

## Have You Lost A Loved One Recently?

St. David the King, Princeton Junction, NJ invites you to a series of four sessions on the topic of loss, and how it changes our lives.

Each session addresses specific aspects of loss and how to slowly integrate the loss, and the grief that comes with it, into your life. Each session includes time for group discussion for those who would like to share.

No pre-work or reading is required. The sessions are conversational.

For your convenience, evening and daytime sessions are available:

- Tuesdays 7 pm to 8:15 pm on October 5, 12, 19, 26 in the Spiritual Reading Room
- Wednesdays at 10 am to 11:15 am on October 6, 13, 20, 27 in the Spiritual Reading Room

All are welcome to join us. To register or to ask questions about the sessions, please email **Al Martella at St. David the King at [AFFAL@stdavidtheking.com](mailto:AFFAL@stdavidtheking.com)** or **call Al at 609.937.9517.**