

# Parish Bulletin for Our Lady of Perpetual Help And St Jude's

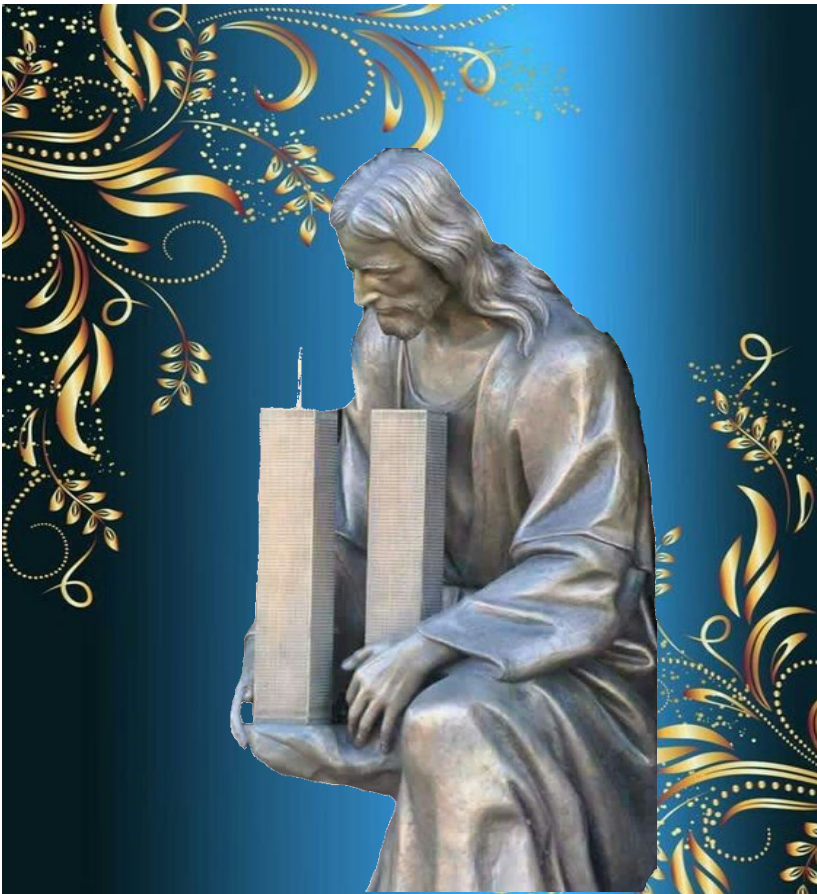
WEB SITE: [www.olphsj.org](http://www.olphsj.org)

The month of  
September is  
dedicated to the Seven  
Sorrows of Mary.



Sorrowful Heart of Mary,  
Pray for us.

*wisdom 9:13-18; psalms 90:3-4,5-6,12-13,  
14-17; philemon 1:9-10,12-17; luke 14:25-33*



## Patriot Day, September 11 We will never forget!

al gratification and orgasm. While this stage is more common among teens, younger children can also enter this stage. In this stage, while there may be feelings of shame, the porn used is seen as recreational.

**Stage III: risky use** - What constitutes "risky use" is not the same for all children. The almost undetectable shift into this stage happens when kids start to seek porn despite the negative consequences. They might stay up late into the night binging on porn, losing sleep and the ability to focus during the daytime, only to return to porn the next night. They might start looking at porn in riskier settings (at school, with a parents smart phone, when someone could walk in at any moment, when they should be watching a younger sibling, etc.". Getting caught is less of a concern to them, and in fact, the fear of it becomes part of the "high" they get from the experience.

**Stage IV: dependence and addiction** — Masturbating to pornography taps into the neurocircuitry of our brains, signaling the release of dopamine, serotonin, opiates, oxytocin, and other hormones and neurotransmitters. This hormonal cocktail is part of our body's natural response to sexual activity, but when combined with graphic porn, the brain experiences a sexual "high" at unnatural levels. Those who have developed an addictive relationship to pornography experience an overwhelming craving for porn, seemingly uncontrollable sexual fantasies, and even withdrawal symptoms. The types of porn that used to satisfy no longer do; harder and more graphic pornography is sought.

There are no hard lines between these stages, but they exist on a continuum. On the Internet, porn is the norm. Learn how to protect your home.

*St Jude's Catholic Church*  
*Thompson, ND*

**Fall Dinner & Bake Sale**

*Sunday September 8<sup>th</sup> 2019*  
*12:00pm - 5:00pm*

### **The Stages of Porn Use**

If your child has been exposed to porn, your response should be based, in part, on how deeply your child is into porn and how long it has been going on.


**Stage I: experimentation and curiosity** — Most initial porn viewing that happens in childhood or even the teenage years, is born out of curiosity. Boys want to know what the girls look like with no clothes on, and vice versa. Before puberty, it is natural for boys and girls to be curious about gender and sexual differences. During puberty, as sexual feelings grow, it is also common for boys engrossed to be drawn into provocative images online, desiring to see more.


