

Parish Bulletin for Our Lady of Perpetual Help And St Jude's

WEB SITE: www.olphsj.org

The month of
September is
dedicated to the Seven
Sorrows of Mary.



*adoration starting on tuesday from 5pm to 9pm at olph.
hopefully every tuesday evening you can spend an hour with
christ*

TUESDAY ADORATION AT OLPH: Adoration will begin this Tuesday, September 17, and will be held every Tuesday thereafter beginning at 5 p.m. and ending at 9 p.m. All parishioners are welcome to spend some quiet time with Jesus! If you have questions, please contact Amy Sobolik at acsobolik@gmail.com or 701-741-9297. Thank you so much to those who signed up and made this possible!

"Rod and Mary Franklund will celebrate their 40th wedding anniversary on Sunday. They were married on September 22, 1979 in Langdon, ND. Congratulations on 40 years!"





Catholic Charities North Dakota Sunday

Coming to your parish on September 28-29

*With your help we
can continue to serve
more communities
and people all across
North Dakota by
bringing awareness
and support to the
services we provide.*

701-235-4457
CatholicCharitiesND.org



Porn: How to Talk Through It

Open the Dialogue. Don't surprise your child or teen with this conversation. Talk to your son or daughter before hand. Say, "I noticed you don't have anything on your schedule on (plan date), so there are a few things I want to talk to you about. I need some of your time." When you begin the conversation, start with what you know. Tell the story of the discovery of the evidence and why you believe he or she is the one who is looking at the sexual content.

Give him or her time to respond. Ask if your observations are correct. The point of this step is to feed them whatever you know to help them begin talking. They may admit to everything and talk for quite a while. They may be very silent, unsure of what to say. Don't feel the pressure to make them say anything specific. This step is just about helping them to open up.

What if they deny it? Stay calm. Inevitably, some children or teens will respond by lying, denying they are the ones who saw the sexual images. If this happens, it is important not to lose sight of the bigger goal. This is a teachable moment between you and your child. It is a time for you to impress on him or her important lessons about human sexuality. It is a time to build your relationship and keep the door open for future discussions. Don't become easily angered if you believe they are lying to you. Remember, minimizing or denying something is not an adolescent response to failure and sin – it is a human response. It is what we all tend to do. Recognize, this is how you might respond if you were the one in the hot seat.

Don't call him or her a liar. It's important not to make identity statements. Ask your son or daughter who they think accessed the websites. Shift your approach and model vulnerability for them. Talk about a time in your life when you were exposed to porn or when your sexual curiosity got the best of you. You might say something like this: "I wanted to ask you about this because I know how tempting this stuff can be. When I was a child/teenager..."

If you suspect your child is in the curiosity phase, talk about how you were curious when you were young and how tempting it was to search

Catholic Charities North Dakota Sunday!

Our Lady of Perpetual Help
 Rectory—(701) 847-3096
 Rectory Address: POB 68, 421 Sanborn St.
 Reynolds ND 58275-0068

St. Jude's
 (701) 599-2574
 POB 305, 329 Broadway
 Thompson ND 58278-0305

Email address: OLPH.stjude@gmail.com
 Website address: www.olphsj.org
jcavanaugh2952@gmail.com or
john.cavanaugh@fargodiocese.org

Sunday, September 22: 10:30 a.m. OLPH
 Lector: Val Krogstad
 EMHC: Phil Zubrod, Candonn Granger
 Collection/Gifts: Rick & Rita Lang
 Ring Bell: Kevin Sondreal
Sunday, September 29: 10:30 a.m. OLPH
 Lector: Arlan Vonesh
 EMHC: Laura Schadewald, Jake Unterseher
 Collection/Gifts: Dan and Kim Lazur
 Ring Bell: Kevin Leddige



September 2019- 5:00 & 8:30
Saturday - September 21st
 Lector Carol Johnson
 EM: Carol Johnson
 Gifts Paul & Bonnie Adams
 Servers Courtney & Samantha Garman
Sunday - September 22nd
 Lector Kaye Mager
 EM: Wayne Mager & Kindra Hanevold
 Gifts Wayne & Kaye Mager
 Servers Alexis, Katie & Thomas Zafke
Saturday - September 28th
 Lector Carol Johnson
 EM: Carol Johnson
 Gifts Paul & Bonnie Adams
 Servers Courtney & Samantha Garman
Sunday - September 29th
 Lector Wayne Mager
 EM: Daria Harbacheck & Nancy Schumacher
 Gifts Bill & Beth Weber
 Servers Alexis, Katie & Thomas Zafke



