



Sept 8.....	Hot and Cold Lunch Program Opens
Sept 11.....	Live Stream School Mass 10:00am
Sept 14.....	Robotics Team Virtual Meeting 7-8pm
Sept 18.....	Live Stream School Mass 10:00am
Sept 22.....	Band Classes Begin
Sept 25.....	Live Stream School Mass 10:00am
Oct 12.....	Columbus Day Holiday—NO SCHOOL

# St. Francis of Assisi School News

## Principal's Corner

Dr. Tricia Barber, Principal

Welcome to September! Appreciation is extended to Mrs. Wells, our musicians, cantors, and lector for preparation of our Friday's Back-to-School Mass. The St. Francis of Assisi School All School Virtual Mass will be held at 10:00 am each Friday.

During September, grade 1-8 teachers will present Formation in Christian Chastity lessons during Religion classes. To view the lesson plan, please proceed to the Child Protection Safety link located on the front page of the SFS website. You will see the Youth Training Programs section where the Formation in Christian Chastity lessons are found.

Again, thank you for your continued support and prayers as we navigate the academic year.

"Devote yourselves to prayer, being watchful and thankful." COLOSSIANS 4:2

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## Health Clinic Important Information

**Parents, please be aware, in a recent advisory, children's masks with breathing valves are not recommended in the prevention of the spread of COVID-19. Respiratory droplets can be dispersed.**

**St. Francis of Assisi School will not permit students to wear this type of mask with a breathing valve. Should a student arrive at school wearing this mask, it shall be replaced with a disposable mask.**

## Technology Que

Computer Club - Unfortunately, we are not able to enjoy having our Computer Club meet for this school year. Following the CDC guidelines for distance learning places us in a position to forgo having our after school sessions.



We appreciate your interest in having your children join the club and look forward to providing this activity in the future.

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## Robotics Competition Team and Club

The Robotics Competition Team will be meeting virtually by zoom in the evening beginning September 14th from 7:00-8:00pm. Each team will meet 1-2 days per week until we get closer to the tournament that will be scheduled towards the end of January. We have a few openings on our 2 teams for interested 6th-8th grade students. The Robotics Competition team involves not only programming for table game missions but also a research project. Please contact Jodi Salley at [salleyj.sfas@gmail.com](mailto:salleyj.sfas@gmail.com) if you would like more information. As we are limited by the First Lego League rules for team sizes, this activity does have a cap for the number of participants and does have an application process.



Our Robotics Club will begin virtually in February and is open to all in grades 6-8 that would like to have fun with robots in club challenges while learning about how to build them and how to maximize the robot performance. We will use some apps to virtually program missions for this activity as well.

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## Box Tops for Education

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Questions? Please contact

Chanel Marquis (Box Top Coordinator) at [cmarquis@stfrncis.org](mailto:cmarquis@stfrncis.org).

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# Join the St. Francis Virtual Band



Have you ever been interested in playing a musical instrument? We are looking for a few good musicians from grades 4th-8th!

Virtual lessons starting soon!

Please email [mebandteacher@gmail.com](mailto:mebandteacher@gmail.com) with any questions.

### What:

Calling all girls who are interested in becoming Girl Scouts at St. Francis. No previous Girl Scout experience is required. Also, we are always looking for leaders and other volunteers to help out with our troops. There is online training provided through [www.GSCNC.org](http://www.GSCNC.org). Meeting times are held at the discretion of the troop leaders. If you are interested in having your daughter join a troop, being a leader or serving in another volunteer role, please contact Lisa Heatwole (St. Francis Troop Organizer) at [tigr11874@comcast.net](mailto:tigr11874@comcast.net). All girls and volunteers will need to register as a Girl Scout as well (see below for link). If you have any questions, please contact Lisa Heatwole (St. Francis Troop Organizer) at [tigr11874@comcast.net](mailto:tigr11874@comcast.net).

Daisy Troop 4981 – girls grade K-1 \*\*\*\***One more leader is needed for Daisy Troop 4981. A minimum of 6 girls is also required to maintain the troop.**\*\* No experience is needed.

Brownie Troop 4431 – girls grade 2-3

Junior Troop 3968 – girls grade 4-5

Cadette Troop 18036 – girls grade 6-8

### When:

Due to COVID-19, troop meetings will most likely be a blend of virtual with some in-person meetings held outside of school property.