**Stage II: regular use for masturbation** — In this stage, your child has gone from curiosity to "using" porn or online chatting for sexu-

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**September 2019— 5:00 & 8:30**  
**Saturday – September 7th**  
 Lector: Betty Gregoire  
 EM Rod Nett  
 Gifts: Tim & Kim Weber  
 Server: volunteer  
  
**Sunday – September 8th**  
 Lector: Angie Zafke  
 EM Nick West & Mary Franklund  
 Gifts: Lori Anderson & Theresa West  
 Server: Courtney Garman & Luke Mager  
**Saturday – September 14th**  
 Lector Mary Franklund  
 EM Daria Harbacheck & Theresa West  
 Gifts Gayle Bergeron & Tom Weber  
 Servers Thomas Schumacher & Katie Zafke  
**Sunday – September 15th**  
 Lector Nancy Schumacher  
 EM Jennifer Bittner & Wayne Mager  
 Gifts Chris Patullo & Jerry Reule  
 Servers Jessie Plain & Jacob West  
**Saturday – September 21st**  
 Lector Carol Johnson  
 EM: Carol Johnson  
 Gifts Paul & Bonnie Adams  
 Servers Courtney & Samantha Garman  
**Sunday – September 22nd**  
 Lector Kaye Mager  
 EM: Wayne Mager & Kindra Hanevold  
 Gifts Wayne & Kaye Mager  
 Servers Alexis, Katie & Thomas Zafke

**Sunday, September 8: 10:30 a.m. OLPH**  
 Lector: Tom Fischer  
 EMHC: Candonn Granger, Laura Schadewald  
 Collection/Gifts: Troy & Lisa Lazur  
 Ring Bell: Kevin Leddige  
  
**Sunday, September 15: 10:30 a.m. OLPH**  
 Lector: Jake Unterseher  
 EMHC: Joyce Riske, Jeannine Lazur  
 Collection/Gifts: Mike Scholand, Ryan Sondrol  
 Servers: Lance Keller, Callista Keller  
 Ring Bell: Jerry Linneman  
**Sunday, September 22: 10:30 a.m. OLPH**  
 Lector: Val Krogstad  
 EMHC: Phil Zubrod, Candonn Granger  
 Collection/Gifts: Rick & Rita Lang  
 Ring Bell: Kevin Sondreal  
**Sunday, September 29: 10:30 a.m. OLPH**  
 Lector: Arlan Vonesh  
 EMHC: Laura Schadewald, Jake Unterseher  
 Collection/Gifts: Dan and Kim Lazur  
 Ring Bell: Kevin Leddige

**mass intentions**  
**SEPTEMBER**

07	SJ +Avis Majkrzak by D/R Schumacher
08	SJ Mass for the people OLPH +Doug Adams by B/M Adams
10	OLPH +Steve Austreng by B/M Adams
11	SJ +Roberta Klamm by family & friends
12	OLPH Libbey Ritteman by D/V Moch
13	SJ +Jim Griggs by his family
14	14 SJ +Curtis Bohl by B/C Zunich
15	SJ Mass for the people OLPH +Larry Herbert by J/J Riske
17	OLPH +Doug Adams by B/M Adams
18	SJ +Roberta Klamm by family & friends
19	OLPH +Pat Krile by F/S Argenziano
20	SJ +Avis Majkrzak by R/C Thompson
21	SJ +Donna Weber her family
22	SJ Mass for the people OLPH +Larry Holien by his family

**Fall Dinners**  
 Sept 9—St Jude, 12p— 5pm  
 Sept 22—St Mary's GF 11:30a-2:30p

**Sept 8—SJ Fall Dinner**  
**Sept 9—CWO Meeting—7pm**  
**Sept 11—SJ RE Classes start—7pm**  
**Sept 21—Wedding of Steven Kukowski & Sara Purington**  
**Oct 27—SJ Youth Group Egg Bake**  
**Nov 9—CWO Meeting—7pm**  
**Nov 10—SJ Youth Group Turkey Bingo**  
**Nov 12—SJ Parish Council—6:30p**  
**Nov 14—OLPH Parish Council—6:30p**  
**2020**  
**Feb 29 2020—Adams Wedding**  
**May 3 2020—1pm Confirmation at St Stephen in Larimore**  
**Aug 1 2020—Hyllen-Morgan Wedding**

" A CWO meeting will be held at OLPH on Monday, September 9th at 7:00 p.m. in the church basement to discuss upcoming events. We invite and encourage all women of the parish to join us."

The Diocese of Fargo has partnered with the Franciscan University Catechetical Institute in to offer courses to all who are involved in service to the Church. These are on-line classes for adults that are flexible and diverse. You may take the courses at your own pace in your own home and there is wide selection for all types of ministries. Both parishes have signed up to participate and all parishioners are encouraged to join in the courses. For more information visit the web site: [franciscanathome.com/fargo](http://franciscanathome.com/fargo) or contact Kristie Unterseher at [kristie.unterseher@gmail.com](mailto:kristie.unterseher@gmail.com)

*bridal shower*

**Honoring Sara Purington**  
**On Sunday, September 8th**  
**at 2:00 p.m.**  
**Our Lady of Perpetual Help Church.**  
 Sara is marrying Steven Kukowski  
 Saturday, September 21 in  
 Our Lady of Perpetual Church.



Attention boys and girls in grades k-5! If you are interested in joining our local Cub Scout pack and having lots of fun please contact Mike Bittner at 701-317-8209. Thank you!

Offertory Sept 1, 2019: OLPH—\$647 Online—\$247.09 St Jude—\$1237.00 Online—\$438.59

**8 September 2019**

**23rd Sunday Ordinary Time**