## Lent 2020 program for Care of Creation

**Note:** Following tradition, Sundays are excluded from this Lenten penance - [http://www.uscatholic.org/node/425](http://www.uscatholic.org/node/425)

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**Did you know:**

This calendar of facts and actions is a family program to engage everyone in thoughtful discussion about our relationship with God's creation and our obligations to each other. We hope this leads to changes in our lifestyles and creates an awareness of our impact on others, particularly the poor.

**To do:**

This calendar is available on: Facebook @EnvironmentWORC Website - [https://environment.worcesterdiocese.org/lent-2020-calendar](https://environment.worcesterdiocese.org/lent-2020-calendar)

### 2-Mar

- **Did you know:** The Massachusetts Catholic Conference is the public policy office of the church. See the Bishops' Statement on Climate Change.
- **To do:** Recycling paper saves 64% energy and 50% of the water compared to producing paper from trees.

### 3-Mar

- **Did you know:** The average American shower takes 8.2 minutes and uses over 17 gallons of water. A bath uses even more, about 40 gallons.
- **To do:** Time how long you are in the shower. About 90% of the cost of a bottle of water is in the plastic packaging and labels.

### 4-Mar

- **Did you know:** Did you know: MCC's position on climate policy is aligned with Mass Power Forward. Review here: [https://vmohanka.wixsite.com/map/legislative-action](https://vmohanka.wixsite.com/map/legislative-action)
- **To do:** Work with your family to recycle 100% of paper that comes into your house. Develop a plan!

### 5-Mar

- **Did you know:** Did you know: The environment is impacted at every stage of the consumer product process:
  - Produce>Buy>Use>Discard.
- **To do:** Produce a single T-shirt! 2,700 liters of water are required to make a single T-shirt. Producing a pound of beef generates 4.3lbs/day of waste. Solid waste is a major contributor to methane emissions.

### 6-Mar

- **Did you know:** The environment...is on loan to each generation, which must then hand it on to the next. (Laudato Si 159)
- **To do:** Discuss the modern meaning of the phrase in Genesis 2:15 - to keep and cultivate the garden. What is expected of us to "keep it"?

### 7-Mar

- **Did you know:** The average person uses 30-50 batteries per year. Most of these batteries end up in landfills.
- **To do:** Use rechargeable batteries and eliminate the waste.

### 9-Mar

- **Did you know:** We believe that God created the world and all living things. Creation reflects God’s glory.
- **To do:** Discuss the modern meaning of the phrase in Genesis 2:15 - to keep and cultivate the garden. What is expected of us to "keep it"?

### 10-Mar

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### 11-Mar

- **Did you know:** The environment...is on loan to each generation, which must then hand it on to the next. (Laudato Si 159)
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### 12-Mar

- **Did you know:** We believe that God created the world and all living things. Creation reflects God’s glory.
- **To do:** Discuss the modern meaning of the phrase in Genesis 2:15 - to keep and cultivate the garden. What is expected of us to "keep it"?

### 13-Mar

- **Did you know:** The average American produces 4.3lbs/day of waste. Solid waste is a major contributor to methane emissions.
- **To do:** Discuss the modern meaning of the phrase in Genesis 2:15 - to keep and cultivate the garden. What is expected of us to "keep it"?

### 14-Mar

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### 16-Mar

- **Did you know:** Each wireless landline phone uses about 3W continuously when plugged in.
- **To do:** Disconnect wireless landlines in rooms that no longer need them.

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### 19-Mar

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**Watch and discuss this video with your family or friends:** [https://youtu.be/Fj4WS5Tken3w](https://youtu.be/Fj4WS5Tken3w) [https://youtu.be/9P7jXveokDY](https://youtu.be/9P7jXveokDY)

**Watch this following video and discuss as a family what you have learned:** [https://youtu.be/Fj4WS5Tken3w](https://youtu.be/Fj4WS5Tken3w) [https://youtu.be/9P7jXveokDY](https://youtu.be/9P7jXveokDY)

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- **Fast:** Ash Wednesday
- **Abs:** 27-Feb
- **28-Feb**
- **Abs:** 29-Feb
Did you know:

On average, Americans receive 16 pieces of junk mail a week, compared to 1.5 personal letters. 44% goes to landfills unopened.

To do:

Use CatalogChoice.org or DMAConsumer.org to reduce or eliminate unsolicited direct mail. Plants improve the air we breathe by taking in carbon dioxide and releasing oxygen. Plant something—inside or out!

30-Mar

Did you know:
The carbon emissions from a F150 pickup are more than 3 times the emissions from a Prius hybrid.

To do:

Drive in the most efficient car available. Carpooling lowers emissions particularly for longer trips. Use mass transit when available.

6-Apr

Did you know:
"God saw that the light was good, and he separated the light from the darkness." (Genesis 1:4)

To do:

Enjoy lights when you need them but switch off the light when you leave a room empty to save energy and reduce emissions.

12-Apr-2020

Easter is a celebration of the Hope of the Resurrection after the despair of the crucifixion. The challenges of environmental damage and climate change can seem insurmountable. However there is reason for great hope. Mankind has shown an ability to respond collectively for the common good when needed. In the last 40 years, clean air laws have dramatically reduced airborne pollution including acid rain. Clean water laws have allowed 1000’s of rivers and streams became fit for swimming and fishing. Hazardous substances like fluorocarbons, asbestos and lead have been removed from our products.