

Our Lady of Lebanon

Maronite Catholic Church

Bulletin: Vol. 31 No. 9 February 28th — March 5th, 2021



*O Lord God,
 Examiner of hearts and
 knower of unseen things,
 Make us worthy to praise you.
 Have mercy on us,
 as you had on the hemorrhaging
 woman when you healed her.
 May we live in you alone
 and bless and thank you,
 Father, Son
 and Holy Spirit,
 Forever
 Amen*

Healing of the Hemorrhaging Woman

Rev. Assaad ElBasha, M.L.M., Pastor Deacon George Elandary Mass Schedule		Altar Boys: Joseph Marincel	817-491-0763	Adoration: Sheila Hughes	817-430-3066
Sunday	8:30 A.M. English	Choir: 8:30 A.M. Helen Marincel	817-491-0763	Library: Sharon Wood	214-497-0783
	11:00 A.M. Bilingual; English/Lebanese	Choir: 11:00 A.M. Roula Vasquez	972-832-8507	Youth Ministry: Sue Marincel	817-491-0763
Monday	No Mass	RCIA: Sue Marincel	817-491-0763	Religious Ed / SE: Sue Marincel	817-491-0763
Tuesday - Friday	9:00 A.M. English	Lectors: 8:30 AM Joe Marincel	817-491-0763	Ushers Robert Kramer	214-488-5635
Saturday	5:30 P.M. English	Lectors: 11 AM Trevor Rask	503-701-2236	Legion of Mary Rose Onoh	214-289-4300
Reconciliation	Saturday - 4:00 - 5:00 P.M.	Parish Council Mouhib Helou	817-845-9953		
Eucharistic Adoration	Sunday: 2:00 P.M - 7:00 P.M. Monday - Friday: 9:00 A.M. - 7:00 P.M. Saturday: 9:00 A.M. - 5:30 P.M.				

719 University Place - Lewisville, TX 75067
 Phone: (972) 436-7617 or (972) 221-7705 Fax: (972) 221-3430
 website: www.ourladylebanon.com email: ladyofl719@gmail.com

Lenten Sacrifice

Reflect



An important lesson of Lent is sacrifice. So often, this lesson is lost in the cacophony of our consumer world. Sacrifice is not easy. It's more than giving up a bad habit. It's about recognizing what distracts you and surrendering that yearning for what you think you want. Sacrifice can be emotionally painful and demands commitment. But doing something difficult helps us understand ourselves in a deeper, more meaningful way.

Through giving up our distractions and desires, we learn we have the strength and courage to go without and that we can survive that emptiness we think we are going to feel when we don't have what we think we want or need. We realize the place in our identity where we thought the new phone, video game or designer jeans should go is really more joyously filled when we are focused on family, experience, peace and generosity. How do we parents find a way back to the lesson of Sacrifice? How do we instill the importance of this message when we are bombarded daily with the counter message of consumption and instant gratification?

Model Sacrifice. The first step is recognizing the model we set for our kids. Their eyes are always on us, even when we may not realize it. Take time this Lent to carefully reflect on what you value. What do you believe you can't live without? What have you been coveting that you think you would be miserable not having? Pray about this in the quiet, after the kids are in bed or during mass. Ask God to help you shed the distractions and yearnings so that you may be more present and connected to what really matters.

Provide Opportunities. As a parent, it is also important to provide your children opportunities to make sacrifices themselves. Be upfront with them about what you will be sacrificing this Lent. Choose something that will make your whole family collectively exclaim, "oooooh, that'll be hard for you, Dad." Tell them why you have made this choice and tell them, "Yes, it will be hard. But I am ready." Then, throw the challenge to them. They will be courageous when you show them how.

Share. Lastly, throughout this season of Lent and sacrifice, be sure to share your experiences with your family. Ask for help, especially from God. Experience this time with a full heart, always mindful of the model Jesus' death and resurrection first set for us.

Prayer, Fasting, and Almsgiving: Three Pillars of Lent

The solemn season of Lent is marked by three pillars of spiritual practice - **prayer, fasting, and almsgiving**. Lent recalls the forty days Jesus spent in the desert this season as we struggle with our own temptations to sin.

We **pray** more in Lent as to strengthen our relationship with God and ask forgiveness for our shortcomings.

We **fast** as a reminder of how hungry we are for God's everlasting love.

We give **alms** to people in need to follow Christ's command to "feed the hungry and clothe the naked."

As we journey through the season with our parish community, we ask God's blessing upon our Lenten practices.

THIS WEEK'S MASS INTENTIONS

Tuesday, 3/2: TEACH Homeschooling Group

Friday, 3/5: Legion of Mary

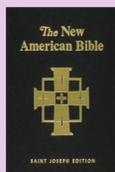
+ Repose of the Soul

Prayer Corner

Dear Lord, we are now in the holy season of Lent. We begin to realize anew that these are the days of salvation, these are the acceptable days. We know that we are all sinners. We know that in many things we have all offended Your infinite majesty. We know that sin destroys Your life in us as a drought withers the leaves and chokes the life from the land, leaving an arid, dusty desert. Help us now, Lord, in our feeble attempts to make up for past sin. Bless our efforts with the rich blessing of Your grace. Make us realize ever more our need of penance and of mortification. Help us to see, in our ordinary difficulties and duties, in the trials and temptations of every day, the best opportunity of making up for past infidelities. Every day we are so often reminded in field and wood, in sky and stream, of Your own boundless generosity to us. Help us to realize that You are never outdone in generosity, and that the least thing we do for You will be rewarded, full measure, pressed down, shaken together, and flowing over. Then we shall see, in our own souls, how the desert can blossom, and the dry and wasted land can bring forth the rich, useful fruit that was expected of it from the beginning. Amen.