### How:

**Girl Scout National Registration** - Your daughter also needs to be registered online at [www.GSCNC.org](http://www.GSCNC.org). She must be a registered member to attend meetings. This requires a \$25 fee, payable directly online. Do *not* include this on your troop dues check.

**Health Form** - This is different than the St. Francis Health Form. The Girl Scout Health Form will need to be provided to the troop leader prior to the first meeting. ***Your daughter cannot stay for a meeting without one.***

Link to health form:

[http://www.gscnc.org/content/dam/girlscouts-gscnc/documents/Frequently%20Accessed%20Forms/3\\_Girl\\_Health\\_History\\_and\\_Emergency\\_Medical\\_Authorization\\_Form.pdf](http://www.gscnc.org/content/dam/girlscouts-gscnc/documents/Frequently%20Accessed%20Forms/3_Girl_Health_History_and_Emergency_Medical_Authorization_Form.pdf)

**Troop Dues** – \$25 annual dues to be paid to the troop.

## Lunch Program News

### Welcome Back and Welcome New Families and Students!

My name is Ashleigh Coons and I have been part of the St. Francis of Assisi family since forever. Darlene Dowdy is the owner and operator of Catering by Darlene and had started the lunch program at St. Francis over 25 years ago. Together we produce variety of food items.

As stated in the previous email that was sent out, following the CDC regulations and Virginia Department of Health guidelines all staff members will have daily health screenings as well as temperature checks. Along with face coverings, gloves, and hand washing stations. All the food will be properly stored in disposable containers, individually wrapped utensils, napkins & condiments to reduce exposure. All lunches will be delivered directly to the classrooms.

I must say this again, due to support of the parents last school year we are happy and able to start up the 2020-2021 lunch program. Unfortunately, due to COVID-19 we are operating on a smaller scale. To new and returning families I would like to explain how the lunch program will operate this September.

When ordering lunch online (like years past you must order the night before the following school day) the report that is printed out early AM will have your child's name, grade, teacher, and lunch order. The staff member will deliver the lunch to your child's classroom then promptly leave. With not having the lunchroom this year, parents need to be cautious in ordering ALL of your child's food related needs (chips, fruit, treat, etc). Also, in ordering the specialty lunches for example, cheeseburger meal, make sure to select lettuce and/or tomato if desired. Previously children had the luxury of adding or removing food items while in lunch line, and for obvious reasons they do not have that capability this year.

Let us move onto the September Menu that is posted. Due to the current global pandemic, individual personal beliefs, and uncertainty, Catering by Darlene is hesitant to acquire such strong inventory to start off. Once we see an interest in ordering lunches, we will revisit the menu come October. Catering by Darlene will still offer a hot specialty lunch every Monday and Wednesday but have eliminated Friday. Also, some daily food items (offered everyday) have been removed for the time being.

We would like to express our gratitude in being able to come back. We know these are uncertain times and are here to answer any of your questions or concerns. We are parents just like you and want to make sure our children are safe, which is our number one priority. Please feel free to email, call or text Darlene or myself.

Ashleigh Coons- Event Coordinator  
571-340-0914  
ashleigh@cateringbydarlene.com

Darlene Dowdy-President  
571-220-6582  
darlene@cateringbydarlene.com

## DAILY HOME HEALTH SCREENING FOR STUDENTS

Dear Parents,

Screening, monitoring and testing are essential components of limiting the spread of COVID-19. An important aspect of keeping our school community safe is actively encouraging sick staff and students to stay home if they are ill and emphasizing to all the importance of knowing the symptoms of COVID-19. Parents should assess all students for symptoms of COVID-19 daily before reporting to school.

**Parents of all students are required to assess symptoms of their children daily for risk of spreading COVID-19 illness to others, before arriving at school.**

**“YES or NO, since my child’s/children’s last day in the building, have they experienced any of the following symptoms:”**

- \*Temperature 100.4 degrees or higher, chills?
- \*Muscle/body aches?
- \*Sore throat?
- \*New uncontrolled cough that causes difficulty breathing?
- \*Diarrhea, vomiting or abdominal pain?
- \*New onset of severe headache, especially with fever?
- \*New loss of taste or smell?
- \*Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19?
- \*Travelled internationally or to a high-risk area?

**If a parent answers YES to any of the screening questions before arriving at school, they should stay home and not enter the building. Parents are required to notify Anne Young R.N., Director of Health Services.**

Your strict adherence to this daily requirement is greatly appreciated, in our efforts to maintain safety and well-being for our parish and school community.