



COURSE NAME: KEEPING IN BALANCE (KIB) (AS OF 10/6/2020)

LOCATION: ST. ELIZABETH CHURCH

TIME: MONDAY, EVENINGS 630 OR 7:00-8:00 0PM OR TUESDAY

AFTERNOONS 1:00-2:00 PM

FINAL

	Mon Eve	Tues PM	Lesson
Session One	10/5/20	10/6/20	Welcome: Connect. Coffee Talk 1: Getting A Grip Through Authenticity
Session Two	10/12/20	10/13/20	Lesson #2: Balance Through Authenticity
Session Three	10/19/20	10/20/20	Lesson #3: Balance Through Priorities
Session Four	10/26/20	10/27/20	Lesson #4: Balancing Expectations
Session Five	11/2/20	11/3/20	Connect Coffee Talk 2: Getting a Grip in Our Relationships
Session Six	11/9/20	11/10/20	Lesson #6: Balance in Relationships
Session Seven	11/16/20	11/17/20	Lesson #7: Balance Through Worship
Session Eight	11/23/20	11/24/20	Lesson #8: Balance in Your Schedule
Session Nine	11/30/20	12/1/20	Lesson #9: Balance Through Rest
Session Ten	12/7/20	12/8/20	Connect Coffee Talk 3: Getting a Grip Through Rest
Session Eleven	1/25/21	1/26/21	Lesson #11: Balancing Through Service
Session Twelve	2/1/21	2/2/21	Lesson #12: Balance Through Contentment
Session Thirteen	2/8/21	2/9/21	Lesson #13: Balancing Through Simplicity
Session Fourteenth	2/22/21	2/23/21	Connect Coffee Talk 4: Getting a Grip Through Simplicity
Session Fifteen	3/1/21	3/2/21	Lesson #15: Balancing Our Cravings
Session Sixteen	3/8/21	3/9/21	Lesson #16: Balance Through Self-Discipline
Session Seventeen	3/15/21	3/16/21	Lesson #17: Balance Through Surrender
Session Eighteen	3/22/21	3/23/21	Connect Coffee Talk 5: Getting a Grip When It All Falls Apart
Session Nineteen	3/29/21	3/30/21	Lesson #19: Balance Between Mediocrity and Perfectionism
Session Twenty	4/12/21	4/13/21	Lesson #20: Balance in Our Thought Life
Session Twenty-one	4/19/21	4/20/21	Lesson #21: Balance Through Engaging Culture
Session Twenty-two	4/26/21	4/27/21	Connect Coffee Talk 6: Getting a Grip in Culture