

# **High School Elective Courses**

## **Sacraments**

1. Sacrament, Symbol, and Mystery
2. Sacraments of Baptism, Confirmation
3. Sacraments of Healing: Anointing of the Sick, Penance
4. Sacrament of Marriage
5. Sacrament of Holy Orders
6. Sacrament of Eucharist

## **Prayer**

1. What is Prayer, Why Do We Pray, Forms of Prayer
2. Obstacles to Prayer, Praying in Tough Times
3. Contemplation, Service, and Study
4. The Mass: Prayer Par Excellence
5. Prayer to Mary and the Saints (Intercessory Prayer), The Rosary, and the Divine Mercy Chaplet
6. Devotions (Litanies), The Liturgy of the Hours

## **World Religions**

1. Judaism
2. Catholicism
3. Protestantism
4. Islam
5. Eastern Religions
6. New Age

## **The Church Year**

1. Overview/Sabbath Observance
2. Advent
3. Christmas
4. Lent
5. Triduum/Easter
6. Pentecost/Ordinary Time

## **Church History**

1. The Founding and early history of the Church: Martyrdom & Persecution
2. The Spread of Christianity: Constantine and the Conversion of an Empire
3. The Great Schism: Catholicism and the Eastern Orthodox
4. The Crusades and the Battle for Christendom
5. The Protestant Revolt and the Fracturing of Christendom
6. The Church in the Modern World

## **Introduction to Catholicism**

1. Philosophy: Is it rational to believe in God?
2. Theology: What can we know about God?
3. Revelation: What does God reveal about Himself?
4. Christology: Who is Jesus Christ?
5. Ecclesiology: What is the Church?
6. Eschatology: Death; judgment, heaven and hell.

### **The Son of God**

1. Incarnate of the Virgin
2. The Good Shepherd
3. The Prodigal Son & The Good Samaritan
4. Lord, Teach Us How to Pray
5. He Suffered Death and Was Buried, and Rose Again
6. He Will Come Again in Glory

### **Defending the Faith**

1. Upon this Rock: The Authority of the Church
2. My Words Will Never Pass Away: Scripture & Tradition
3. This is My Body: The Sacraments
4. Behold Your Mother: Mary, Queen of Heaven
5. Do This and You Will Live: Faith and Works
6. Be Perfect as Your Heavenly Father is Perfect: Ethics