered a bad toss. No server is allowed to use two tosses as their own particular style of serving.

- **The first attempt must drop directly to the floor.**

3. The server must contact the ball for service within five seconds after the first referee authorizes service.

TYRO/SENIOR MODIFICATIONS:

Tyro/Senior Division will play NCAA Women's Volleyball Rules (we do not play the "pursuit rule")