

# Parish Bulletin for Our Lady of Perpetual Help And St Jude's

WEB SITE: [www.olphsj.org](http://www.olphsj.org)

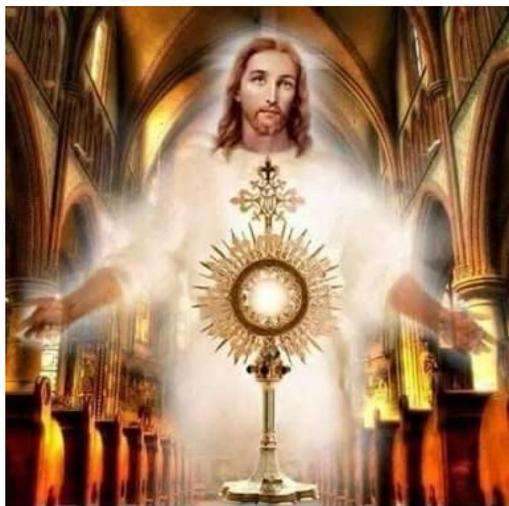
The month of  
September is  
dedicated to the Seven  
Sorrows of Mary.



Sorrowful Heart of Mary,  
Pray for us.

*adoration starting on tuesday from 5pm to 9pm at olph.  
hopefully every tuesday evening you can spend an hour with  
c hrist*

TUESDAY ADORATION AT  
OLPH: Adoration will  
begin this Tuesday, Sep-  
tember 17, and will be  
held every Tuesday there-  
after beginning at 5 p.m.  
and ending at 9 p.m. All  
parishioners are welcome  
to spend some quiet time  
with Jesus! If you have  
questions, please contact  
Amy Sobolik  
at [acsobolik@gmail.com](mailto:acsobolik@gmail.com) o  
r 701-741-9297. Thank  
you so much to those who  
signed up and made this  
possible!



If at all possible, delay having the conversation with them for a day. If you find out on Tuesday that your child is accessed pornography, there is no harm in waiting until Thursday or Friday to talk with them. You need time to process what you need to say and how you need to say it.

#### Do Your Homework

You should know as much as possible about your child's pornography viewing experiences before you have the conversation.

Check the browsing history of any Internet device in the home. If you have multiple browsers (like Firefox, Internet Explorer, Safari, Chrome, etc.), open them all and access the history. Look back several weeks, or even months if you continue to find evidence of porn

viewing. Take note of the types of sites that were accessed. Check any browsing apps on mobile devices as well.

If the history logs on these Internet browsers appear to be blank, this is an indication that someone has tampered with the data. This might have been your child, which means that they are not only savvy enough to cover their tracks, but also desire not to be caught. Among teens this is very common today. According to a recent survey, 71% of teens have done something to hide their online behavior from their parents.

It is relatively easy to use Internet browsers in "incognito" mode (sometimes called "private browsing"). This is a setting that can be easily turned on and off, giving the user the power to hide all their Internet activity from the history logs.

Use a browser's "auto fill" feature to give you some hints about which terms were used. Often, previously search terms will appear as you start to type in the search bar. Walk through the alphabet, typing a couple letters at a time, and see what search terms may have been used.

Perhaps your daughter was searching for "what is sex." Perhaps your son has a crush on a cheerleader at school, so he is typed in "cheerleader." Perhaps your child saw a billboard for Hooters and looked it up. Perhaps your child heard a sexual word at school that they did not know about. Or maybe your child had been into porn or erotic chatting for a while, and he or she is searching for more graphic terms.

If your child has a smart phone or tablet, review all the installed apps. Some apps may be disguised as innocent apps (an app labeled "calculator!" may actually be for trading porn, for example). Other apps, such as Instagram and Snapchat, contain backdoors to sexually explicit images. Make sure you set up restrictions to prevent installing apps! Use iPhone's built in Screen Time settings. On android, install an app locker (the Covenant Eyes that contains one).

