

# Diocese of Orlando Office of Catholic Schools

### **COVID-19 Parent Reference Guide**

HEALTHY NO SYMPTOMS

**Proceed to school** 



### CLOSE CONTACT WITH SOMEONE WITH COVID-19 NO SYMPTOMS

Close contact Is defined as being within 6 feet of someone positive for COVID-19 for 15 minutes

**Cannot go to school** 



 Stay home for 14 days since last contact with person positive for COVID-19

## SYMPTOMATIC for COVID-19 NO DIAGNOSIS

(exhibiting at least one Covid-19 symptom)

The most common symptoms of COVID-19 include: a fever of 100.4 or above, chills, body aches, headache, sore throat, congestion, nausea, vomiting, diarrhea, shortness of breath, difficulty breathing, new cough and new loss of taste or smell.

### Cannot go to school



- If confirmed positive for COVID-19, follow section
   Positive for Covid-19 (Asymptomatic or Symptomatic)
- If confirmed negative for COVID-19 test, return to school when fever free for 24 hours without the use of fever reducing medicine. A medical doctor's note or negative test result is required to return to school.
- If confirmed diagnosis other than COVID-19 (e.g. stomach virus, ear infection, sinus infection) follow normal school illness policies to return to school. A medical doctor's note is required to return to school.

POSITIVE FOR COVID-19 (Asymptomatic or Symptomatic)

Cannot go to school



### **ASYMPTOMATIC**

 Stay home for 10 days since first positive COVID-19 test so long as symptoms do not develop. A medical doctor's note is required to return to school.

### SYMPTOMATIC

 Stay home for 10 days since first symptoms appeared, remain home until fever free for 24 hours without the use of fever reducing medication AND symptoms have improved. A medical doctor's note is required to return to school.

NOTE: In the event a school has a positive case of COVID-19, staff members and parents of those individuals exposed will be notified as soon as possible. The school will consult with the Diocese of Orlando and the local health department for guidance and directives. The nature of the circumstance will determine if a school closure is necessary and the length of closure; each situation is unique and will be addressed accordingly.