mass intentions
SEPTEMBER
 21 SJ +Donna Weber her family
 22 SJ Mass for the people
 OLPH +Larry Holien by his family
 24 OLPH +Emily Michael by F/S Argenziano
 25 SJ +Roberta Klamm by family & friends
 26 OLPH +Larry Herbert by L/M Austreng
 27 SJ +Avis Majkrzak by R Plutowski
 28 SJ +Vernon Adams by his family
 29 SJ Mass for the people
 OLPH +Dorothy Lazur by family
OCTOBER 2019
 01 **NO MASS Annual Priest Meeting**
 02 **NO MASS Annual Priest Meeting**
 03 OLPH +Doug Adams by B/M Adams
 04 SJ +Roxanne Kvasager by her mother
 05 OLPH +Lois Zidon by F/S Argenziano
 06 OLPH Mass for the people
 SJ +Avis Majkrzak by M/L Schadewald

Alcoholics Anonymous (AA) meets every Monday, 7pm, at St. Jude's. 3rd Monday is open meeting. Please use north entrance. Church is handicap accessible.
AI-Anon meets every Monday, 7pm, at St Jude's Catholic Church. 3rd Monday is open meeting with AA. Please use north entrance.

Fall Dinners
 Sept 22—St Mary's GF 11:30a-2:30p
 29 Sep—St Agatha—Hope ND 4:30p-7p
 6 Oct—St Michaels GF, 11a-2p
 20 Oct—Reynolds Fall Dinner 12-5pm

future events
 Oct 7—Respect Life Sunday
 Oct 20—World Mission Sunday
 Oct 27—Priesthood Sunday
 Oct 27—SJ Youth Group Egg Bake
 Nov 3—Vocation Awareness Sunday
 Nov 3—Daylight Savings Time Ends
 Nov 9—CWO Meeting—7pm
 Nov 10—SJ Youth Group Turkey Bingo
 Nov 12—SJ Parish Council—6:30p
 Nov 14—OLPH Parish Council—6:30p
 28 Nov—Thanksgiving
 Dec 1—Advent Season Starts
 Dec 15—SJ Christmas Program 1:30p
 2020
 Feb 26—Ash Wednesday
 Feb 29—Adams/Butler Wedding OLPH
 April 5—Palm Sunday
 April 12—Easter Sunday
 May 3—1pm Confirmation at St Stephen in Larimore
 May 29—Weber/Carpenter Wedding SJ
 Aug 1—Hysten-Morgan Wedding SJ

for answers, sometimes in the wrong places. If you suspect your child is past the curiosity stages and is masturbating to pornography or watching it habitually, talk about how easy it is for you to be tempted to lust and act upon it. The goal is to help them understand that you are a safe person in whom to confide. If they continue to deny it, don't feel a need to press them to tell the truth. Use it as an opportunity to tell them that if they ever see pornography, they can talk to you about it. If they ever are curious about sex, they can ask you.

Curiosity or "Using"? Your child or teen may not have an accurate grasp of their involvement with porn, but it is worth it to ask them. Say, "how many times do you think you've looked at these kinds of pictures or videos online?" They will likely not be able to answer, so give them some options: "would you say you been looking at this stuff for the last month or longer than that?" "How many times have you seen it in the last week or two?" For some children, especially younger children, they will be in the stage of experimentation and curiosity. For others, they will be regularly using porn to masturbate, and they may even have progressed from that stage to something akin to an addiction.

Other sexual experiences? Depending on the nature of the conversation and what is being shared, this is the time to ask about other sexual experiences. You might start with asking, "have you ever done anything in real life – like what you've seen in these images or videos"? Perhaps your son or daughter has been sexually active, by choice, through coercion, or even by force. Ask them specifics one at a time, from the most benign to the most severe. "Have you ever kissed anyone on the mouth?" "Have you ever touched someone else's private areas?" "Has anyone ever ask you to get naked in front of them"? Have you ever had sex?" "Has anyone ever touched you or force you to touch their private areas?"

Sadly, some children or teens are first exposed to pornography in a sexually abusive setting. An abuser might show them pornography – even child pornography – and this can lead victims to seek more pornography due to their trauma.

Offertory Sept 8, 2019: OLPH—\$860.00 Online—\$960.32 St Jude—\$1620.00 Online—\$1191.73

22 September 2019

25th Sunday Ordinary Time