

OUR LADY OF VICTORIES SCHOOL

36 Main Street
Sayreville, NJ 08872
732-254-1676

Dear Parents,

The State-mandated bi-annual screening for scoliosis will be done on all students in Grades 4 through 8. This word, "scoliosis", refers to a lateral "S"-shaped curve of the spine, one of the most common skeletal problems found in adolescents.

If this condition is not diagnosed early in the adolescent rapid growth period, it can result in physical changes which will interfere with the functions of the heart and lungs, as well as impairing the child's development of a healthy self-image.

During this screening, the signs which will be noted are: Difference in shoulder or shoulder blade height, prominence of either shoulder blade, prominence of either hip, difference in size of spaces between arms and trunk of the body, a curve in the vertebral spinous process alignment, poor posture, and lack of symmetry in the rib cage.

While none of these signs by themselves indicate scoliosis, they are symptoms which are often found in persons who do have a problem. They should be called to the attention of the family physician without delay so that he can do a complete physical and order appropriate X-rays if he determines that they are needed. A free re-screening is also available at the Scoliosis Clinic at Robert Wood Johnson Medical Center in New Brunswick.

Girls may wear a bathing suit top or halter top/sport's bra, if they wish (*not required*), for this simple, brief individual screening in the locker room area by Mrs. Ross. Boys will simply remove shirts and undershirts for this simple screening in the gym office by Dr. Misiewicz or Mrs. Ross.

Mrs. Sharon Ross, RN

PLEASE COMPLETE AND RETURN THIS SECTION ONLY IF REFUSING THIS SCREENING:

STUDENT NAME: _____ GRADE _____

_____ Please check here if your child is currently under doctor's care for scoliosis.

_____ Please check here if you object to this screening and will have your doctor screen your child (*written documentation to be sent to School Nurse*).

Parent Signature