

Day of Reflection for Sacramental Marriage

Day of Reflection for Sacramental Marriage is a day for couples preparing for the Sacrament of Marriage. A specially prepared volunteer team of married couples and a priest, share their experiences and information with the intention of enabling engaged couples to be more aware of the privileges and responsibilities of marriage.

The format for the day:

Registration is from 9:15 to 9:45 a.m., with introduction beginning promptly at 9:45. It is important that everyone be here by 9:15 a.m., so the first session can begin on time. The sessions usually begin with a presentation followed by a time for guided personal reflection and writing, then private time for discussion as a couple. Lunch is included as part of the schedule.

The program for the day ends at approximately 4:45 p.m. Everyone is to stay through the end of the program.

WHO SHOULD ATTEND?

The Archdiocesan Marriage Preparation Guidelines state that a couple should attend at least one of these programs: Day of Reflection for Sacramental Marriage, and/or the Parish Sponsor Couple program at a parish. Couples desiring an opportunity for more in-depth preparation often attend two of these programs.

WHEN SHOULD A COUPLE ATTEND?

When a couple decides to marry or are seriously considering marriage, it would benefit their relationship to participate in any of the programs. Once the decision to marry has been made, it is best to participate in a marriage preparation program at least six months in advance.

A couple should contact a Priest to begin preparation for the Sacrament of Marriage and the marriage ceremony **at least** six months prior to the desired wedding date.

WHAT IS THE COST?

The fee is \$40.00 per couple. This amount should accompany your application form. This fee defrays the cost for use of the facilities, lunch, and materials used. Checks should be made out to the “**Office of Marriage & Family Life.**” As with all programs sponsored by the Office of Marriage & Family Life, fees should not prohibit a couple from attending. *Special arrangements for payment can be made if needed.*

PRE-REGISTRATION IS REQUIRED!

There is a limit to the number of couples that can be accommodated and there is usually a waiting list. It is best to send in your registration as early as possible to guarantee your preferred date.

The total fee be applied to another date for any of our marriage preparation programs.

If you have any further questions, call the Office of Marriage & Family Life Ministry at (405) 709-2709

Email address: lcarrasco@archokc.org

2020 DATES

January 11

March 14

May 9

July 25

September 12

November 7

REGISTRATION (Please print clearly)

His Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Work _____

His Email _____

Her Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Work _____

Her Email _____

Wedding Date _____

Parish _____

Priest's Name _____

Program Date _____

Amount Enclosed _____

**Please mail in this registration form with
your \$40 payment to:
Office of Marriage & Family Life
P O Box 32180
7501 N.W. Expressway
Oklahoma City, OK 73123**



The Program will be held at:

**The Catholic Pastoral Center
7501 N.W. Expressway
Oklahoma City, OK 73123**

(between Rockwell and Council)

This Program is sponsored by the Office of Marriage & Family Life Ministry of the Archdiocese of Oklahoma City through the generosity of contributions to the Annual Catholic Appeal.

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**Archdiocese of Oklahoma City
Office of Marriage &
Family Life Ministry
7501 N.W. Expressway
Oklahoma City, OK 73132
Archokc.org**



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