

# Empowered

## NEVER ALONE: LIFE WITH THE HOLY SPIRIT SESSION 3

Dear Parents,

Too often we can relegate the miraculous stories in the Bible to the same category as fairy tales or science fiction. The reality is that not only is the power of the Holy Spirit we see in the Bible real, but it is available to each one of us still today. In this session your teens discussed the story of Pentecost and learned how the Holy Spirit empowers us, particularly in our witness of the faith.

Here are some of the main points:

- We have access to the same Holy Spirit given to the apostles at Pentecost through the grace of the sacraments and prayer.
- The Holy Spirit empowers us to share our faith, to be bold witnesses.
- "There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle." - Albert Einstein

Consider asking your teen these questions to continue processing what was discussed in their small group:

- What is something from the video or small group time that stood out to you?
- How can we cooperate with the Holy Spirit in our everyday lives?
- God is still working miracles in our world today. Have you or someone you know experienced a miraculous event in their lives? (Parents, this is a great time for you to share as well!)

**Commit:**

This week, the teens committed to ask the Holy Spirit to inspire them to reach out to someone and share their faith. They were also encouraged to ask the Holy Spirit to give them wisdom to know what to say and do and courage to actually do it. (By the way, wisdom and courage are two of the seven gifts of the Spirit.)

**Theme Scripture**  
*"But you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth." (Acts 1:8)*