Daily Scripture Readings February 28th thru March 6th

Sunday, 2/28:	2Cor 7:4-11	Lk 8:40-56
Monday, 3/1:	1Tim 4:9-16	Jn 8:21-27
Tuesday, 3/2:	Phil 1:21-30	Mt 5:13-17
Wednesday 3/3:	Gal 2:1-7	Mt 17:10-13
Thursday, 3/4:	Gal 1:1-10	Lk 17:20-37
Friday, 3/5:	Rom 3:1-7	Lk 12:16-21
Saturday, 3/6:	2Tim 3:1-9	Mt 12:1-14



FASTING TO FEASTING LENT 2021

Fast from being critical	Feast on affirmation of others
Fast from gossip	Feast on holding your tongue
Fast from judging others	Feast on Christ dwelling in others
Fast from telling lies	Feast on telling the truth
Fast from disrespecting others	Feast on respecting everyone
Fast from making excuses	Feast on willingness to help
Fast from anger	Feast on patience
Fast from violence	Feast on peace
Fast from being mean	Feast on kindness
Fast from complaining	Feast on appreciation
Fast from negatives	Feast on positives
Fast from worry/doubt	Feast on trust
Fast from self-concerns	Feast on compassion for others
Fast from fear/despair	Feast on hope
Fast from hate	Feast on love
Fast from nagging	Feast on praising
Fast from solving own problems	Feast on grace
Fast from hurrying	Feast on the gift of time
Fast from selfishness	Feast on sharing
Fast on holding grudges	Feast on forgiveness
Fast from failure to listen	Feast on listening
Fast from extravagance	Feast on simplicity
Fast from pride	Feast on humility
Fast from envy	Feast on selfless joy for others
Fast from selfish independence	Feast on community
Fast from control	Feast on surrender
Fast from procrastination	Feast on productivity
Fast from electronics	Feast on silence

Diocese Lenten Appeal

As you are aware, this year, our Bishop is asking us to raise **\$7,000.** for the Diocese Appeal. Please continue to give generously so that we may meet our parish's goal. PLEASE, parishioners, remember to **MAKE SURE** to write your check to:

Our Lady of Lebanon and **DELIVER IT TO US, NOT THE DIOCESE,** via mail or the collection baskets.

We will send **ONE** collective check the week after Easter.

THANK YOU for your generosity!

Weekly Collections

February 21st, 2021

Cash	\$366
Loose Checks	\$985
Envelope Checks	\$2,220
Total	\$3,571

Thank you for your support of the House of the Lord!

The Benediction of the Cross

The Benediction (Stations) of the Cross will be offered every Friday during Lent beginning at 6:30PM starting on Feb 19th, 2021 and ending on March 26th, 2021. *During Lent, please remember to abstain from meat on all Fridays, and to Fast & Abstain on Ash Monday (or Ash Wednesday) and on Great Friday.*



Confessions during Lent You are encouraged to approach the Sacrament of Reconciliation during this season of Lent. Catholics **MUST** go to Confession at least once a year and as often as they need it in order to cleanse themselves of sins and be in a state of grace. Fr. Assaad is waiting for you every Saturday from 4:00pm—5:00pm in the Chapel.

Join Bishop Edward J Burns!
28th Annual Bishop's ProLife Dinner

Saturday, April 10th, 2021

At the Renaissance Hotel Addison
The program will feature the incredible singer Francesca Battistelli and Special Guest Christina Bennet.

Ballroom will be limited to 650 guests. For more info, call 972-267-LIFE

What almsgiving really means

Giving alms has always been an important part of Lent. For many people, it means giving money to Catholic charities or some other good cause. But the concept of almsgiving goes much deeper. It is our response to the teachings of Jesus that encourage us to reach out to people in need—not just with our money—but with our time and our talents. Today we might call it '[stewardship](#)'.

Lent gives us the opportunity to cultivate a spirit of generosity. It gives us a chance to share what we have and who we are with other people. It puts us in communion with others and helps us understand that we are all members of the Body of Christ. Think carefully about how you will share your time, your talents and your treasure during Lent. Keep in mind the words of the Lord Jesus who himself said, "It is more blessed to give than to receive" ([Acts 20:35](#)).

Diocese Lenten Appeal

"You don't know how to pray? Put yourself in the presence of God, and as soon as you have said, 'Lord, I don't know how to pray!' you can be sure you've already begun."

-Saint Josemaría Escrivá

North Texas Catholic Men's Conference "Come to the Table: Where Grace Begins"

For all men 18 and older, or 15 and older with an adult

Saturday, April 10th: 8 AM—4 PM
St. Francis of Assisi Catholic Church—Frisco, TX

\$25/person. Register: www.ntxcm.org



CHURCH NAME AND ADDRESS

Our Lady of Lebanon Maronite Catholic Church #989776
719 University Place
Lewisville, TX 75067

TELEPHONE

972 436-7617

CONTACT PERSON

Matty Thompson

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SPECIAL INSTRUCTIONS