The goal of this knowledge is not to say "Gotcha!" When you question your child about what they were looking at and why, you are likely to hear the phrase like, "I don't know," a couple dozen times. Having this conversation will probably be very difficult for your son or daughter. The more information you can volunteer, the less of a burden he or she will have explaining everything to you from start to finish. "I noticed that you were searching for \_\_\_\_\_;" you might say. "What made you curious about this?"

#### Talk It through

If you are married, talk with your spouse about the situation. Listen to one another's perspectives.

If you have a trusted mentor or priest you can speak with, confide with them about the problem. Listen to how they might approach the situation. It goes without saying, these are people who need to be able to trust not to gossip about this information with others.

#### Preparing to Talk about Porn in Families

Realizing your child has been accessing  
porn repeatedly can be frightening,

upsetting, and unnerving, but with some preparation, you can have an informed and productive discussion with your child about it. Our conversations with our children are to direct them to real love. The goal is to help them see their bodies as beautiful gifts to offer and not objects to be used in a way that Internet pornography teaches. Online influences, especially pornography, tell kids many horrible lies. The millions of pornographic images and videos available online and in apps kids use daily communicate the lies that sex can be casual and that people are objects to be used and discarded.

These exact same electronic devices that we depend on his parents to stay in touch and have a sense of safety and security with our children are the very same devices that give our children a doorway into pornified content that diminishes innocence, challenges holiness and confuses relationships, sometimes for a lifetime.

**Our Lady of Perpetual Help**  
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 Reynolds ND 58275-0068

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 Thompson ND 58278-0305

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 Website address: [www.olphsj.org](http://www.olphsj.org)  
[jcavanaugh2952@gmail.com](mailto:jcavanaugh2952@gmail.com) or  
[john.cavanaugh@fargodiocese.org](mailto:john.cavanaugh@fargodiocese.org)

**September 2019- 5:00 & 8:30**  
**Saturday – September 14th**  
 Lector Mary Franklund  
 EM Daria Harbacheck & Theresa West  
 Gifts Gayle Bergeron & Tom Weber  
 Servers Thomas Schumacher & Katie Zafke  
**Sunday – September 15th**  
 Lector Nancy Schumacher  
 EM Jennifer Bittner & Wayne Mager  
 Gifts Chris Patullo & Jerry Reule  
 Servers Jessie Plain & Jacob West  
**Saturday – September 21st**  
 Lector Carol Johnson  
 EM: Carol Johnson  
 Gifts Paul & Bonnie Adams  
 Servers Courtney & Samantha Garman  
**Sunday – September 22nd**  
 Lector Kaye Mager  
 EM: Wayne Mager & Kindra Hanevold  
 Gifts Wayne & Kaye Mager  
 Servers Alexis, Katie & Thomas Zafke



**Sunday, September 15: 10:30 a.m. OLPH**  
 Lector: Jake Unterseher  
 EMHC: Joyce Riske, Jeannine Lazur  
 Collection/Gifts: Mike Scholand, Ryan Sondrol  
 Servers: Lance Keller, Callista Keller  
 Ring Bell: Jerry Linneman  
**Sunday, September 22: 10:30 a.m. OLPH**  
 Lector: Val Krogstad  
 EMHC: Phil Zubrod, Candonn Granger  
 Collection/Gifts: Rick & Rita Lang  
 Ring Bell: Kevin Sondreal  
**Sunday, September 29: 10:30 a.m. OLPH**  
 Lector: Arlan Vonesh  
 EMHC: Laura Schadewald, Jake Unterseher  
 Collection/Gifts: Dan and Kim Lazur  
 Ring Bell: Kevin Leddige



