

# Choosing a Confirmation Name

"I will give them an everlasting name." ~ Isaiah 56

## What's in a name?

When you were born, your parents chose your name. They may have chosen your name in honor of a special person in their lives: a grandparent, aunt or uncle, or close friend. They may have chosen your name for the meaning behind it. Perhaps they chose your name because they felt a close connection to a holy man or woman of our faith - one of the saints. Maybe they just really liked your name! Most likely, it was a combination of many factors. (If you do not know why your parents chose the name they did for you, why not ask them about it?)

Your name gives you an identity; it tells others who you are. Throughout our lives, we will identify ourselves with many names- the name of the mascot of our high school or college; the name of the region of the country we live in; the title of the career we choose.

However, there is a name above all names that, through our Baptism, we should strive to be known to the world by- and that name is Christian. At your Baptism, you were called by name, and christened to become a child of God. You entered into the Catholic community by name.

## Now it is your turn!

As part of your preparation to receive the Sacrament of Confirmation, you have the privilege and responsibility, just like your parents did when you were born, to choose a name.

- ✦ Your Confirmation name should reflect your closer identification as a member of the Catholic Christian community.
- ✦ The name you select can be associated with someone in your life, your parish, or your community whom you respect and admire. Many Confirmation candidates select a name from a parent or grandparent, honoring them for their example of love and holiness.
- ✦ Your Confirmation name should be the name of a saint.
- ✦ You can choose your baptismal name or you can choose a new name.
- ✦ PRAY! Just as you should pray about any decision you have to make, ask the Holy Spirit to guide you as you choose a saint as your patron.

## Where should I begin to choose a Confirmation name?

There are a variety of books depicting the lives of the saints and a book is a great place to start! Some of these books tell the life story of one saint in particular, and others give a brief story about the lives of numerous saints so you can read about many holy men and women all in one place. Check out your local library. Research [www.catholicsaints.info](http://www.catholicsaints.info), or [www.catholic.org/saints](http://www.catholic.org/saints) online.