**mass intentions**  
**SEPTEMBER**  
 13 14 SJ +Curtis Bohl by B/C Zunich  
 15 SJ Mass for the people  
 OLPH +Larry Herbert by J/J Riske  
 17 OLPH +Doug Adams by B/M Adams  
 18 SJ +Roberta Klamm by family & friends  
 19 OLPH +Pat Krile by F/S Argenziano  
 20 SJ +Avis Majkrzak by R/C Thompson  
 21 SJ +Donna Weber her family  
 22 SJ Mass for the people  
 OLPH +Larry Holien by his family  
 24 OLPH +Emily Michael by F/S Argenziano  
 25 SJ +Roberta Klamm by family & friends  
 26 OLPH +Larry Herbert by L/M Austreng  
 27 SJ +Avis Majkrzak by R Plutowski  
 28 SJ +Vernon Adams by his family  
 29 SJ Mass for the people  
 OLPH +Dorothy Lazur by family

**Fall Dinners**  
 Sept 22—St Mary's GF 11:30a-2:30p  
 29 Sep—St Agatha—Hope ND 4:30p-7p  
 20 Oct—Reynolds Fall Dinner 12-5pm

**Sept 21—Wedding of Steven Kukowski & Sara Purington OLPH**  
**Oct 27—SJ Youth Group Egg Bake**  
**Nov 9—CWO Meeting—7pm**  
**Nov 10—SJ Youth Group Turkey Bingo**  
**Nov 12—SJ Parish Council—6:30p**  
**Nov 14—OLPH Parish Council—6:30p**  
**28 Nov—Thanksgiving**  
**Dec 15—SJ Christmas Program 1:30p 2020**  
**26 Feb—Ash Wednesday**  
**Feb 29 2020—Adams/Butler Wedding OLPH**  
**5 April—Palm Sunday**  
**12 April—Easter Sunday**  
**May 3 2020—1pm Confirmation at St Stephen in Larimore**  
**29 May—Weber/Carpenter Wedding SJ**  
**Aug 1 2020—Hysten-Morgan Wedding SJ**

The Diocese of Fargo has partnered with the Franciscan University Catechetical Institute in to offer courses to all who are involved in service to the Church. These are on-line classes for adults that are flexible and diverse. You may take the courses at your own pace in your own home and there is wide selection for all types of ministries. Both parishes have signed up to participate and all parishioners are encouraged to join in the courses. For more information visit the web site: [franciscanathome.com/fargo](http://franciscanathome.com/fargo) or contact Kristie Unterseher at [kristie.unterseher@gmail.com](mailto:kristie.unterseher@gmail.com)

As you listen to others, take time to "rehearse" the thoughts going through your mind out loud. Get feedback from others about what you say and your tone. If you find yourself bewildered by what your child is looking at (i.e. a feeling of "I just don't get why my child likes looking at this stuff"), try to find someone of who can relate to this area of temptation.

**PRAY ABOUT IT**

The most important thing you can do to prepare is to ask God to give you compassion for your child. If your gut instinct is fear, ask God to take away your timidity. If your gut instinct is a sense of parental failure or shame, ask God to instill in you a deeper sense of trust that His love and mercy is greater than any mistakes that you have made as a parent. If you are angry, ask God to fill you with a deep sense of compassion for your child. Pray that God will change your attitude into one that will not distance your son or daughter from you or the Lord. Go to Mass and offer your child and the conversation as your sole intention. You may also want to consider participating in the Sacrament of Reconciliation as you prepare for the first conversation with your child. Brace Yourself for More Than One Conversation

The end goal is not having one conversation with your child but maintaining a type of relationship with your son or daughter that communicates safety and acceptance. This paves the way for future conversations. Remember: Tone is Everything Well, almost everything. Certainly, what you say to your son or daughter is important, but how you say it will be critical. It is likely that your child or teenager is experiencing some fear, uncertainty, shame, or guilt about having viewed pornography. It is very important that in your conversations with him or her you do not approach the situation with sharp criticism or an overbearing sense of fear, bewilderment, or shame.



Offertory Sept 8, 2019: OLPH—\$1603.00 Online—\$247.09 St Jude—\$1412.00 Online—\$453.42

**15 September 2019**

**24th Sunday Ordinary Time**